

Immaculate Heart ACADEMY

NEWSLETTER | WINTER 2024
VOL. 39, NO. 3



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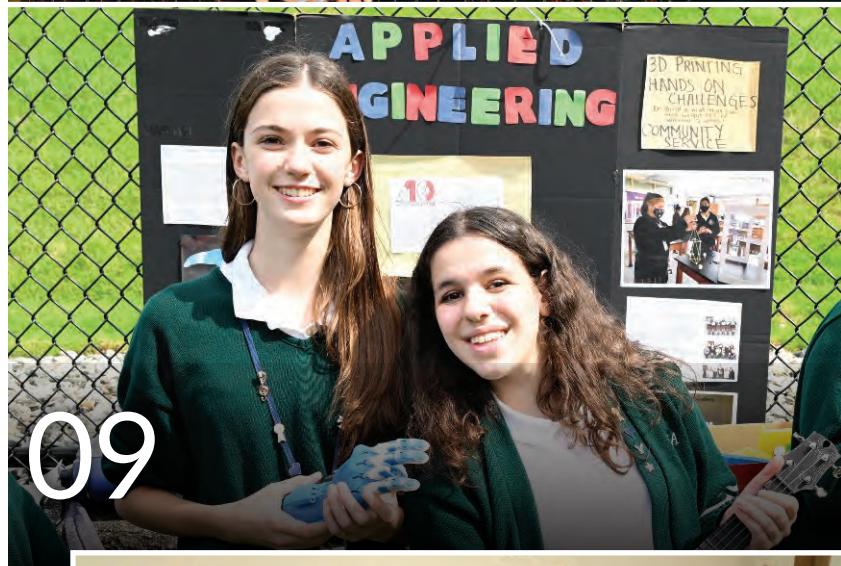
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Our Mission

Immaculate Heart Academy is a college preparatory high school in the Archdiocese of Newark which has as its purpose the complete education of young women. By both cultivating the traditional Christian values of the Roman Catholic Church and by upholding exceptional academic standards, IHA offers a unique educational experience for the young women in our community. Immaculate Heart Academy strives to develop every aspect of the individual by educating the mind, nurturing the spirit, and promoting a healthy lifestyle. By instilling in its students a sense of responsibility, confidence, justice, peace, and compassion, Immaculate Heart Academy prepares its students for life throughout the twenty-first century.



Immaculate Heart ACADEMY

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President's Corner



Dear IHA Community,

Wishing you a happy and healthy New Year! I hope you each had some time to celebrate the joy of the Christmas season with your loved ones.

Here at IHA, as we reflect on the blessings of 2023, we acknowledge and recognize the new opportunities 2024 presents to us. We are looking forward to hosting many IHA events in the coming months – honor society inductions, the Senior Dance, Teacher Appreciation Day, International Women's Day, the Spring Musical, the BELIEVE. conference, Junior Prom, and the Service Awards. The rich traditions honored at each of these events both strengthen and reinforce the values of our exceptional school. The Immaculate Heart Academy sisterhood is a distinct community I am privileged to witness each day — whether in the

classroom, on the stage or sports field, or at an alumnae event.

Because of the dedication and commitment of IHA's esteemed group of women, I look forward to meeting and welcoming the Class of 2028 to the sisterhood when they join us in February. I am confident that our newest class will be a valuable addition to the student body.

May the Immaculate Heart of Mary continue to bless us all in the coming year.

Sincerely,

Jason Schlereth P'27
President

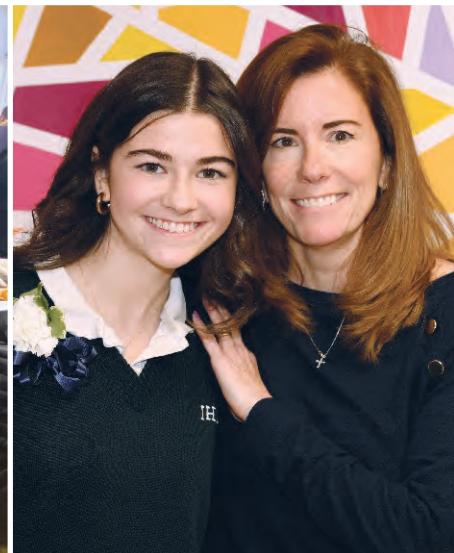




Class of 2025 Junior Ring Ceremony

The Junior Ring Ceremony and Reception for IHA's Class of 2025 was held on the morning of November 30, 2023. A liturgy, presided by Rev. Andrew J. DeSilva, and ceremony took place in the gymnasium. Afterward, a reception was held in the cafeteria for the juniors and their families. Thank you to the IHA administration; Ms. Ana Echeverría P'05, junior class moderator; the IHA Parents' Club; and IHA Campus Ministry for beautifully executing this special day for the members of the Class of 2025.







IHA Presents *And Then There Were None*



On the weekend of November 17-19, 2023, Immaculate Heart Academy proudly presented the stage adaptation of Agatha Christie's all-time, best-selling mystery novel, *And Then There Were None*. Cast and crew members expertly told the story of a mysterious gathering of ten strangers summoned to an island off the coast of England. Isolated from everything, one by one the guests' wicked pasts unfold and shadowed secrets start to emerge.

Congratulations to all the students involved in the production. You were amazing! A special thank you to IHA's coordinator for the performing arts and artistic director, Ms. Elizabeth Scully '15, and IHA teacher and co-producer, Mrs. Maureen Layng, for all their hard work and dedication. Thank you to parents, faculty, staff, and student volunteers as well! Incredible job!



Freshman Day of Sisterhood Celebrated by the Class of 2027

September 6, 2023, was a special day for members of our Class of 2027. Not only was it their first day at Immaculate Heart Academy, but it was also their class retreat, Freshman Day of Sisterhood!

This day serves to welcome the incoming freshman class to the IHA sisterhood and helps them to meet their future classmates. It also encourages the class to reflect on what they hope to gain from their IHA experience over the next four years. Thank you to IHA Campus Ministry, STUCO, our Eagle Ambassadors, and additional student volunteers for welcoming our newest sisters the IHA way!



Activity Fair Hosted by Students

There is something for everyone at Immaculate Heart Academy! Students discovered and explored the variety of clubs, extracurriculars, and societies IHA has to offer at this year's Activity Fair on September 22, 2023.





Immaculate Heart Academy Observed World Mental Health Day on October 10, 2023

As part of its commemoration of this day, IHA announced that the NJ Senate and General Assembly acknowledged the school as a stigma-free zone and safe space for those experiencing the debilitating effects of mental illness.

Immaculate Heart Academy offers many programs to help students be mindful of their mental health needs and to

seek help when feeling overwhelmed by their daily tasks and responsibilities. Some of the programs offered at IHA include Therapy Dog visits to the school, and various clubs/activities, including Morgan's Message which strives to eliminate the stigma surrounding mental health within the student-athlete community and equalize the treatment of physical and mental health in athletics.





Additional activities include monthly speakers who address topics pertinent to mental health, and the painting of Serenity Stones which are tangible reminders of the tranquility and support that can be found within our community. According to Mrs. Tara Maka '02, director of guidance, "Our Wellness Ambassadors also play a crucial role in fostering a culture of acceptance, support, and compassion within IHA."

IHA's Guidance Department also recently launched a Virtual Wellness Room designed to promote relaxation, mindfulness, and emotional well-being. It provides users with a range of resources and activities that can help reduce stress, anxiety, and improve overall mental health. Ms. Ellen Donoghue '76, guidance counselor and stigma-free ambassador, said, "IHA is committed to eliminating the stigma associated with mental illness and we encourage all students to seek help when they are feeling vulnerable. It is important for our girls to know they are never alone when facing difficult times."



DID YOU KNOW THAT...



2023 Jewish Foundation for the Righteous (JFR) European Study Program participants pose with U.S. Embassy Deputy Chief of Mission Daniel Lawton (center). Photo courtesy of JFR. Dr. Sue Kenney, social studies teacher at IHA, pictured far right.

Dr. Sue Kenney attended an intensive Holocaust-education program, as part of an educators' group in Germany and Poland this summer. The Jewish Foundation for the Righteous selected 12 teachers and Holocaust center personnel from five U.S. states to participate in this year's 2023 European Study Program. From July 1–15, Dr. Kenney attended lectures and visits to actual Holocaust sites. Noted historian and one of the world's leading experts on the Holocaust, Robert Jan van Pelt, served as an accompanying scholar for the Program. Additionally, Dr. Kenney had her first narrative medicine-related article published in the peer-reviewed medical journal, *Health Affairs*. The article titled, "After," was published in the Narrative Matters column and discussed how a person can find healing through nature after experiencing the loss of a loved one.



On November 16 and 17, 2023, the **College Counseling** department took several freshmen, sophomores, and juniors on a college tour trip. They toured James Madison University, University of Richmond, and American University.

Students were accompanied by Mrs. Melissa O'Sullivan, director of college counseling, Mrs. Corinne Fritzky, college counselor, and Mrs. Jeannine Woolley P'20, director of studies.

On November 29, 2023, guidance counselor and moderator of the St. Brigid Society, Ms. Ellen Donoghue '76, and Mrs. Lisa Encke P'20, director of The Arts, took 11 students to visit Sacred Heart University.





Cassandra George '24 uses her crochet hook and yarn to make a profound difference in her community with her organization, Crochet for Love. Cassandra initially started Crochet for Love to remind the less fortunate they are loved and are not alone. At its inception, she organized crochet teaching events and partnered closely with IHA alumna Isabella Galan '23 to donate hundreds of handmade crochet gifts to babies and children in need. During the COVID-19 pandemic, Cassandra rallied friends to virtually work on 60 newborn baby blankets to be gifted to moms-to-be at Oasis: A Haven for Women and Children. Cassandra has also established an ongoing program with the Passaic Recreation Department to teach crochet to the children of the community. To date, she has led multiple 10-week sessions and donated over 100 winter hats and scarves to the homeless in the Passaic Dignity House. Cassandra shared, "This experience was not only humbling and fulfilling for me, but this call to action opened my eyes to the great benefits of crochet to our mental health." Cassandra witnessed evidence of reduced anxiety and relaxation in her crochet students and that piqued her curiosity to pursue a research internship this past summer at Syracuse University on the social and emotional development of children in Philadelphia. In October 2023, Cassandra commemorated World Mental Health Day by promoting the benefits of crochet to mental health at a city-wide event in Passaic. It was followed by a walk around her community with other youth to declare the city to be stigma-free. IHA has laid the foundation for what has become a remarkable journey of service and leadership for Cassandra. Crochet for Love is an approved candidate for the Girl Scout Gold Award and Cassandra plans to submit her final report in 2024.

Our beloved Alumnae **Traveling Plaids** are back! On November 16, 2023, IHA alumnae gathered at The Black Sheep in Midtown Manhattan for a night of cocktails and conversation. After a three-year hiatus due to the pandemic, it was a lovely opportunity to meet, connect, and celebrate the sisterhood with alumnae representing the classes of 1964, 1970, 1973, 1988, 2007, 2009, 2010, 2011, 2012, 2013, and 2015. Look out for the next Traveling Plaid event — we may be in a city near you soon!



Caitlin Zungoli '11, Pat Mulcahy '73, and Michele Verrone '88



Jane Ann Sargia '64 and Maureen Quinn Miller '70



Maggie Horne '15, Emily Pandise '10, and Tess Quinlan '10

DID YOU KNOW THAT...

Faculty and staff gathered at Biagio's in Paramus for IHA's annual [faculty retreat](#) on October 20, 2023. The day started with a Mass and was followed by brunch and two guest speakers. Dr. Todd Walatka from the University of Notre Dame, spoke about the culture of Catholic schools and Ms. Lauren Rhein '09, director of admissions, spoke on her experience as a student and staff member.



Dr. Lisa Castelluber '04, assistant principal of academics, recently completed the Teacher Education and Teacher Development Ph.D. program at Montclair State University. Dr. Castelluber's dissertation research was on instructional rounds and teacher social/emotional wellbeing. She studied the potential that peer observation had on regenerating teacher morale. She focused on how peer collaboration could improve teacher wellbeing through positive feedback and recognition of teachers' strengths. Through legitimate peripheral participation, both novice and veteran teachers had the opportunity to learn from one another and to support one another in communities of practice. Ultimately, Dr. Castelluber found that providing a supportive, collaborative work climate was the first step in improving teacher morale. Congratulations Dr. Castelluber. We are so proud of you!

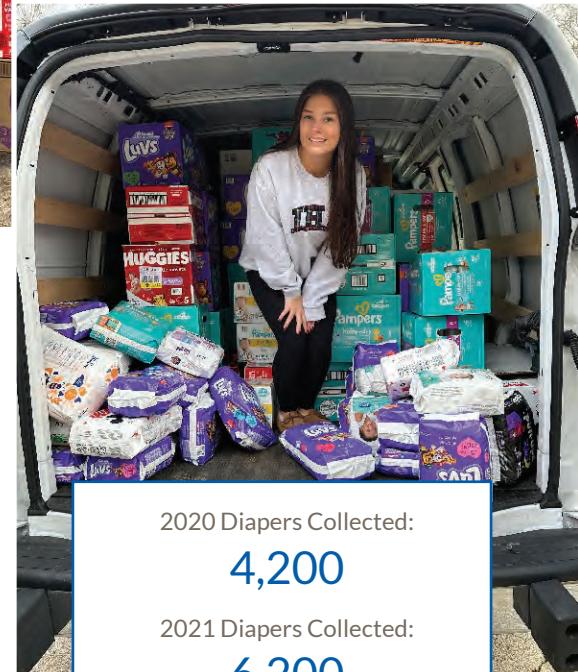


Staff celebrating this achievement with Dr. Lisa Castelluber '04 pictured in the center



As part of her IHA service project, senior **Kaitlyn Klaus '24** started a diaper drive for the Center for Food Action in Mahwah. During her freshman year, Kaitlyn recognized that the need for diapers is a growing problem in the country. In fact, one in three U.S. families cannot afford enough diapers to keep their infants clean, dry, and healthy. The COVID-19 pandemic made it particularly hard for organizations like the Center for Food Action to collect

donations and fundraise, so Kaitlyn used the power of social media to collect diaper donations from across the country. Since her drive began in 2020, she has collected over 31,000 diapers for families in need. On the right side of this page is a list of the impressive number of diapers she collected each year. In 2023 alone, Kaitlyn doubled her goal with 14,000 diapers collected for the Center for Food Action.



2020 Diapers Collected:

4,200

2021 Diapers Collected:

6,200

2022 Diapers Collected:

6,700

2023 Diapers Collected:

14,000

Total Diapers Collected:

31,100



Carmella Madlinger '25 is making a difference in her community. Despite her busy schedule at IHA, Carmella still makes time to help those who are less fortunate by taking an active role at the New Hope Pregnancy Resource Center in Westwood. Carmella was in charge of an "Amazon Wish List" where several thousand dollars were donated toward baby supplies, including playpens, strollers, car seats, booster seats, diapers, and other baby essentials. Additionally, Carmella volunteers in the New Hope office, assisting with young mothers and their children. She also recently acquired donations from fellow students, family, and friends that were used toward the center's gala held in October 2023. Carmella's efforts were recently featured in the *Pascack Press* newspaper, as well as New Hope's weekly newsletter.

A Favorite Tradition at IHA was Celebrated on October 12, 2023

Big Sister/Little Sister Day at IHA proved once again to be a blast for students in all grade levels. Seniors, moderated by Mrs. Liz Kearns P'05, '08, '11, and sophomores, moderated by Ms. Allison Oblen, joined together with their sisters on the field to enjoy bonding time, field games, and ice cream from Ice Cream Creations.

Juniors, moderated by Ms. Ana Echeverría P'05, and freshmen, moderated by Mrs. Maureen Layng, participated in a volleyball game in the gym to get to know each other better while enjoying donuts from Krispy Kreme.

As always, sisters also decorated each other's lockers and brought each other gifts. Thank you to the class moderators, IHA administration, and faculty/staff volunteers who helped to organize the day for all of the big and little sisters!



Class of 1973 Celebrated 50 Years



The Class of 1973 celebrated its 50th anniversary on the weekend of September 23-24, 2023! The alumnae reunited for a luncheon at Ramsey Golf & Country Club on Saturday, and a Mass and Brunch at IHA on Sunday.

Thank you to the members of our 1973 50th Reunion Committee, Linda Jones Triolo '73, Barbara DiCocco Clare '73, Gerry Whelan Beatty '73, and Mary Ellen Partel Vitti '73, for their commitment, development, and execution of this incredible 50th Reunion. We are grateful for your dedication to your alma mater.





Welcome Reception for New Parents

Thank you to all of the parents of freshmen and new students for attending our Welcome Reception on September 14, 2023! The IHA administration, advancement team, and Parents' Club enjoyed meeting everyone to help kick off another great year at Immaculate Heart Academy.







2023 Blue Eagle Open

IHA's 2023 Blue Eagle Open was held on October 3, 2023, at Forest Hill Field Club. We are grateful to our three event sponsors, Hackensack Meridian Health, Holy Name, and Marcum LLP, for their continued support of our golf outing.

We also wish to show our appreciation to our additional sponsors, generous donors and vendors, dedicated volunteers and staff, impressive IHA Golf Team, and enthusiastic golfers for making IHA's golf outing a great success! A special thank you to Mrs. Sarah Frasure '07, director

of advancement & alumnae relations, and members of the IHA Advancement Department; the IHA administration; the Golf Outing Committee; and the IHA Parents' Club.

Congratulations to all our raffle winners and top golfers:

First Place

Jason Fay
Tom Malman
Darren Wallace
Brian Zychowski

Second Place

Derek Burke
David Christman
Doug Clayton
Jim O'Donnell

Third Place

Matthew Adey
Brian D'Anna
Scott Hildenbrand
Scott Nettune

Longest Drive (Women)

Regina Garvey '19 F

Longest Drive (Men)

Chuck Marcellin

Closest to the Pin (Women)

Regina Garvey '19 F

Closest to the Pin (Men)

Darren Wallace

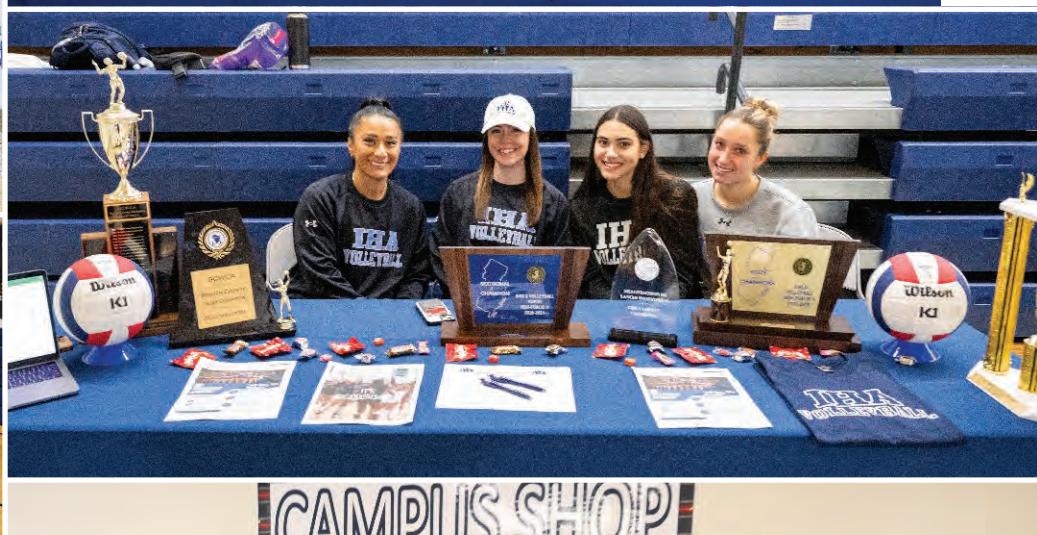






Our 2023 Fall Open Houses were held on October 15 and 19. Hundreds of families visited IHA to meet our faculty, staff, and coaches and receive tours from our knowledgeable and friendly student Eagle Ambassadors.





SCENE

Around IHA



Students visited with several therapy dogs during one of our monthly therapy dog visits. Ms. Ellen Donoghue '76, guidance counselor, implemented the therapy dog program to help relieve students' stress and anxiety.



On October 12, 2023, IHA's DECA chapter welcomed NJ DECA state officers, Shraddha Mamidipaka (state president) and Erin Langa (vice president of media). DECA, led by chapter advisor, Mrs. Christine Capizzi '89 P'25, is a co-curricular student organization designed to prepare emerging leaders and entrepreneurs in marketing, finance, hospitality, and management. The meeting

provided IHA members with insight on how to prepare for the district competition in January. Students will participate in role play events in which they can utilize their problem solving and presentation skills in a business setting.

Bake-in Club hosted a bake sale for Camp Acorn on October 25. Students raised over \$250 for Camp Acorn, a community organization for individuals with special needs. Counselors and volunteers at Camp Acorn spend time with campers, helping and encouraging them to work together and prosper in a community setting.



Karen Profenna, pet therapist and volunteer at Montefiore Nyack Hospital, visited with the Dog Whisperers Club on November 17, 2023. Animal-assisted therapy is a growing field that uses animals to help people recover or cope with a variety of health problems. Ms. Ellen Donoghue '76, guidance counselor and moderator of the Dog Whisperers Club, said, "Karen brought her dog Sophie to show IHA students how patients and their family members benefit from pet therapy at the hospital. Our students learned a lot from Karen and thoroughly enjoyed their visit with Sophie!"



On October 24, Tri-M Music Honor Society and students of the school chorus, Voices, received a Master Class by professional baritone Sean Michael Plumb. Sean currently resides in Germany and is the husband of IHA alumna Teresa Pula Plumb '10 and son-in-law of consultative board member Patricia Pula. Sean was in the United States this past fall, performing in Giacomo Puccini's *La Bohème* at The Metropolitan Opera. Sean has traveled all over the world and provided tremendous insight to our IHA students. Five singers each performed a song and Sean offered advice and singing techniques to each student. The Master Class was concluded with a Q&A which was organized by the Tri-M presidents. Sean answered questions about the business and his influences as well as shared some fun stories of what it is like to be an opera singer. The class was very well received by the students, faculty, and staff who attended, and we look forward to working with Sean again the next time he is back in the United States.





Trunk or Treat and Halloween @theheart

HA Campus Ministry hosted the school's latest Trunk or Treat event on October 27, 2023! More than one hundred trick-or-treaters visited the many trunks in IHA's parking lot for a spook-tacular time. Thank you to the Christian Service Board; the Campus Ministry Executive Board; Ms. Emily Ash '19, theology teacher, service coordinator, and the moderator for C.A.R.E. and Christian Service Board; and the many students and parents who decorated their trunks and donated candy. Trunk or Treat was followed up by a fun Halloween pep rally celebration on Tuesday, October 31. As usual, students and staff members impressed the community with their creative and unique costumes to celebrate Halloween @theheart.





Sacred Heart School Christmas Visit



On December 13, 2023, members of IHA's Christian Service Board and the Black Culture Club were so excited to spread Christmas joy and love to the students of Sacred Heart School in Jersey City, New Jersey. Due to the many generous Christmas Drive donations for this annual event, 170 students received Christmas gifts this year! Thank you as always to our big-hearted IHA family for your generosity! A special thank you also goes out to Ms. Emily Ash '19, theology teacher and service coordinator, for organizing the event, and teachers Ms. Megan Moser and Ms. Marnie McGuirk, for helping to chaperone the students.





Thanksgiving Dinner for Senior Citizens



On November 21, 2023, IHA Campus Ministry hosted a Thanksgiving dinner for senior citizens. Nearly 150 senior citizens attended the event and were treated to a free dinner and raffle prizes.

The event took place in the IHA cafeteria and is hosted annually. What a wonderful way to share the blessings of IHA with our older friends in the community!



Holly Day Dance

On December 1, 2023, more than two hundred freshmen and their dates danced the night away at IHA's Holly Day Dance!

Thank you to the members of the Student Council and STUCO moderator, Mrs. Alice Rogers P'07, '09, '13, assistant principal of students, for hosting the Holly Day Dance for the Class of 2027.



Faculty Christmas Party and George Hotz Retirement

On the evening of December 14, 2023, the faculty and staff of IHA gathered together at Bacari Grill in Township of Washington to celebrate Christmas.

At the event, the staff also recognized and celebrated the retirement of Mr. George Hotz for his many years of dedication and commitment to Immaculate Heart Academy as the manager of technology resources.

Over the course of his career at IHA, Mr. Hotz created the school's Wi-Fi network, implemented our 1:1 laptop program, and provided technical support to countless teachers and students. His presence at IHA will be surely missed.

According to Mr. Hotz, "My 29 year tenure at IHA was never meant to last that long. The quality of the school environment was such that I had no desire to move on. There were always new challenges in technology to keep me motivated. Administration gave me complete freedom to implement what I felt was best and I couldn't ask more of the teachers and students who surrounded me. It is a reluctant retirement."

We send our heartfelt well wishes to Mr. Hotz on his retirement! He is a musician, beekeeper, skier, and cyclist, among many other hobbies, so we know he will be very busy even in retirement! Congratulations and thank you for the many years you have devoted to Immaculate Heart Academy!







Christmas Concert and Art Show



On December 18, 2023, the IHA community joined together for our annual Christmas concert and art show. IHA's main lobby featured artwork by the talented students in Art I, Art II, Advanced Painting and Drawing, Design, Digital Photography, 3-D Art, Honors Studio, and AP Studio Art. The concert featured our incredible singers and musicians in IHA's Choral Ensemble, Voices and IHA's Music Ensemble Orchestra. The concert also

featured members of the St. Joseph Regional High School Orchestra. Special thanks to Mrs. Lisa Encke P'20, director of the arts; Mrs. Ana Sullivan, art teacher; Ms. Patrizia Tersigni P'14, art teacher; Mrs. Stephanie Foti, coordinator of special events and choral music director; Mr. Joe Martorano P'09, orchestra director; and the students who gave of their time and talent to help with this year's Christmas celebration.



Bah HandBag! Event

HA's *Bah HandBag* event on December 10, 2023, proved to be a fun-filled afternoon for the more than 350 guests in attendance.

Congratulations to the many tricky tray raffle and game winners, and to Devin DeRosa '19, our Gucci gift card winner, and to Aneta Szczepanek Burczon P'25, our bonus game winner!

Thank you to the IHA Parents' Club and our dedicated parent volunteers; all who donated an item to our event; the Pisani Family P'23 for their donation of cookie trays; our parents who donated baked goods; the IHA maintenance staff; our MC, Madeline Rizzo Savas P'17, '24; our Grinch, Dino DeVirgilio P'23, '25; bartenders, Mike Powers and Daniela Nizza P'23; Mike Hamlett Photography; and the IHA Advancement team.





Fall 2023 Sports Signing Highlighted

Fifteen Senior Athletes

Congratulations to the fifteen IHA Blue Eagle senior athletes who officially signed to their colleges and universities on the afternoon of November 16, 2023. The athletes who signed their National Letter of Intent are pictured from left to right in the group photo.



Bottom row: Alexandra Kucharz '24 (Boston University – Lacrosse), Kalena Stavish '24 (Salve Regina University – Volleyball), Carson Bielen '24 (The University of North Carolina at Charlotte – Lacrosse), Selena Cieszko '24 (University of Scranton – Basketball), Abigail Romero '24 (Bucknell University – Track and Field), Alexandra Barry '24 (Princeton University – Soccer), Caitlin Forshay '24 (Bryant University – Soccer).

Top row: Bryana Saenz '24 (Arcadia University – Volleyball), Angelina Escobinas '24 (College of Mount Saint Vincent – Basketball), Abigail Hoffman '24 (Kenyon College – Lacrosse), Marisa Flores '24 (Quinnipiac University – Golf), Samantha McGee '24 (Davidson College – Soccer), Lindsay Probst '24 (Fordham University – Soccer), Stella Del Sordo '24 (Muhlenberg College – Soccer), and (pictured in photo on the left) Gianna DiMeglio '24 (Siena College – Softball).





SPORTS REPORT

Fall 2023 Sports





SOCER

IHA Varsity Soccer finished the 2023 season with a league title, the first county tournament championship since 2014, and a state semifinal appearance. The successful season culminated with a #3 ranking in the northjersey.com poll and a #17 statewide ranking in the NJ.com poll. Finishing the season with a winning record of 11-4-3, senior Alexandra Barry led the team in goals with 21, junior Madeline Hayes led the team in assists

with 10, and junior Grace Dalessandro led the team in saves with 93. Led by senior captains Lindsay Probst, Stella Del Sordo, Samantha McGee, Caitlin Forshay, and Alexandra Barry, this senior class leaves its mark as one of the most decorated classes in team history. IHA Junior Varsity Soccer also had a strong season with a 10-4-2 record. The team knocked out the #1 seed Northern Highlands to ultimately compete in the county final in November. The Freshman Soccer team also finished with

an impressive record of 12-1-2. During the county tournament, the team had its biggest win when it fought back from being down two goals to beat Ridgewood 5-3, and advanced to the county final. Congratulations to all three IHA soccer teams for their successful season!

Big North Conference All-League Honors:

First-Team

Alexandra Barry '24
Caitlin Forshay '24
Samantha McGee '24
Grace Dalessandro '25
Madeline Hayes '25
Christina Festa '26

Second-Team

Lindsay Probst '24
Stella Del Sordo '24
Ella Burkholder '26
Sophia Bertino '26

Honorable Mention

Claire Donohoe '24

BCWCA All-County Honors:

First-Team

Alexandra Barry '24
Caitlin Forshay '24
Grace Dalessandro '25
Christina Festa '26

Second-Team

Samantha McGee '24

Third-Team

Madeline Hayes '25

northjersey.com All-North Jersey Honors:

First-Team

Alexandra Barry '24
Grace Dalessandro '25

Second-Team

Caitlin Forshay '24
Christina Festa '26

NJ.com All-State Non-Public Honors:

First-Team

Alexandra Barry '24

Second-Team

Samantha McGee '24

Third-Team

Caitlin Forshay '24

NJ.com All-State Honors:

First-Team

Alexandra Barry '24

New Jersey Girls Soccer Coaches Association (NJGSCA) Honors

Alexandra Barry '24
Caitlin Forshay '24
Grace Dalessandro '25
Christina Festa '26

United Soccer Coaches Girls Fall East All-Region Team

Alexandra Barry '24 (two time All-Region)

United Soccer Coaches 2023 Fall High School All-American Team

Alexandra Barry '24
(two time All-American)



VOLLEYBALL

IHA Varsity Volleyball finished the season #1 in the Big North, Bergen County, and New Jersey! The team was also ranked first by northjersey.com, NJPowerRanking.com, and MaxPreps. With an impressive 27-1 overall record, IHA Varsity Volleyball was named 2023 Big North Team of the Year and ranked #25 nationally. This season marked IHA's ninth overall Bergen County title, eighteenth overall state title, and twenty-second league championship. The team also won its sixth consecutive Jersey Classic and its third straight Livingston

Tournament. Abigail Romero '24 was named the non-public A State Championship MVP, and Kalena Stavish '24 was named #1 player in New Jersey by PrepDig.com and ranked nationally with the second-team MaxPreps All-America award. In addition to many other awards, Varsity Volleyball coach Michelle Yoo was named Big North Coach of the Year. Congrats to the entire team on your well-deserved accolades! The Junior Varsity and Freshman teams also had a strong season. The JV Team finished undefeated with a 19-0 record, and the Freshman Team finished 8-3.



Big North Conference All-League Honors

First-Team

Kalena Stavish '24, Abigail Romero '24, Madeleine Sandt '24, Emily Sabino '24, Evelyn Roman '25, and Julia Sobilo '25

Second-Team

Bryana Saenz '24, Rachel Paton '25, Maggie Polchin '25, and Anastasia Pesantes '24

Honorable Mention

Alessandra Nazor '25

BCWCA All-County Honors

First-Team

Kalena Stavish '24, Abigail Romero '24, and Evelyn Roman '25

Second-Team

Madeleine Sandt '24 and Julia Sobilo '25

Third-Team

Emily Sabino '24

NJ.com Honors

First-Team All State All Groups

Abigail Romero '24

Second-Team All State All Groups

Kalena Stavish '24

Third-Team All State All Groups

Evelyn Roman '25 and Julia Sobilo '25

All State First-Team Non Public

Kalena Stavish '24, Abigail Romero '24, and Evelyn Roman '25

All State Second-Team Non Public

Julia Sobilo '25

All State Third-Team Non Public

Madeleine Sandt '24

northjersey.com

First-Team

Kalena Stavish '24

Second-Team

Abigail Romero '24 and Evelyn Roman '25

Third-Team

Julia Sobilo '25

AVCA All-American

Honorable Mention

Kalena Stavish '24, Abigail Romero '24, and Bryana Saenz '24

AVCA Best and Brightest

First-Team

Madeleine Sandt '24, Anastasia Pesantes '24, and Bryana Saenz '24

Third-Team

Abigail Romero '24

AVCA National All-Region Team

Kalena Stavish '24, Abigail Romero '24, and Bryana Saenz '24

Coach Michelle Yoo:

Big North Coach of the Year, United Division Coach of the Year, and AVCA Girls High School Regional Coach of the Year



TENNIS

IHA Tennis did an amazing job this year finishing with a winning overall record of 8 wins and 5 losses. The team finished with its first league championship since 2012, achieving a divisional record of 5 wins and 1 loss. Our IHA girls played with a lot of heart and determination at the state sectional match, finishing with a very close 2-3 loss to Mount St. Dominic. Also of note, Prince Silva, coach of IHA Varsity Tennis, was named Coach of the Year by the Big North Conference.



Big North Conference

United Division Champions Honors

First-Team

Jennifer Park '25, Abigail Shotmeyer '24, Ileana Asencio '25, and Caitlin Carr '24

Second-Team:

Gabrielle Mendolia '24, Victoria DellaCroce '24, Grace Hopkins '24, Emma Bossbaly '26, and Julianna Gruber '24

Honorable Mention:

Anna Kuchar '26

Coach of the Year

Prince Silva



FIELD HOCKEY

Congratulations to IHA Field Hockey on its first season at the varsity level. The team worked extremely hard this year as the players competed against the various teams in their division. The girls all played well together and grew as a team unit. We are very proud of IHA Field Hockey!



Big North Conference All-League Honors:

First-Team
Claire Chanfrau '26

Second-Team
Erin Sullivan '26

Honorable Mention
Madyson Ayres '24

BCWCA All-County Honors:
First-Team
Claire Chanfrau '26

Second-Team
Isabella Duca '26

Third-Team Honorable Mention
Megan McCarthy '25





CROSS COUNTRY

The 2023 IHA Cross Country Varsity team recorded another undefeated season! The team won the Big North Conference Championship and the Bergen County Group Championship. The girls also placed fourth at the Great Adventure Safari Invitational as well as the Regis Invitational. The Varsity team was led by seniors Darcy Moore, Riley Longway, Maura Hesler, Meaghan Keating, Natalie Deegan, Karina Folwarski, and Daniella Villafuerte. The Freshman and Junior Varsity teams also had a successful season! The Freshman Cross Country team won the League Championships, County Championships, and the NJ Catholic Conference Championships. The JV team won the League Championships and Doc Braver North Jersey Championships.

Big North Conference All-League Honors:

First-Team

Marcelle Seckin '25
Darcy Moore '24
Reagan Scarpelli '25
Emily Wunsch '25
Madeline Schlereth '27

Second-Team

Maura Hesler '24
Meaghan Keating '24

Honorable Mention

Riley Cannon '26

BCWCA All-County Honors:

Honorable Mention

Darcy Moore '24, Madeline Schlereth '27, Marcelle Seckin '25, and Emily Wunsch '25





2023 Honors Convocation

Left to right: Sophia Cremona '24, Cassandra George '24, Alexandra Barry '24, Hannah Hart '24, Adrianna Uykan '24, Lauren Mulry '25, and Lily Schwedhelm '24

The 2023 Honors Convocation was held on the morning of September 28 to recognize and celebrate IHA students' academic achievements during the 2022-23 academic year.

Miss Kerry Carroll '04, principal, welcomed the student body while reiterating that the ceremony "was earmarked specifically to notice and celebrate the unparalleled academic work that happens in our halls each day." After an opening prayer, Sophia Reina Ditchfield-Agboh '24, National Honor Society president, shared her thoughts on the IHA community kicking off a new school year.

Fifty-one Distinguished Honors recipients were then recognized for earning averages of 95% or better each quarter of the 2022-23 academic year and two hundred ten students were recognized with Honors by earning averages of 90% or better each quarter. Special awards were then presented to members of the junior and senior classes.



Amanda Guanci '24

Congratulations to the following award recipients:

The Promising Young Scientist Award

- Lauren Mulry '25

Book Awards

The University of Rochester's

Frederick Douglass and Susan B.

Anthony Award - Lily Schwedhelm '24

The University of Rochester's Bausch

and Lomb Honorary Science Award -

Adrianna Uykan '24

The University of Rochester's Xerox

Award - Hannah Hart '24

The University of Rochester's

George Eastman Young Leaders

Award - Alexandra Barry '24

St. Lawrence University Book Award

- Cassandra George '24

The Student Sage Award -

Sophia Cremona '24

The University of Virginia's

Jefferson Award - Amanda Guanci '24



In-House Awards for Academic Distinction for Juniors

Social Studies: Sierra Tofts '25

English: Sarah Schiller '25

Science: Allison Egan '25

Technology: Caitlin Donovan '25

Communications: Alessandra Nazor '25

Fine Arts: Ileana Asencio '25

Performing Arts: Katherine Ryan '25

Physical Education: Victoria Niziol '25

Spanish: Madison Assanah '25

French: Katelyn Mikros '25

Italian: Grace Guglielmetti '25

Math: Lana Langevin '25

Theology: Kathleen Reck '25



NHS Quarter One Awards

IHA's National Honor Society presents awards each quarter to students representing the four pillars of the society: service, leadership, scholarship, and character. For the first quarter of the 2023-24 academic year, congratulations are extended to:

SERVICE

Jillian McCoy '24: Jillian is the epitome of service at IHA, consistently going above and beyond to not only help her fellow students but also contribute to the world around her. Jillian serves her IHA community through her role as an executive board member of the Baking Club, in which members participate in schoolwide bake sales to raise money for various charities. She is also a part of the Christian Service Board, CARE, Club Être, and DECA. Outside of school, Jillian volunteers at a therapeutic horseback riding center for kids with special needs. Jillian's giving spirit is an inspiration for her IHA community.

SCHOLARSHIP

Rose Martin '24: Rose has truly shown what it means to be an IHA scholar. Rose commits herself to the academic opportunities provided at IHA, as seen through her membership in the Science National Honor Society and executive officer position in Mu Alpha Theta. Even with a rigorous academic schedule, Rose finds time to use her talents and knowledge for the benefit of others. Rose is president of the Computer Science Club, Club Être, and the Engineering Club. She is an active member of the Robotics team and a competitive dancer. Rose serves as a role model for her IHA classmates.

CHARACTER

Natalie Deegan '24: Natalie is a positive influence whose character shines in the IHA community. She excels in the classroom and is involved in many activities. Natalie is in the French Club, JSA, Respect Life Club, and Student Council. She is also dedicated to helping others as a peer mentor and Eucharistic minister. Natalie exemplifies kindness and is willing to put others before herself. She is eager to help her classmates and never fails to put a smile on someone's face.

LEADERSHIP

Emily Magee '24: Emily always has a smile on her face and is never shy to be a leader. She is a leader in the classroom and is involved in many activities. Emily is a Youth Group leader, manager of the IHA Tennis Team, Ski Team captain, DECA vice president, and Student Council treasurer. Emily is also dedicated to the Christian Service Board, Mountain Biking Team, and the Chess and Board Game Club. Emily always has a positive attitude that inspires her peers to be active members of the sisterhood.



Left to right: Rose Martin '24, Emily Magee '24, Natalie Deegan '24, and Jillian McCoy '24

Seven 2024 National Merit Commended Students Named at IHA



Left to right: Samantha Andersen '24, Elizabeth Ogden '24, Ellie Kim '24, Eileen Wynne '24, Adrianna Uykan '24, Ella Crane '24, Giana Fontanetta '24

The following students were named Commended Students in the 2024 National Merit Scholarship Program:

National Merit® Commended Students

Samantha Andersen '24
Ella Crane '24
Giana Fontanetta '24
Ellie Kim '24
Elizabeth Ogden '24
Adrianna Uykan '24
Eileen Wynne '24

About 34,000 Commended Students throughout the nation were recognized for their exceptional academic promise. Commended Students placed among the top 50,000 students who entered

the 2024 competition by taking the 2022 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT®).

“Those being named Commended Students have demonstrated outstanding potential for academic success,” commented a spokesperson for NMSC. “These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in their academic development, is vital to the advancement of educational excellence in our nation. We hope this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success.”



AP® Scholars Recognized

An outstanding thirty-three students in the classes of 2023 and 2024 earned the designation of AP® Scholar by the College Board in recognition of their exceptional achievement on the 2023 AP® Exams. The

College Board's Advanced Placement® Program offers students the opportunity to take challenging college-level courses while still in high school, and to receive college credit, advanced placement, or both for successful performance on the

end-of-course AP® Exams. Students took AP® Exams in May 2023. In order to be designated as an AP® Scholar by the College Board, a student must earn a score of 3 or higher on the AP® scale of 1-5.

Fourteen students earned AP® Scholars with Distinction, nine were named AP® Scholars with Honor, and ten students were designated AP® Scholar Award Recipients

CONGRATULATIONS TO:

AP® Scholar with Distinction Award Recipients

An average score of at least 3.5 on all AP® Exams taken, and scores of 3 or higher on five or more of these exams:

Megan Anderson '23
 Maria Byrnes '23
 Katherine Deane '23
 Abigail Diehl '23
 Emma Dillane '23
 Erin Erturan '23
 Lauren Grae '23
 Madison Klak '23
 Layla Libanan '23
 Judith Mathew '23
 Kate Menake '23
 Johanna Murphy '23
 Gracyn Pisa '23
 April Ramsey '23

AP® Scholar with Honor Award Recipients

An average score of at least 3.25 on all AP® Exams taken, and scores of 3 or higher on four or more of these exams:

Marissa Albert '23
 Marie Baldwin '23
 Ariana Chen '23
 Isabella Conde '23
 Caitlin Fritz '23
 Norah Homa '23
 Maria Mathew '23
 Meghan Minogue '23
 Casey Roberts '23

AP® Scholar Award Recipients

A score of 3 or higher on three or more AP® Exams:

Samantha Andersen '24
 Karina Folwarski '24
 Hannah Hart '24
 Leanna Johnston '23
 Meaghan Keating '24
 Natalia Maglicic '23
 Rose Martin '24
 Elizabeth Ogden '24
 Isabella Pizzi '24
 Adrianna Uykan '24

Q1 2023 Soaring Eagle Award Winners



Ten outstanding Immaculate Heart Academy students were recognized with Soaring Eagle Awards for the first quarter of 2023. Soaring Eagle Award recipients are more than students with an impressive GPA; they are students who have distinguished themselves by embodying the ideals of the IHA education. They are enthusiastic, compassionate, creative, and intelligent young women dedicated to personal and academic growth. Miss Kerry Carroll '04, principal, presented Soaring Eagle Awards to the following teacher-nominated students, who demonstrate excellence and work to the best of their ability in a particular subject area.



Left to right : [Julia Grebowiec '27](#) (The Arts - Mrs. Lisa Encke), [Niamh Hall '27](#) (World Languages - Ms. Beverly Cardino), [Paige Haemmerle '26](#) (English - Mrs. Emily Fernandez), [Caitlin Donovan '25](#) (Science - Mr. Gary Trotter), [Elyse Batmaz '26](#) (Mathematics - Mr. Greg McDonald), [Meaghan Keating '24](#) (Physical Education - Ms. Shemayne Williams), [Nell Burczon '25](#) (Theology - Ms. Geri Braden), [Samantha Andersen '24](#) (Communications - Ms. Megan Moser) [Victoria DellaCroce '24](#) (Social Studies - Dr. Sue Kenney), and [Ella Crane '24](#) (Social Studies - Dr. Sue Kenney)



Quarter One Distinguished Scholars

Congratulations to the following students who have been named Distinguished Scholars by earning an average of 95 or better for the first quarter of the 2023-24 academic year:

Freshmen

Kristina Ahn
Livia Bevec
Elizabeth Cetina
Elysia Chae
Ana Chalfin
Lily Chap
Zaria Degenhardt
Kimberly Marie Deyro
Harper Eddy
Madeline Edelson
Juliet Fisher
Sophia Freire Lafuente
Ava Gershenhorn
Carolina Guardascione
Cayleigh Heffernan
Maya Henriquez
Mackenzie Hesser
Ellie Higgins
Alexandra Jacobsen
Shayla Kaufman
Anne Maciejewski
Riley Marino
Rachel Mathew
Clare McCarthy
Anna Marie Pascale
Madeline Schlereth
Addison Valdez
Gianna Valente
Julia Valente
Charlotte Wilkinson

Sophomores

Daniela Ayala
Emma Bossbaly
Kathleen Brancato
Mariana Builes
Riley Cannon
Elliott Daniels
Gabriella DellaVolpe
Isabella Duca
Christina Festa
Alana Flores
Ashlyn Gillespie
Angela Giuliano
Kathleen Hahn
Sophia Kuzma
Madison Les
Danica Libanan
Meghan Long
Catalina Maglicic
Roisin McLaughlin
Anne Moore
Etain Moore
Madeline Murphy
Katelyn Negrete
Gianna Polino
Mary Quinn
Isabella Ragone
Aiva Reid
Adrianna Rispoli
Gabrielle Rivera
Jaylene Rondon
Grace Sciortino
Olivia Valente
Victoria Zalewski

Juniors

Madison Assanah
Allison Egan
Ella Feola
Ariana Hernandez
Lana Langevin
Emma McElroy
Katelyn Mikros
Lauren Mulry
Olivia Nini
Victoria Niziol
Rachel Paton
Isabella Piccinich
Marina Scalcione
Rylee Smith
Sierra Tofts

Seniors

Samantha Andersen
Dylan Rose Applin
Ella Bosse
Caitlin Carr
Ella Crane
Sophia Cremona
Avangelia Emporellis
Marisa Flores
Karina Folwarski
Giana Fontanetta
Emily Gelewski
Hannah Hart
Meaghan Keating
Alexandra Kucharz
Casey McGrath
Reagan Pace
Isabella Pizzi
Lindsay Probst
Abigail Romero
Lily Schwedhelm
Kiera Stevenson
Julia Tumino
Adrianna Uykan



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CLASS notes

'66

Kathleen Job Gill visited Dubrovnik, Croatia for her seventy-fifth birthday as a gift from her three children. Kathleen said, "It was a dream come true, and I was able to find the house my grandmother was born in. It's across the piazza from the Jesuit church which is now a restaurant!" Kathleen is now also the proud grandmother of four grandchildren.

'77

Lucy Ruffini Schurman and Maureen McVeigh Tacopina send warm regards to the Class of '77. Lucy and Maureen recently had lunch near their former hometown of Teaneck, NJ. They had not seen each other since Lucy's wedding in 1981. Lucy graduated from Columbia University with a master's degree and began her teaching career in NYC. After her two children were born, Lucy accepted a position closer to home in NJ where she continues to teach. Today Lucy and her husband enjoy spending time with their grandsons. After college, Maureen landed a job on Wall Street where she worked for many years and met her husband, Tony. The couple moved to Breezy Point, NY, the seaside town where Maureen grew up, and raised their four children. Today Maureen is the director of Religious Education at Blessed Trinity Parish.

Lucy Ruffini Schurman and Maureen McVeigh Tacopina send warm regards to the Class of '77.

'76 + '07

the day of the parade for the float that featured *Diary of a Wimpy Kid*. Kathleen is currently director of public operations at Macy's.



Dale Quinn Murphy '76, Kathleen Donohue Wright '07, Ellen Donoghue '76 at Balloonfest 2023



Ellen Donoghue '76, Dale Quinn Murphy '76, and Beth DiCianca Garrigan '76 at Macy's Thanksgiving Day Parade

'80

Olivia Sullivan, daughter of Doreen Roland Sullivan, released her first EP in September, titled *Liv in the Moment*. Songs will include her first four singles, "I Would," "Don't Come Around," "God Gave You Wings," "You'll Always be Around," and her newest song, "Liv in the Moment." Olivia's music can be found on all music platforms and make sure to also check her out on YouTube! Doreen is proud to be Olivia's "momager" and she is active on Facebook if any IHA sisters would like to connect.





'94

Dr. Cynthia LaMorgese and Kathryn Mayurnik Sein got together in Madison, Wisconsin where Cynthia and her family reside. Also pictured are Cynthia's children, Gabriel and Michael, and Kathryn's daughter, Charlotte.

'02

Clarissa Barbon Vogel and her husband, Marc, welcomed their first son, Landon Barbon Vogel, on March 10, 2023.

Landon joins big sister,

Viviana, at their home in Township of Washington, NJ.

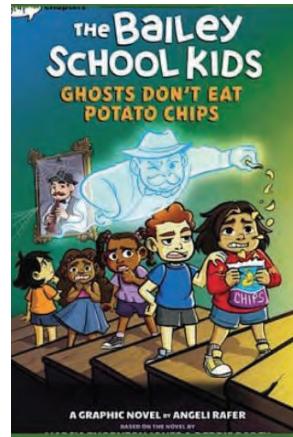


'06

Alyson Petrullo was named Woodland Park School District's 2023-24 Governor's Educator of the Year winner for her pre-kindergarten class.

'09

Author, [Angeli Rafer](#), hosted Storytime at Watchung Booksellers on October 17, 2023, for her first graphic novel, *Ghosts Don't Eat Potato Chips (The Adventures of the Bailey School Kids #3)*. The book is now available at your favorite book seller!



'14

Katelynn Kondreck Brisson married Bladen Brisson on June 2, 2023, in Florida where they both now live and work. In attendance at the wedding were three of Katelynn's IHA sisters, [Katherine Koch](#), [Samantha Perkins](#), and [Julia Magretti](#)!

'14

Christen Connelly recently graduated summa cum laude with an M.B.A. from Fordham University's Gabelli Graduate School of Business. During her time at Fordham, Christen was inducted into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline honor society, with its membership limited to students ranking in the top 10% across all academic disciplines.

Would you like to be featured in IHA's Class Notes?

Please send your life update to AnneMarie Vaughn P'22, at avaughn@ihanj.com. Visit ihanj.com to view our IHA Newsletter Content Guidelines.



Katherine Koch '14, Katelynn Kondreck Brisson '14, Samantha Perkins '14, and Julia Magretti '14

'15

recently married Nicholas Colombo at the Zorvino Vineyards in Sandown, New Hampshire on September 3, 2023. The bride and groom later honeymooned in Costa Rica. Amanda is the daughter of IHA world language teacher, Martha LoBianco.



Sabrina Santamaria was sworn in on November 3, 2023, as an Attorney in the State of New Jersey by the Honorable Marc D. Ramundo, J.S.C. By her side was Sabrina's sister, [Dr. Alessandra Santamaria '09](#). Speaking to IHA students on behalf of her sister as well, Sabrina said, "Any dream is possible with hard work and a commitment to your studies. IHA truly opens doors to numerous opportunities and provides its students with the necessary skills to make any dream a reality. I hope that sharing this news gives hope to the current and future students at IHA."

'15

Jaclyn Scerbak de Nicola, Radio City Rockette, was onsite as Cardinal Timothy Dolan blessed the animals that are part of the Living Nativity scene in the Christmas Spectacular starring the Radio City Rockettes at Radio City Music Hall.

Jaclyn Scerbak de Nicola '15 standing on the right of Cardinal Timothy Dolan.

**'19**

Nicole Piserchia graduated Magna Cum Laude from Sacred Heart with a Bachelor of Science degree in nursing and a minor in human clinical nutrition. Nicole now works at Yale New Haven Hospital in the Cardiothoracic and Vascular Surgery Intensive Care Unit.

**'21**

Nora-Lise Hamre was a member of the cast and crew of the Miami Theatre Players fall 2023 stage production of *Seussical: The Musical* at SUNY New Paltz.

'23

Gracyn Pisa ran the NYC Half Marathon to help raise money for the Tom Coughlin Jay Fund. The fund's mission is to help families tackle childhood cancer by providing financial, emotional, and practical support. At the marathon, Gracyn bumped into three of her IHA sisters proving that our cherished sisterhood lasts long after graduation!



Lauren Dunnigan '23, Gracyn Pisa '23, Ryanne Kelleher '22, and Grace Kelleher '23

IN MEMORIAM

Your prayers are requested for the following members of the Immaculate Heart Academy community who recently passed away:

Jane Andrews, Class of 1973

June 2, 2023

Sister of Pamela Andrews '71

Patricia Becker Carney, Class of 1967

August 14, 2023

Sister of Catherine Becker Lanni '71 and aunt of Elaina Becker Usnick '99

Mary Kay Prendergast Ream, Class of 1975

August 20, 2023

Daughter of Margaret Prendergast, former faculty member and coach; and sister-in-law of Ellen Flach Prendergast '74

Cathy Gass, Class of 1980

October 1, 2023

Sister of Janet Gass '81, Erica Gass '82, and Sally Gass Cummins '83; and aunt of Hayley Cummins '20

Alyson Garino, Class of 2011

December 2, 2023

June Hughes

July 17, 2023

Mother of Barbara Hughes O'Dea '71 and Patricia Hughes Meder '74; and grandmother of Jacqueline O'Dea Steel '00

Daniel J. Murray

August 19, 2022

Brother of Eileen Murray '69

John A. Considine

September 30, 2023

Father of Susan Considine '74 and Teresa Considine Kehoe '86; and grandfather-in-law of Linda DeCarlo Considine '08

Jean C. Galano

October 11, 2023

Mother of Loretta Galano LaGratta '79 and Jacqueline Galano Woods '87; and grandmother of Krista Corso '07, Jennifer LaGratta '10, and Madison Woods '22

Elizabeth (Betty) Smith

October 18, 2023

Mother of Ellen Smith Mahoney '80 P'14, Betty Ann Smith Dobson '82, Kerrie Smith Brennan '93, and Mariann Smith Odierno '93 P'25; grandmother of Meghan Mahoney '14 and Katherine Odierno '25; and Hall of Fame Class of 1995

Jerome "Jerry" Derenzo

November 17, 2023

Son of the late Patricia Clark '76; nephew of The Honorable Marilyn C. Clark '68 and the late Carol Higgins Clark '74; grandson of the late Mary Higgins Clark P'68, '74, '76, GP'02; and cousin of Elizabeth Higgins Clark '02

Peter Marzullo

November 26, 2023

Father of Christine Marzullo Rock '90, former IHA Consultative Board member, John Marzullo, and Alicia Marzullo Edwards '96; uncle to Patricia Polizzi Walker '90 and Rosemary Polizzi O'Connell '93



DAY OF GIVING

MARCH 8, 2024

INTERNATIONAL WOMEN'S DAY

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FOR MORE INFORMATION, REACH OUT TO SARAH FRASURE '07,
DIRECTOR OF ADVANCEMENT & ALUMNAE RELATIONS,
[AT SFRASURE@IHANJ.COM.](mailto:sfrasure@ihanj.com)



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Change Service Requested

If this is not you, or if your daughter no longer lives at home, please reach out to Sarah Frasure '07, director of advancement & alumnae relations, at 201.445.6800, ext. 185 or sfrasure@ihanj.com with updated information.

UPCOMING EVENTS

JAN
25

Accepted Students Night

Time to celebrate with the accepted members of IHA's Class of 2028! Students are invited to take a final look at the school before deciding if they will be making their home at the heart.

FEB
08

Cabaret

The International Thespian Society will be hosting a Cabaret on February 8, 2024, at 7 p.m. in the IHA PAC. Stay tuned for more information!

FEB
10

Class of 2028 English Placement Test and Parent Information Session

Members of the Class of 2028 are invited with their parents to learn about what to expect over the next few months before school starts and to meet faculty and coaches. Students will also take the English Placement Examination and have the opportunity to purchase uniforms.

MAR
08

International Women's Day/ IHA Day of Giving

All proceeds to benefit IHA's Annual Fund or your designated fund of choice.

MAR
09-11

BELIEVE. Conference

IHA's exclusive Catholic Women's Leadership Conference featuring workshops, speakers, prayer, and so much more!

MAR
22-24

Spring Musical – *Mamma Mia!*

Join us for this fan-favorite musical in the PAC. Visit www.performingartsattheheart.com for more information.

APR
24

Spring Concert & Arts Festival

Families and friends are invited to view the work of our student-artists and enjoy performances by our vocal ensembles and orchestra at 7 p.m. in the IHA main lobby and PAC.

APR
27

IHA Beefsteak

Celebrate and support IHA Athletics with a delicious beefsteak dinner and tons of chances to win fantastic raffle prizes at 6:30 p.m. in the IHA gymnasium!