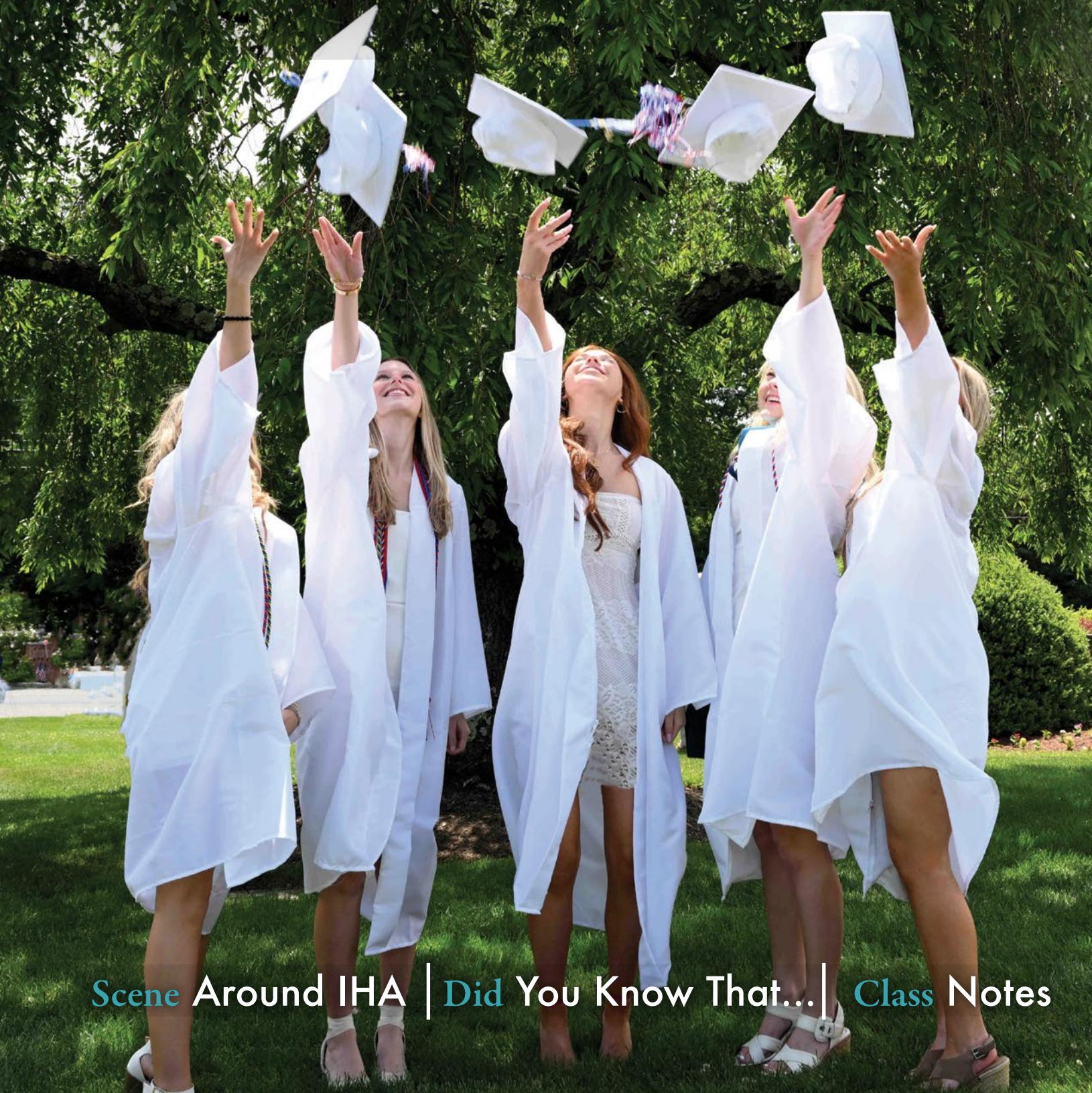


# Immaculate Heart ACADEMY

NEWSLETTER | SUMMER 2023  
VOL. 39, NO. 2



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Cover Shot: Members of the Class of 2023  
celebrate post Commencement!

## Our Mission

Immaculate Heart Academy is a college preparatory high school in the Archdiocese of Newark which has as its purpose the complete education of young women. By both cultivating the traditional Christian values of the Roman Catholic Church and by upholding exceptional academic standards, IHA offers a unique educational experience for the young women in our community. Immaculate Heart Academy strives to develop every aspect of the individual by educating the mind, nurturing the spirit, and promoting a healthy lifestyle. By instilling in its students a sense of responsibility, confidence, justice, peace, and compassion, Immaculate Heart Academy prepares its students for life throughout the twenty-first century.





26

Layla Salaheldin '23 poses with some of her artwork at the Spring Arts Festival.



27

The green team performs at the sing-off during Sophomore Spirit Day.



28

Mrs. Corinne Fritzky, college counselor, and Mrs. Melissa O'Sullivan, director of college counseling, celebrate National College Signing Day at IHA!



**PRESIDENT** Jason Schlereth P'27

**PRINCIPAL** Kerry Carroll '04

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Grace Cassin '23  
drives to the goal.  
Read more in our  
Spring Sports  
Report.

Erin Erturan '23, Emma Dillane '23,  
Megan Anderson '23, Natalia Maglicic '23,  
and Meghan Minogue '23 celebrate  
National College Signing Day on May 1.



# President's Corner



Dear IHA community,

As we prepare to embark on another promising school year at Immaculate Heart Academy this September, we leave behind 2022-23 with wonderful memories made among IHA's student body, families, faculty, and staff. The Summer edition of our newsletter is customarily a favorite. Alumnae and current families truly appreciate getting a glimpse into not only the end-of-year traditions that the entire school celebrates, but also the graduating class's final months at IHA. We sincerely hope you enjoy reading about the countless impressive accomplishments and achievements of the IHA community members in this issue.

This fall marks Immaculate Heart Academy's sixty-third year of serving the educational needs of young women. The 2023-24 Student Council has chosen the theme, *Believe and Achieve*. At IHA, we not only believe that our students can accomplish anything, but we also nurture

their ability to believe in themselves. Our students can achieve everything they set their hearts on, and we can't wait to witness that this upcoming school year.

I am very much looking forward to kicking off another fall season at our great school and continuing to cultivate the presence of sisterhood, tradition of excellence, and the fostering of Catholic values for which IHA is so known. May the Immaculate Heart of Mary continue to bless us and watch over our community as we begin this academic year together.

Sincerely,

Jason Schlereth P'27  
President



During the seniors' last week, the entire school gathered in the PAC to watch the presentation of in-house graduation awards and the Senior Slideshow.

# Class of 2023 Commencement Exercises



Immaculate Heart Academy's sixtieth annual Commencement Exercises were held on Sunday morning, June 4, 2023. One hundred fifty-three incredible young women received their diplomas from Mr. Jason Schlereth P'27, president; Miss Kerry Carroll '04, principal; and Mrs. Alice Rogers P'07, '09, '13 and Mrs. Maureen Layng, assistant principals. Including the members of this year's graduating class, **eleven thousand twenty-two** young women now carry the title of IHA alumna.

Graduates processed into the gymnasium to *Pomp and Circumstance* played by the IHA Orchestra. After a beautiful rendition of the National Anthem sung by **Kaitlyn DeMartini '23** (University of South Carolina - Columbia) the ceremony opened with **Erin Shepler '23** (Bucknell University), Student Council president, offering the invocation



Grace Gerhardstein '23 and Jenna Ghiosay '23



IHA staff members and their graduating daughters: Emma Dillane '23; Mrs. Sue Dillan P'23; Carolyn Sandt '23; Mrs. Donna Sandt P'20, '23, '24; Kristen Cali '23; Mrs. Rosemary Cali P'12, '15, '19, '23; Kaitlyn DeMartini '23; and Mrs. Helen DeMartini P'21, '23.



Mr. Jason Schlereth P'27, president, presents the IHA Award to Lauren Grae '23.

and **Johanna Murphy '23** (Duke University), salutatorian, giving a thoughtful welcoming address. Johanna said that while she was writing her speech, she realized the number of cherished memories she will continue to hold close to her heart. "I want to thank all my classmates for sharing them with me, like the time we sat flabbergasted and silent the first time we heard the senior chant after Mass, to just a few weeks ago when we sang it loudly and proudly on the final day of school," she reflected. "I'll always remember my transformative experience at Midnight Run this year and dancing with you all at prom. I'll even cherish the less great memories because they inevitably taught me something valuable."

**Ms. Meghan Kehoe**, an alumna from IHA's Class of 2004 and head of media at Sony Music Nashville (SMN), served as this year's Commencement Speaker. While a student at IHA, Meg was a member of C.A.R.E., a Eucharistic minister, and in the National Honor Society. She made her stage debut in *Funny Girl* her freshman year. She was on the dance competition team at In the Spotlight in Waldwick, and you could often find her traveling around with the IHA Varsity Basketball team, cheering the team on and filming the games. After graduation, Meg went off to Fordham University to major in communications and minor in business administration.

After an internship at Jive Records, she held senior media relations roles at RCA Records for fourteen years where she developed and implemented the media campaigns for artists including P!NK, the Pentatonix, Kelly Clarkson, and many others. Since July 2022, Meg has



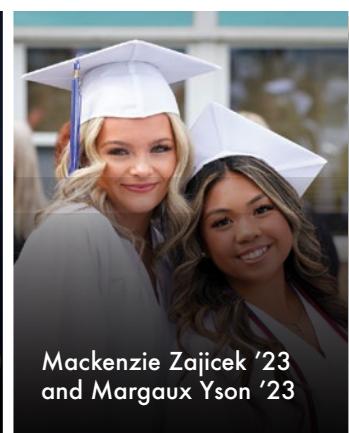
Stefanie Streeter Vicini '83 P'23 hugs her daughter, Kiera Vicini '23, prior to presenting her with her diploma.

held her current position at SMN. In this role, she is responsible for the media team and oversees the press strategy for both SMN and its entire artist roster, including Kane Brown, Luke Combs, Nate Smith, Corey Kent, and many more. Meg addressed IHA's Class of 2023 with an encouraging speech. "To say IHA prepared me for the next phases of my life is an understatement," she said. "I

always thought we had it harder than the boys' schools, but man, I'm sure glad we did because it prepared me to face the challenges life was going to throw at me. From the teachers to the staff to the women I went through school with, each gave me a sense of purpose and a confidence that surfaced over time and became so much a part of who I am." Diplomas and special awards were then



Olivia Morrison '23 receives her diploma from her alumna mother, Eva Vidaic Signore '88 P'23.



Mackenzie Zajicek '23 and Margaux Yson '23



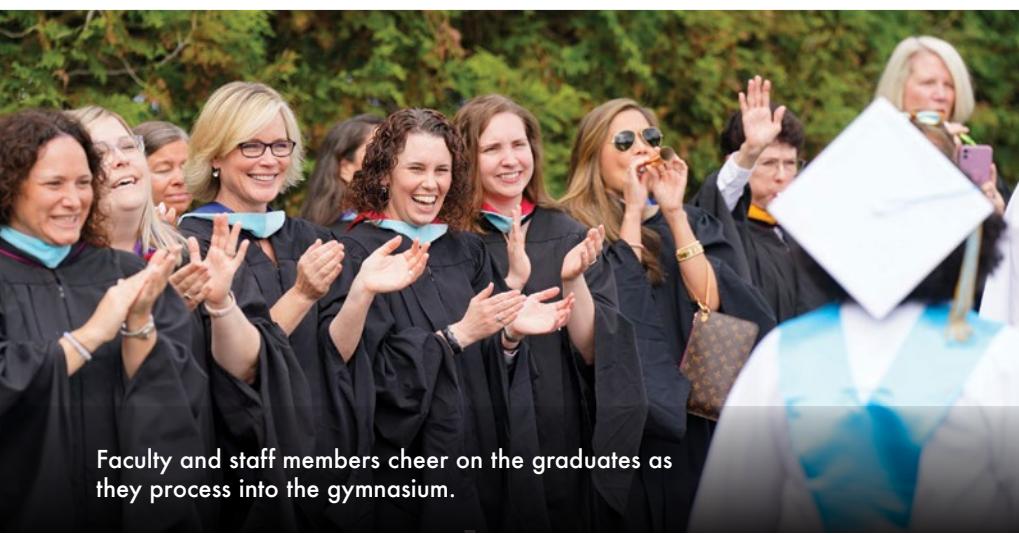
Allison Stapienski Dalessandro '87 P'23, '25 presents a diploma to her daughter, Faith Dalessandro '23.



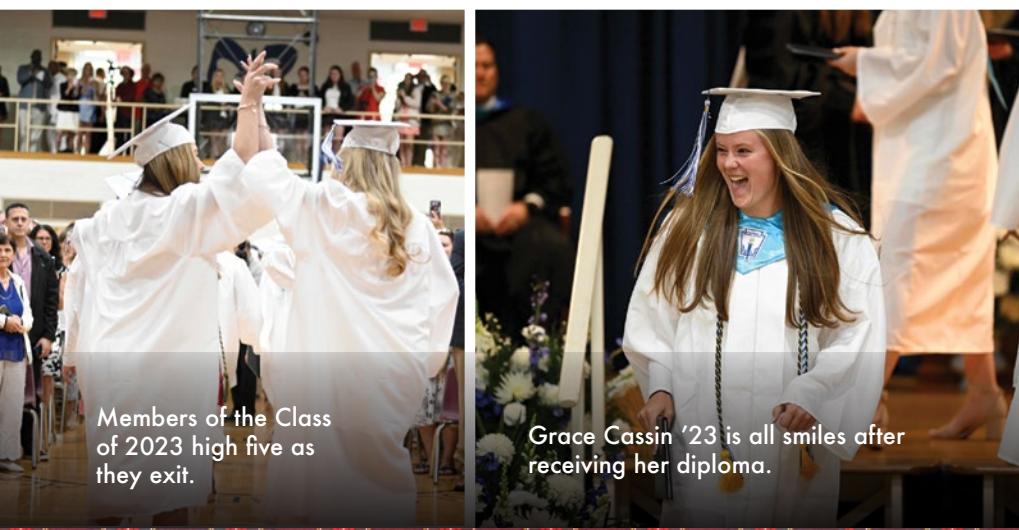
Isabella Galan '23 and Lauren Dunnigan '23



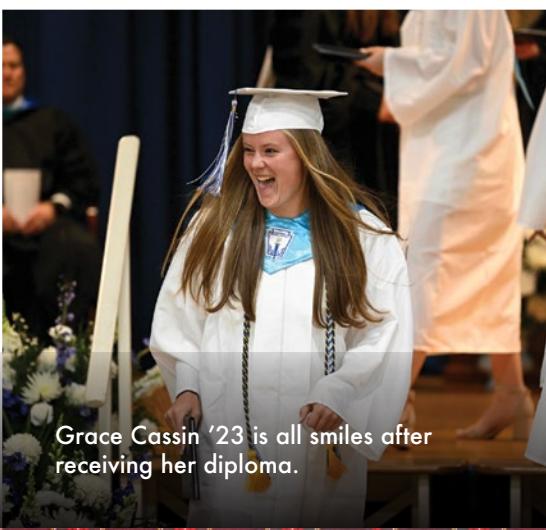
Casey Roberts '23 and  
Natalia LoCurto '23



Faculty and staff members cheer on the graduates as they process into the gymnasium.



Members of the Class of 2023 high five as they exit.



Grace Cassin '23 is all smiles after receiving her diploma.

distributed to members of the Class of 2023. We invited alumna mothers to present diplomas to their graduating daughters, a tradition IHA will continue for years to come. Mothers who distributed diplomas to their daughters included

**Dolores Martinez Byrnes '90**  
P'23, '26 to **Maria Byrnes '23**;  
**Allison Stapienski Dalessandro '87**  
P'23, '25 to **Faith Dalessandro '23**;  
**Gena Caputo DeVirgilio '94**  
P'23, '25 to **Julia DeVirgilio '23**;  
**Jacqueline Linares '87** P'23 to **Lauren Grae '23**; **Lisa Esposito Lapp '90**  
P'23 to **Chelsea Lapp '23**; **Linda LaVoie-Martino '87** P'08, '21, '23 to **Anabella Martino '23**; **Raelene Kunz McKay '94** P'21, '23 to **Madison McKay '23**; **Jamie Fazio Menake '90** P'23 to **Kate Menake '23**; **Margaret Coyne Minogue '85** P'23 to **Meghan Minogue '23**; **Eva Vidaic Signore '88** P'23 to **Olivia Morrison '23**; **Kerry DePalma Portilla '96** P'23 to **Emma Portilla '23**; **Patricia English Sweeney '92** P'23 to **Mary-Kathryn Sweeney '23**; **Brielle Boedart Tacconi '90** P'23 to **Olivia Tacconi '23**; **Christine Adler Toohey '85** P'23 to **Olivia Toohey '23**; **Stefanie Streeter Vicini '83** P'23 to **Kiera Vicini '23**; and **Dana Schuster Wilmot '90** P'23 to **Lily Wilmot '23**.

After diplomas were presented to each graduate, several students were honored for a variety of accomplishments in and



Jessica Sundlin '23, recipient of The Denise Gartner Memorial Award



Brookelyn Talmadge '23 processes with her fellow graduates.



Amber Estevez '23 receives her diploma from Miss Kerry Carroll '04, principal.

out of the classroom. We send heartfelt congratulations to the 2023 IHA Award winner, **Lauren Grae '23** (Columbia University), and the many other award and scholarship recipients recognized at this year's Commencement Exercises! See a list of all Graduation award winners on page 9.

Following the award presentation, Mr. Jason Schlereth P'27, IHA president, addressed the graduates and guests, reminding the members of the Class of 2023 of the "things that just make sense" at IHA, as the viral social media trend highlights. "Children's cartoon backpacks on eighteen year olds; not knowing where your locker is, even as a senior; showing up in huge numbers to support your sisters as part of the Eagles Nest; nominating your sisters to be women's history month honorees; serving others; cheating at musical chairs; really poor lip-sync performances; excellence in athletics; roller skating on the stage in the school musical; making a seat and a space for everyone in the cafeteria; and my personal favorite, Sko Eags!" Mr. Schlereth shared. "Class of 2023, the bottom line is you are women who 'just make sense' as part of the Immaculate Heart Academy story. You were meant to be here at this moment in history, and we are all better for it."

Class of 2023 valedictorian, **Kate Menake '23** (Northeastern University), delivered a moving farewell address recognizing the many IHA memories that will stick with her for years to come. "All of the little things might seem insignificant, but I know that I will truly miss locker break cookies next year. On top of the more mundane things, I will also miss the larger fun events that we have shared. Regardless of what your favorite IHA memory is, whether it is prom, pep rallies, or the Senior Talent Show, you can look back fondly at your time here. During college, we will all get the opportunity to make new memories and see new places, maybe even living in another country or many states away. I hope our new



Olivia Tacconi '23, The Herb Oberle Memorial Award recipient and Mary-Kathryn Sweeney '23, The Tammy Medzadourian Memorial Award recipient



Isabella Rossi '23 just received her IHA diploma!



Graduates process past cheering faculty and staff into the gymnasium.



Magdaly Pierre-Louis '23 receives her diploma from Miss Kerry Carroll '04, principal.



Catherine Goldstein '23 is presented her diploma by Miss Kerry Carroll '04, principal.



Olivia Leyden '23 and Caroline Joel '23



Kate Menake '23, this year's valedictorian, delivers the Class of 2023 Farewell Address.



Elizabeth Bolado '23, Juliette Wittig '23, and Antonina Randazzo '23 get ready on Graduation morning.

memories will add to our collection of positive memories from IHA."

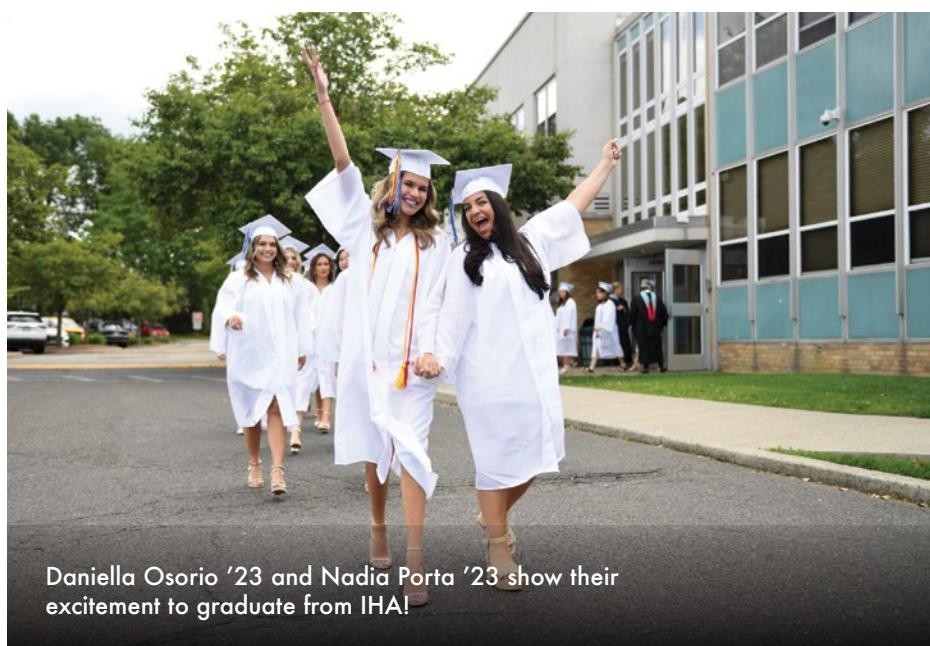
**Kara Ignacio '23** (Fordham University) concluded the ceremony by leading her classmates in the school's alma mater before IHA's newest alumnae exited the gymnasium. Members of the Class of 2023 received more than **forty million dollars in scholarship awards** and will be continuing their education at some of the most esteemed colleges and universities in the country—from Boston College, Case Western Reserve University, Columbia University, and Duke University to Georgia Institute of Technology, Northeastern University, Purdue University, Tufts University, University of

Michigan, and University of Notre Dame. Two seniors were admitted to highly competitive joint-degree programs that provide seamless transitions from earning their bachelor's degrees to attending medical school—**Judith Mathew '23** to a joint Bachelor's/M.D. program at Seton Hall University with the Hackensack University School of Medicine and **Maria Mathew '23** to a combined dual degree B.S./D.O. program at SUNY New Paltz with Touro College of Osteopathic Medicine.

Thirty students are attending Catholic institutions, fourteen students are attending schools in New Jersey, and thirty-nine percent of the class is attending



Mr. Jason Schlereth P'27, president, addresses the Class of 2023 graduates.



Daniella Osorio '23 and Nadia Porta '23 show their excitement to graduate from IHA!

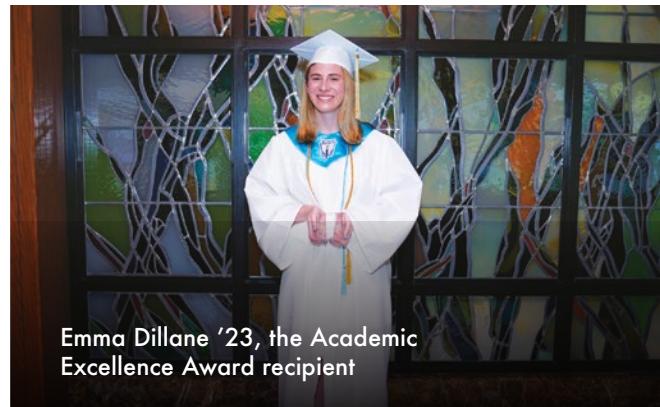
colleges and universities outside of the northeast. Some of the most popular choices this year include Sacred Heart University with nine students attending, University of Tampa with seven, Rutgers University with six, University of Rhode Island with five, and Marist College, Pennsylvania State University, and Providence College with four each. One student will be studying internationally at Liverpool Institute for the Performing Arts. Ninety-five percent of this class was admitted to their first or second-choice college, and one hundred percent will be attending four-year colleges. We send our most heartfelt congratulations to Immaculate Heart Academy's Class of 2023!

# Class of 2023 Graduation Awards

The following awards were presented at the 2023 Commencement Exercises:

**Valedictorian**  
**Salutatorian**  
**The IHA Award**  
**The Academic Excellence Award**  
**The Sr. Beatrice Ryan Award**  
**The Visitation Award**  
**The Mary Ann Molinari Memorial Award**  
**The KariAnn Dellapenta Memorial Award**  
**The Marie Sellers and Dorothy Savarese Memorial Award**  
**The Jeffrey E. Silver Memorial Award**  
**The Catherine Larkin Award**  
**The Caren Cavallo Memorial Scholarship**  
**The Marian Award**  
**The Marisa Suarez Memorial Award**  
**The Denise Gartner Memorial Award**  
**The Tammy Medzadourian Memorial Award**  
**The Herb Oberle Memorial Award**  
**The Michael Thomas Noone Memorial Award**  
**The Amen Award**

Kate Menake (Northeastern University)  
Johanna Murphy (Duke University)  
Lauren Grae (Columbia University)  
Emma Dillane (University of Notre Dame)  
Emma Hanlon (Lafayette College)  
Madison McKay (Bucknell University)  
Meghan Minogue (Boston College)  
Mikayla Nizza (Elon University)  
Layla Libanan (Georgia Institute of Technology)  
Ava Naszimento (Central Connecticut State University)  
April Ramsey  
Brookelyn Talmadge (Bryant University)  
Gracyn Pisa (Wake Forest University)  
Noelle Haskell (Williams College)  
Jessica Sundlin (College of the Holy Cross)  
Mary-Kathryn Sweeney (Providence College)  
Olivia Tacconi (Salve Regina University)  
Olivia Morrison (American University)  
Allison Lynch (Ohio State University)



# 2023 Baccalaureate Mass and Awards Ceremony

Members of the Class of 2023 were celebrated and honored at the Baccalaureate Mass & Awards Ceremony on June 3, 2023. Thank you to Monsignor Ron Rozniak and the IHA staff who planned and participated in the beautiful Mass and to the IHA administration and Mrs. Liz Kearns P'05, '08, '11, senior class moderator, for honoring our seniors in such a special way.

"Your graduation ceremony tomorrow morning will end your days as an Immaculate Heart Academy student, but the legacy you have created through your sisterhood will never end," said Mrs. Kearns. "These relationships you have made are permanent. Tomorrow, you officially become IHA alumnae. I hope you will always understand and continue to appreciate the great gift you have been given."

Congratulations to this year's graduates for their incredible contributions to IHA over the past four years. On the evening of Baccalaureate, our valedictorian, **Kate Menake '23** (Northeastern University), and salutatorian, **Johanna Murphy '23** (Duke University), received medals to be worn on Graduation Day. Honors students were then recognized—nine with Distinguished Honors by maintaining an average of 95 or better for the year and seventy-nine with Honors by maintaining an average of 90 for the year. IHA Family Awards were presented to two families this year; read about the Family Award recipients on page 12.

## Subject Area Awards

**The Arts** – Layla Salaheldin '23  
(*University of Michigan-Ann Arbor*)

**Communications** – Katelyn Coughlan '23 (*Fordham University*)

**English** – Lauren Grae '23  
(*Columbia University*)

**French** – Cathryn Cunningham '23  
(*Lehigh University*)

**Mathematics** – Kate Menake '23  
(*Northeastern University*)

**Theology** – Sophia Rowell '23  
(*Rutgers University*)

**Physical Education** –  
Isabella Conde '23 (*American University*)

**Science** – Layla Libanan '23  
(*Georgia Institute of Technology*)

**Social Studies** – Katherine Deane '23  
(*Tufts University*)

**Spanish** – Erin Erturan '23  
(*Boston University*)

**Technology** – Johanna Murphy '23  
(*Duke University*)

**Italian** – Maria Byrnes '23  
(*University of Richmond*)

**Performing Arts** – Olivia Morrison '23  
(*American University*)

**Additionally, congratulations to the following scholarship award recipients:**

**Immaculate Heart Academy Scholar Athlete Award**

Emma Dillane '23 (*University of Notre Dame*)

**The NJSIAA New Jersey Scholar Athlete Award**

Natalia LoCurto '23 (*Lafayette College*)

**Immaculate Heart Academy Athletic Achievement Award**

Leanna Johnston '23  
(*Columbia University*)

**Immaculate Heart Academy Athlete of the Year Award**

Isabella Asencio '23  
(*Adelphi University*)

**Bergen County Women's Coaches Association Recognition for 10 or More Sports Seasons**

Leanna Johnston '23 (*Columbia University*) and Noelle Haskell '23 (*Williams College*)

**Bergen County Women's Coaches Association Scholarship**

Grace Cassin '23 (*Bates College*)

**IHA Parents' Club Robert Ryan Memorial Scholarship**

Mackenzie Zajicek '23  
(*Coastal Carolina University*)

**The Virginia "Ginny" Panicucci Memorial Award**

Grace Kelleher '23  
(*Sacred Heart University*)

**The Kim Montelaro Memorial Award**

Isabella Galan '23 (*Syracuse University*)

**The Dorothy and Jack McKenna Memorial Award**

Erin Shepler '23 (*Bucknell University*)

**The Kathleen Farley Memorial Award**

Madeleine Gilson '23 (*Rider University*)

**The Fine Arts Award**

Maria Byrnes '23  
(*University of Richmond*)

**The Minerva Echeverría Memorial Award**

Lauren Grac '23 (*Columbia University*)

**The Carmella Cupo Wardell Award**

Caitlin Fritz '23 (*Case Western Reserve University*)

**Lakeland Bank Scholarship**

Madeleine Gilson '23 (*Rider University*)

**Bergen County Directors of Guidance Scholarship**

Kiera Vicini '23 (*Utica University*)

**Recognition for Enlistment in the United States Army**

Catherine Goldstein '23  
(*University of New Haven*)



Lauren Grae '23, English Award winner, and Katherine Deane '23, Social Studies Award winner



Michelle Shepler P'23, '24; Erin Shepler '23, The Dorothy and Jack McKenna Memorial Award recipient; and Daniel Shepler P'23, '24



Leanna Johnston '23, BCWCA Recognition for 10 or More Sports Seasons and IHA Athletic Achievement Award winner, and Katelyn Coughlan '23, Communications Award winner



Mrs. Liz Kearns P'05, '08, '11, senior class moderator, is thanked with flowers at the Baccalaureate.



Members of the Class of 2023 present the gifts to Fr. Ron Rozniak.



Olivia DeMartini '21, Kaitlyn DeMartini '23, Allison Sandt '20, Madeleine Sandt '24, and Carolyn Sandt '23



Martine Augustin P'11, '23; Christina-Ann Augustin '23; and Lubin Augustin P'11, '23



John Murphy P'23; Johanna Murphy '23, Technology Award recipient and salutatorian; and Mary Kay Murphy P'23



Maria Byrnes '23, The Fine Arts Award and Italian Award recipient



Sophia Rowell '23, Theology Award recipient



Noelle Haskell '23 receives the BCWCA Recognition for 10 or More Sports Seasons from Miss Kerry Carroll '04, principal.



Madeleine Gilson '23 receives The Kathleen Farley Memorial Award from Miss Kerry Carroll '04, principal.

# The Immaculate Heart Academy Family Awards

We presented the Immaculate Heart Academy Family Awards at our 2023 Baccalaureate Awards Ceremony. These awards are presented to the families who have their last daughter of three or more graduating.

## CONGRATULATIONS TO:



The Martino Family:  
Joseph Martino and Linda LaVoie-Martino '87, parents of Anastasia '08, Analisa '21, and Anabella '23



The Cali Family:  
Anthony Cali and Rosemary Cali, parents of Courtney '12, Victoria '15, Gabriella '19, and Kristen '23

# 2023 Children's Theatre

Members of IHA's Performing Arts Department were pleased to produce and perform *The Snow White Variety Show* by Brian D. Taylor as this year's Children's Theatre show for area elementary school students. Members of the Theatre Arts class, taught by Ms. Taryn Tonelli '09, coordinator of the performing arts, and other IHA and St. Joseph Regional students told the story of the seven dwarves joining *Real Talk with Fairytale Legends* and telling what really happened to Snow White from their perspective. A masterclass in style, tone, and point of view, this fast-paced comedy mesmerizes audience members as its tone shifts from romantic, comedic, and suspenseful to mysterious, and more.

Special thanks to students from Academy of St. Paul, Ramsey, for attending the show. Congratulations to the cast and crew on a great performance:



## CAST

**Wordy** - Shoshana Thompson '25\*  
**Nerdy** - Lucyann Tappan '25\*  
**Rowdy** - Lola Projahn '25\*  
**Howdy** - Carson Bielen '24  
**Weepy** - Olivia Pantano '25\*  
**Creepy** - Gabrielle Rivera '26  
**Bob** - Riley Ng-Knepper '25  
**Heidi** - Maeve Sayre '23\*  
**Announcer** - Brooke Rodriguez '25  
**Huntsman** - Nick Pantano (SJR '25)  
**Player One (Snow White)** - Emma Neyland '25  
**Player Two (Evil Queen, Witch)**  
- Natalie Coulter '23  
**Player Three (CSI Dwarf)**  
- Molly Casey '24  
**Player Four (Snow White's Mother, Dwarf Stand-In, Hair Salesperson)**  
- Madeline Heinemann '24  
**Player Five (Real Snow White/Igor)**  
- Madeline Sullivan '24  
**Player Six (King, Big Bad Wolf, Prince, and Evil Queen's Guard)**  
- Luke Rickli (SJR '25)  
**Player Seven (Magic Mirror, Troll, CSI Dwarf)** - Leila Hollander '26  
**Player Eight (Dwarf Stand-In, Red Riding Hood)** - Kylie Bryan '26  
**Player Nine (Sleeping Beauty, Evil Queen's Guard)** - Riley Stocker '26

## PRODUCTION TEAM

**Directors** - Maeve Murray '23\*, Isabella Falletta '24\*  
**Stage Manager** - Lauren DeLucia '25\*  
**Property Designer** - Lucyann Tappan '25\*  
**Sound Designers** - Shoshana Thompson '25\*, Carolyn Sandt '23, Kara Ignacio '23  
**Spotlight Operators** - Alyssa Mack '24, Alyssa Torres '24  
**Costume Designers** - Lola Projahn '25\*, Olivia Pantano '25\*  
**Paint Charge** - Lauren Grae '23  
**Hair/Makeup** - Kaitlyn DeMartini '23  
**Run Crew** - Marissa Albert '23, Marisa Arone '24, Chloe Coll '26, Katherine Ryan '25, Megan McCarthy '25

\* denotes the student is a member of the Theatre Arts course.



# Art@theheart

**O**n the evening of April 20, 2023, IHA hosted its seventh Art@theheart Exhibition in celebration of sixth and seventh graders' creativity and artistic talent. This art show and competition allow students to participate in a regional exhibition, curated by IHA's National Art Honor Society, while offering exposure to IHA's outstanding arts program. The sixth and seventh-grade students' work was displayed in IHA's cafeteria, and all participants were invited to the exhibition and reception.

The evening began with an invocation led by Johanna Murphy '23, NAHS co-president, who will be heading to Duke University in the fall, and a welcome by Mrs. Lisa Encke P'20, director of the arts and NAHS moderator. "The National Art Honor Society members are excited to provide an opportunity for you to share your artistic gifts," Mrs. Encke said to exhibition attendees. "We are pleased that this evening we have fourteen schools represented with close to seventy students exhibiting their work. For the past month, the art studio has been a buzz of activity preparing for this evening and the IHA community has enjoyed exploring your work in Café IHA."



Thank you to the following schools who submitted artwork for the 2023 Art@theheart Exhibition including:

Academy of Our Lady of Grace, Fairview  
 Corpus Christi School,  
 Hasbrouck Heights  
 Good Shepherd Home School Coop,  
 Woodcliff Lake  
 Immaculate Heart of Mary, Wayne  
 Notre Dame Academy, Palisades Park  
 St. Anthony, Hawthorne  
 St. Elizabeth School, Wyckoff  
 St. Francis Academy, Union City  
 St. Joseph School, Oradell  
 St. Margaret of Antioch School,  
 Pearl River, NY  
 St. Peter Academy, River Edge  
 St. Philip the Apostle Prep, Clifton  
 The Selzer School, Dumont  
 The Village School, Waldwick

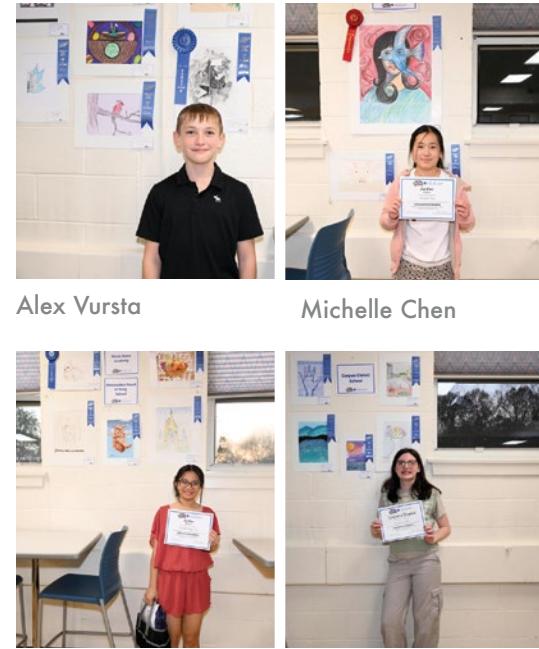
After seventy-seven judges juried the exhibition, three winners were announced by Johanna for both grades six and seven. Congratulations to:

## 6th Grade

**1st Place:** Alex Vursta -  
 St. Margaret of Antioch School  
**2nd Place:** Michelle Chen -  
 St. Francis Academy  
**3rd Place:** Danielle Magpantay -  
 Notre Dame Academy

## 7th Grade

**1st Place:** Chloe McElkenny -  
 Notre Dame Academy  
**2nd Place:** Katharine Walsh -  
 St. Margaret of Antioch School  
**3rd Place:** Giada Laiolo -  
 The Village School



Alex Vursta

Michelle Chen

Danielle Magpantay

Mackenzie Collins

To conclude the presentation, Lauren Grae '23, co-president of NAHS, who is off to Columbia University in the fall, spoke about her time at IHA, specifically in the arts program. "It has been such a gift to unwind by collaborating with other girls throughout high school to create murals around the building, design banners for our liturgies, and construct lobby displays for community celebrations in coordination with other clubs," Lauren stated. "Art helps us connect with one another, foster friendships, and experience joy while enhancing our understanding of the world around us. I'm also a big science and math nerd, and my time involved with the arts and NAHS has helped me with that part of my life by allowing me to appreciate and visualize complex concepts. Art has shaped every aspect of my high school experience and I would not change a thing about my time at IHA."

Thank you to all our exhibiting artists and art teachers for submitting your beautiful work and to the IHA Arts Department and National Art Honor Society for planning the event, especially Mrs. Encke; Ms. Patrizia Tersigni P'14, art teacher; and the NAHS executive board members. Congratulations to all the 2023 Art@theheart winners!

# Beefsteak 2023

## IHA Community Celebrates Blue Eagle Athletics

Our annual Beefsteak in support of IHA Athletics was held on Saturday, April 29, 2023. With more than four hundred fifty guests in attendance, it was an incredible display of support for Immaculate Heart Academy and our athletic teams. We are blessed to have a wonderful community of parents, grandparents, faculty and staff, coaches, and friends who are so dedicated to our school and the students' success.

Thank you to Event Sponsor, Ms. Janet Martin GP'22, '26; the IHA administration; Beefsteak co-chairs, Stacy DeMicco P'21, '24, '25; Mary Ellen Sayre P'20, '23; and Madeline Rizzo-Savas P'17, '24; the Beefsteak Committee members and additional parent/faculty volunteers; Mrs. Sarah Hill Frasure '07, director of development; Mrs. Paula Horne P'13, '15, '18, development assistant; and Mr. Steve Ferro, director of athletics. This night would not have been possible without your commitment and support. Special thanks to George Kuzma P'26 and Fischbach Catering LLC, N.I.C. Entertainment, Mike Hamlett Photography, and our numerous generous vendors and donors.



Frank and Michele Mazzola P'21, '24; Samuel and Benita Raia P'19, '22, '24; and John and Sabrina Zunic P'19

**Congratulations to all our tricky tray basket and raffle winners of the evening including:**

### Key Game

*Ed Sheeran Concert Tickets/Redd's Bar & Restaurant Gift Card/Uber Gift Card*  
Matt Kelleher P'22, '23

### Mega Raffles

*A Beautiful Noise Tickets/Essex House Stay/Morton's the Steakhouse Gift Card*  
Dan Dougherty P'26



Matt Kelleher P'22, '23

### Armani Handbag

Steven and Joann Finley P'25

*Loewe Flamenco Clutch Mini Bag*  
Janet Martin GP'22, '26

*De'Longhi Dinamica Fully Automatic Coffee and Espresso Machine*  
Christine Haemmerle '89 P'18, '26



Jennifer Ferro Lessieu '89 P'26 and Bernadette Klein Colonna '96 P'26



Lauren Rhein '09, Carol Soranno P'26, Gerri Minichetti P'26, and Stacy DeMicco P'21, '24, '25



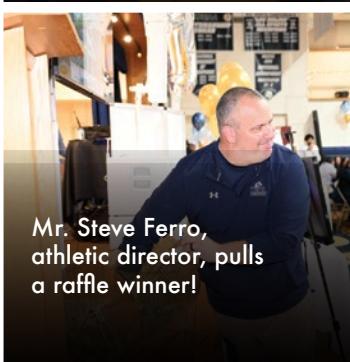
Jackie Turco Forte '06, Lisa Graff, Diana Fasano '00, Alison Bryan, and Cori Tucker



Mr. Jason Schlereth P'27, president, addresses the Beefsteak guests.



Marie and Chris Heinimann P'24, '27; Mary Cieszko P'24; Jo Ann and Mike McCoy P'24; Eileen and Rob Stevenson P'24; and Karen and Don Keating P'24



Mr. Steve Ferro, athletic director, pulls a raffle winner!

# DID YOU KNOW THAT...



In March 2023, **Ms. Shemayne Williams**, IHA physical education teacher, competed in the USA Track & Field World Masters Athletics Indoor Championships in Toruń, Poland and placed in the top five for both categories in which she competed representing the USA. In the 4x200m Relay, Ms. Williams' team (including Robert Foster, India Bridgette, and William Yelverton) placed first and won gold with a time of 1:53.30! After competing in three rounds of the 200m Individual race, Ms. Williams placed fifth out of more than thirty athletes from around the world with a season personal best time of 30.93. Congratulations to one of our own on this spectacular achievement!

**M**rs. Lauren Tereshko, science teacher, and her husband, Christopher, welcomed Elisabeth Faith Tereshko on April 23, 2023 at 4:58 a.m. Proud big sister, Caroline, was thrilled to welcome Elisabeth home.



**M**embers of **IHA's Business Club**, moderated by Mrs. Christine Cabrera Capizzi '89 P'25, did a walking tour of Wall Street in New York City this April. Students discovered the rich history of Lower Manhattan, from the New York Stock Exchange and Federal Reserve to the Charging Bull, Goldman Sachs, the Fearless Girl, and other financial landmarks.



**H**annah Hart '24 is a student representative on the Upper Saddle River Environmental Committee. The focus of the Committee is to complete the actions required for obtaining a Sustainable New Jersey Certification. She attends monthly meetings and volunteers her time on projects like raising awareness of proper methods of Styrofoam recycling. In April, Hannah organized and ran her fifth Styrofoam collection drive at the Upper Saddle River Borough Hall. She enlisted the help of three of her IHA friends including **Katherine Grzybowski '24**, **Julia Grzybowski '24**, and **Emily Magee '24** to help collect and bag the Styrofoam and then load it onto the truck to be taken away to the recycling unit. She coordinated the entire project with the Upper Saddle River mayor and the Department of Public Works and gained approval from the town administrator. Pictured from left to right are Katherine Grzybowski '24, Julia Grzybowski '24, Emily Magee '24, and Hannah Hart '24.



**T**he Model U.N. Club participated in Pearl River High School's Fourth Annual Model U.N. Conference on Saturday, April 29, 2023. Eight delegates, Victoria DelJuidice '25, Karina Folwarski '24, Alexa Luna '24, Amber Luna '24, Anne Moore '26, Isabella Ragone '26, Madeline Sullivan '24, and Rose Zazzali '24, debated important topics such as the treatment of Muslim women in Iran and the Qatar corruption scandal in the European Parliament. IHA's performance was impressive—Victoria DelJuidice '25 and Isabella Ragone '26 won awards for Best Position Paper.



**I**mmaculate Heart Academy was awarded honorable mention for placing in the top nine in the Brain Injury Alliance of New Jersey 13th Annual UGotBrains Champion Schools Program. This program offers an opportunity for students and staff of New Jersey high schools to develop campaigns to address teen driving safety. Each school develops its own project based on a topic pertaining to teen driving safety. IHA, specifically our **Traffic Safety Squad**, was awarded \$500 for being named an honorable mention winner.



**C**aitlyn Capizzi '25 was named the 2023 NJ United States Association of Independent Gymnastics Clubs (USAIGC) Silver Level champion in the All-Around, which includes her performance and scores for all four events (floor exercise, uneven bars, balance beam, and vault) and makes her a two-time champion! She received the gold medal for her performance on the balance beam and uneven bars, and the silver medal for vault and floor exercise. Caitlyn has been a competitive gymnast for six years in the USAIGC, a competitive optional program designed for college-bound athletes. Within the Silver Level, she is required to practice ten and a half hours a week year-round. Caitlyn competes in five to six meets per year to qualify for the USAIGC States Competition at the end of the season. This year, States took place on May 6, 2023 at Schafer Sports Center in Ewing Township. Caitlyn plans to compete throughout high school with potential plans to continue her gymnastics career in college.

end of the season. This year, States took place on May 6, 2023 at Schafer Sports Center in Ewing Township. Caitlyn plans to compete throughout high school with potential plans to continue her gymnastics career in college.



**W**est Bergen Mental Healthcare joined forces with Valley Health System's Lifestyle Fitness Center for a special afternoon of Mind & Body Wellness on May 13, 2023. IHA's own Wellness Ambassadors participated in the 4th Annual Wellness Walk in Mahwah to help raise funds to ensure that affordable and accessible mental health treatment for children, adults, and families is available to all who need it. From left to right are **Julia Petrie '25, Heather Petrie P'25, Emily Keizer '24, and Ms. Ellen Donoghue '76**, IHA guidance counselor and Wellness Ambassadors moderator.

**C**ongratulations to our own **Natalia LoCurto '23** for being named the 2023 recipient of the NJSIAA Scholar Athlete Award! Natalia is a senior first baseman on the varsity IHA Softball team.



**M**rs. Tara Hopfenspirger, director of communications & marketing, and her husband, Kurt, welcomed their daughter, Ada Hope Hopfenspirger, on July 19, 2023. She weighed 8 lbs and measured 20 inches long. Ada was welcomed home by big brothers, Braden, 6, and Nathan, 3.

# Made with Love Members Thank Medal of Honor Recipient

## Retired Colonel Receives Honor Sixty Years Delayed

HA's Made with Love club members crafted several hand-made cards for a very special veteran this Spring—retired Colonel Paris Davis who just received the Medal of Honor after nearly six decades of delays.

Ms. Ellen Donoghue '76, IHA guidance counselor and Made with Love moderator, saw a report about Col. Davis on *CBS News* in early March. Through the news segment in which Col. Davis appeared with his daughter, Regan Davis Hopper, Ms. Donoghue learned that the retired colonel, one of the first African American officers in the elite U.S. Army Green Berets, was finally receiving the Medal of Honor after his nomination for the nation's highest combat declaration mysteriously disappeared twice at the height of the Civil Rights movement. She made it her mission to have the IHA Made with Love students share with Col. Davis their appreciation and congratulatory wishes through handmade cards.

Ms. Donoghue's journey to finding Col. Davis and/or where he was located was not an easy one; she contacted CBS; his daughter; a tax office in Alexandria, Virginia; various American Legions; the Congressional Office; a congressman's office; and even the White House! She was finally connected with Jim Glassman, past American Legion District 17 Commander and Vietnam veteran, who located Col. Davis in Alexandria and personally delivered the Made with Love cards in mid-April. He presented the cards with Henry Dorton, past Post 24 Commander, and Steve Hunter, current District 17 Commander. The veterans visited with Col. Davis for more than an hour exchanging stories.



"When I explained who I was and why we were there for the visit, he was very surprised that your students took the time to send him the letters," Jim said to Ms. Donoghue. "I am so glad that I was able to help and please thank your students for me as well. It is so nice that they took the time thank a hero!"

The Medal of Honor recognizes Col. Davis' heroism, as he saved the lives of two of his soldiers at a battle in Vietnam. He was first nominated by his commanding officer, but the paperwork vanished. A 1969 military review also did not show any file on then Major Davis. The *CBS News* team and various other volunteers worked to revive his case and made it possible for him to receive the well-earned Medal of Honor at the White House in March 2023. The nomination was recommended by senior defense officials and ultimately approved by President Joe Biden, who personally called Col. Davis.



*CBS News* ongoing reporting helped push the case forward and keep it in front of decision makers, bringing new information to light. Col. Davis even received a new uniform for the ceremony. He is one of just sixty-five living Medal of Honor recipients. In addition to the award, he received a new pension backdated to 1965. Col. Davis told *CBS News* he remains grateful for his Army family and the doors that were opened to him.

# Class of 2023 Junior/Senior Luncheon & Awards Ceremony

HA's beloved tradition, the Junior/Senior Luncheon & Awards Ceremony, was held on Tuesday, May 16, 2023. The Class of 2024 and junior class moderator, Ms. Ana Echeverría P'05, hosted lunch from Wilkes Deli, Ridgewood for the members of the Class of 2023 and the faculty. The juniors also made a variety of sweet treats for dessert.

After the luncheon, the student body gathered in the PAC for the first awards ceremony for the graduating Class of 2023, in which club, honor society, and activity awards were presented. The fun afternoon concluded with a photo slideshow of the seniors from their freshman year through present day.



Back row, left to right, are Kristen Cali '23, Marie Baldwin '23, and Abby Cavlov '23. Front row, left to right, are Noelle Haskell '23, Shaelyn Auer '23, Danielle Piscitelli '23, Layla Libanan '23, Lianna Held '23, and Caitlin Fritz '23.

Congratulations to this year's graduates for their incredible contributions to IHA over the past four years! In addition to student recognition for clubs and honor societies, special recognition was given to the following members of the Student Council:

## Senior Members of the Student Council Executive Board

*President:* Erin Shepler '23

*Vice President:* Gracyn Pisa '23

*Cabinet Members:* Katherine Deane '23 and Lauren Grae '23

## Senior Class Officers

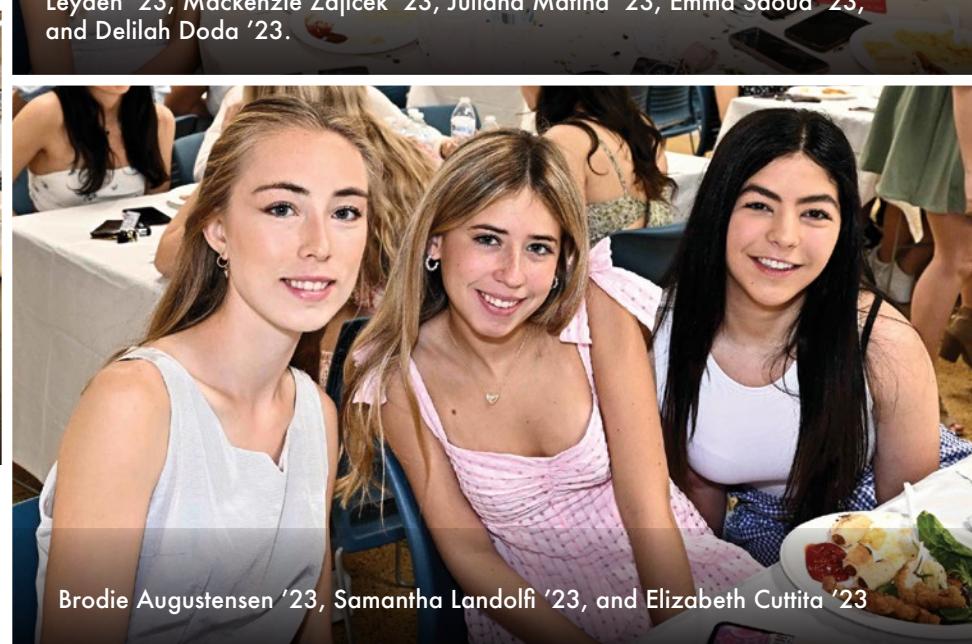
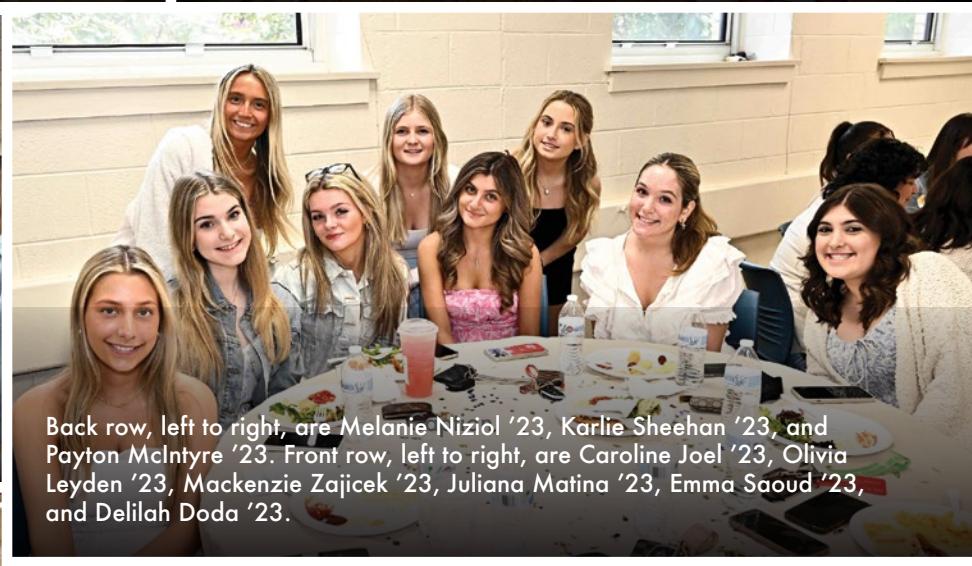
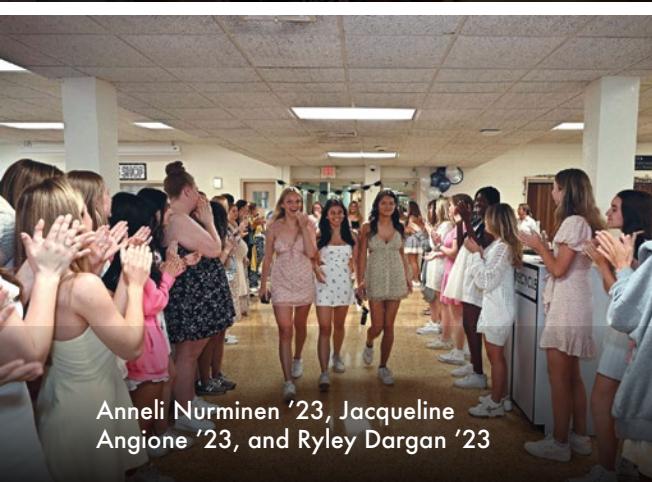
*President:* Meghan Minogue '23

*Vice President:* Arianna DeMarco '23

*Secretary:* Emma Hanlon '23

*Treasurer:* Kara Ignacio '23

*Cabinet Officers:* Olivia Morrison '23 and Elizabeth Cuttita '23



## Senior Class Homeroom Representatives

Megan Anderson '23  
Elizabeth Bolado '23  
Elizabeth Cuttita '23  
Charlotte Farcy '23  
Lauren Grae '23  
Brianna Hayes '23  
Maya Hickey '23  
Madison Klak '23  
Jessica Sundlin '23  
Margaux Yson '23



Norah Homa '23 is presented with a club award at the first of three graduation award ceremonies.



Meghan Minogue '23 receives recognition at the in-house awards ceremony.

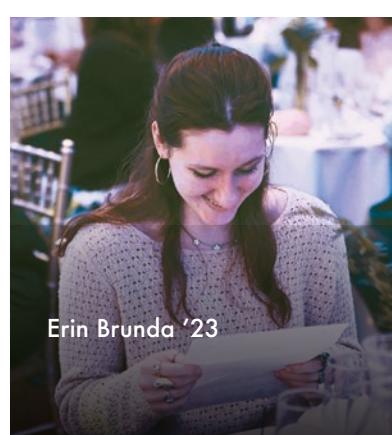
# Legacy Night

## A Parent and Student Retreat for the Class of 2023

Immaculate Heart Academy's Legacy Night, a highlight of Senior Week, is an exclusive opportunity for reflection, conversation, and intentional time together for seniors and their parents before graduation. IHA Campus Ministry hosted the retreat and banquet for the Class of 2023 on the evening of May 15, 2023.

Approximately ninety seniors and their parents joined together at Biagio's to celebrate and reflect on their time at IHA. Inspirational speakers included Mrs. Sarah Shutrop, director of formation; Miss Kerry Carroll '04, principal; and alumna, Sophie D'Souza '16.

The parent/daughter groups participated in thought-provoking guided discussions and the evening concluded with parents praying over their daughters, asking for God's guidance as they leave IHA and continue to use their gifts and talents to change the world. It was a beautiful occasion to celebrate sisterhood, family, and the soon-to-be graduates.





Amis Aguero P'23, Anaiis Aguero '23, and Cesar Agero P'23



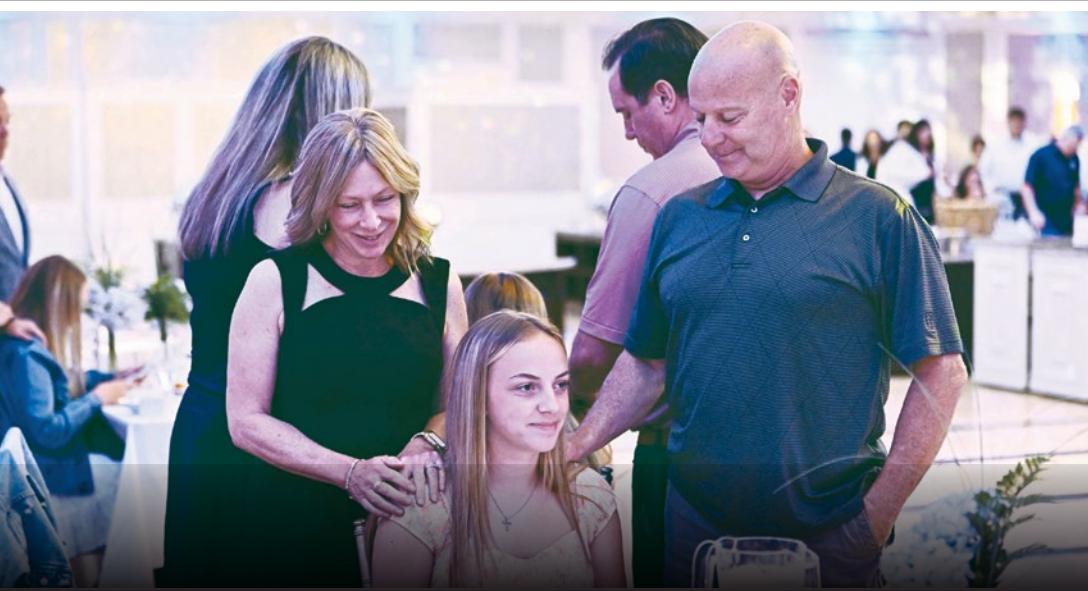
Ariana Chen '23, April Ramsey '23, and Jordan Allen '23



Cynthia Soto P'23, Mya Soto '23, and Marco Soto P'23



George McKay P'21, '23; Madison McKay '23; and Raelene Kunz McKay '94 P'21, '23



Doreen and Brian Ford P'23 pray over Lindsay Ford '23.

# NHS Quarter Three Awards Presented

IHA's National Honor Society presents awards each quarter to seniors representing the four pillars of the society: service, character, leadership, and scholarship. For the third quarter of the 2022-23 academic year, congratulations are extended to:

## SERVICE

**Layla Libanan '23:** Layla deserves to be recognized for her commitment to service and involvement at IHA. Not only does she perform academically, but she strives to be involved in the IHA community through her service. As a coordinator of music ministry for Christian Service Board, she uses her musical talents to bring joy to others. Her willingness to give back to the IHA community does not go unnoticed!

## CHARACTER

**Marie Baldwin '23:** Marie is an outgoing, hardworking, friendly person and a positive influence in the school community. She is involved at IHA through Mu Alpha Theta National Honor Society, Science National Honor Society, and Math League. She also contributes by being an Eagle Ambassador and Peer Mentor. Her positive attitude and excitement to learn encourages others to participate in class and extracurricular activities.

Layla Libanan '23, Marie Baldwin '23, Mary-Kathryn Sweeney '23, and Johanna Murphy '23

## LEADERSHIP

**Mary-Kathryn Sweeney '23:** Mary-Kate exemplifies all the qualities of a leader. Not only does she go above and beyond in every one of her classes, she is also a leader of many clubs. She is the president of both the Rho Kappa Social Studies Honor Society and the Irish Club, along with being the secretary of Christian Service Board and an Eagle Ambassador. Her willingness to step up and lead the community encourages others to get involved!

## SCHOLARSHIP

**Johanna Murphy '23:** Throughout her four years at IHA, Johanna has excelled both inside and outside the classroom. Not only is she committed to her studies, but she is also heavily involved in the IHA community. She is the *Accents* *co-editor-in-chief*, National Art Honor Society co-president, and Model U.N. vice president. She has also been involved in the orchestra, cross country, and track throughout her time at IHA. She is dedicated to her studies, which is evident through her participation in her many AP classes.



# Parent Volunteer Reception

We wrapped up the school year by saying thank you to our wonderful parent volunteers at a reception on May 31, 2023. The Development Office and administration showed special thanks to the outgoing senior parents, particularly IHA Parents' Club board members, Daniela Nizza P'23, Lana Randazzo P'23 (not pictured), Christine Adler Toohey '85 P'23, and Kim Joel P'23 (not pictured).

We are so very appreciative to all members of our Parents' Club board, Stacy DeMicco P'21, '24, '25, president; Madeline Rizzo Savas P'17, '24, second vice president; Aneta Szczepanek P'25, board member; and Sal Falletta P'24, board member.

Each of our parent volunteers has given his or her time, talent, and treasure to IHA, and for that we are incredibly grateful!



# Spring Arts Festival

Artists Showcase Talent and Molly Offer '06 Memorial Scholarship Award Presented



The Arts Department proudly presented this year's Spring Arts Festival on April 26, 2023. The evening began with an art show in the main lobby exhibiting work by students in Art I, Design, Art II, 3-D Art, 3-D Art II, Advanced Painting & Drawing, Advanced Painting & Drawing II, Honors Studio, and AP Studio Art.

The concert featured incredible performances by the IHA Orchestra and Voices, in addition to the presentation of graduation honor cords to the senior members of both the Tri-M Music Honor Society and the National Art Honor Society. As is tradition at the annual Spring Arts Festival, Miss Kerry Carroll '04, principal, presented the Mary Ellen "Molly" Offer '06 Memorial Scholarship Award during the concert. Congratulations to the 2023 recipient, **Ava Previzi '24**.

This award is presented in memory of Mary Ellen "Molly" Offer, a graduate of IHA's class of 2006 and the youngest of five sisters who are all IHA graduates. The memorial scholarship was established by her parents and sisters. It is the intention of the family that the award is presented

to a student who typifies the qualities they so loved in Molly: a student who loves theatre, art, and design; has a deep love for family; and is willing to share compassion, spiritual values, and love of life with everyone she meets.

This year's recipient, Ava, is the 2023-2024 Service Chair of the International Thespian Society. As an active member of the performing arts community, she has excelled onstage and off: in the spotlight as a radiant dancer in *Legally Blonde*, *All Shook Up*, and *Xanadu*; as well as behind the scenes, creating visionary costumes as a talented seamstress. Soft spoken and thoughtful, she was one of the top students in IHA's rigorous Music Theatre Studio class, with both extraordinarily detailed book work and mesmerizing, connected performances. Most importantly, Ava is generous, kind, and cares deeply for the wellbeing of her peers. She is an active member of the National Art Honor Society and will serve as an activities coordinator next year. She has also excelled in her Advanced Painting and Drawing class this semester. Like Molly, and true to the spirit of the award, she is always willing to lend a hand.



Miss Kerry Carroll '04, principal; Mrs. Irene Oujo P'24; Leila Previzi; Ava Previzi '24, the Molly Offer '06 Memorial Scholarship Award recipient; Ms. Taryn Tonelli '09, coordinator of the performing arts; and Mrs. Lisa Encke P'20, director of the arts



Thank you to the IHA administration, the Tri-M and NAHS Board members, and the Arts Department staff including Mrs. Lisa Encke P'20, director of the arts; Ms. Patrizia Tersigni P'14, art teacher; Ms. Taryn Tonelli '09, coordinator of the performing arts and choral music director, and Mr. Joseph Martorano P'09, orchestra director; and all of our artists and performing artists who shared their talent with the IHA community this spring!

# Class of 2025 Celebrates Sophomore Spirit Day



Sophomore Spirit Day for the Class of 2025 was held on May 24, 2023. The sophomores had a jam-packed day of fun planned by Miss Allison Oblen, theology teacher and sophomore class moderator, and the dedicated class officers. From Jeopardy! and Teacher Baby Picture Match to Capture the Flag, Relays, a Sing-Off to end the day, and more, the Class of 2025 showed its spirit all day long. Congratulations to the Green Team Pop for being named the day's winner!





# Class of 2023 College Signing Day

Immaculate Heart Academy celebrated National College Signing Day on May 1, 2023. Led by Mrs. Melissa O'Sullivan, director of college counseling, and Mrs. Corinne Fritzky, college counselor, a memorable day was planned for our college-bound seniors.

Members of the Class of 2023 sported their college gear and kicked off the day with a final class photo. During locker break, the College Counseling Department surprised the seniors with donuts, and at lunch, the soon-to-be graduates signed a College Bound canvas with their names and attending colleges. Thank you to Mrs. Lisa Encke P'20, director of the arts, and NAHS students who created the canvas! At the end of their lunch period, seniors had the opportunity to pose with the Signing Day 2023 sign on IHA's front lawn. It was a great day celebrating the Class of 2023 college decisions.

Keep soaring, Blue Eagles!



Madison McKay '23, Elizabeth Panayiotarakos '23, and Juliana Matina '23



Faith Dalessandro '23 and Jessica Sundlin '23



Olivia Morrison '23, Christina-Ann Augustin '23, Olivia Dabal '23, and Johanna Murphy '23



# Recognizing The Record Female Athletes of the Week

This spring, Miss Kerry Carroll '04, principal, and Mr. Steve Ferro, director of athletics, recognized three gifted IHA athletes who have each been named during the 2022-23 school year as *The Record* Female Athletes of the Week. The Blue Eagle athletes were presented with a citation from the county on May 10, 2023. Congratulations to Alexandra Barry '24 for soccer, Leanna Johnston '23 for track & field, and Isabella Asencio '23 for basketball.



Alexandra Barry '24



Leanna Johnston '23



Isabella Asencio '23

## SPOTLIGHT ON IHA SCHOLARSHIPS

### THE JAMES H. POLLARD MEMORIAL SCHOLARSHIP

The James H. Pollard Memorial Scholarship was established in 2022 and is awarded to an incoming freshman at IHA in memory of James Pollard, the late father of Samantha Pollard Podolak '07 and Rachel Pollard '14.

James loved the IHA spirit; it was one of his proudest accomplishments in life to be able to send his daughters to such a special place that helped shape them into the women they are today. The James H. Pollard Memorial Scholarship aids families who are committed to Catholic education.

## OUR GREATEST NEED

As we embark on the 2023-24 school year, our greatest need to date continues to be scholarship and financial aid for our current and prospective students. A gift to Immaculate Heart Academy's Scholarship Fund directly supports the immediate financial needs of incoming students who otherwise may not be able to attend IHA.

FOR MORE INFORMATION ON DONATIONS TO OUR SCHOLARSHIP FUND, PLEASE REACH OUT TO SARAH HILL FRASURE '07, DIRECTOR OF DEVELOPMENT, AT [SFRASURE@IHANJ.COM](mailto:SFRASURE@IHANJ.COM).



Please scan the QR code or visit [ihanj.com](http://ihanj.com) to make your gift today.



# End-of-the-Year Luncheon and Retirement Celebration

## New Staff Announced

The faculty and staff ended the school year with a special reception on June 13, 2023 at Biagio's. We were thrilled to recognize faculty members celebrating milestone work anniversaries, in addition to our outstanding retirees. Congratulations to:

### 10 Years

Christine Cabrera Capizzi '89 P'25

Kerry Carroll '04

Kathleen Walsh DeRosa '84 P'18, '19

Sarah Shutrop

Maureen Layng

Matthew Sartori

### 20 Years

Jennifer Bednarek

Gerianne Braden

Ellen Donoghue '76

Berta Roldan P'14

### 35 Years

Miguel Bravo



Mrs. Alice Nudelman

At the end of the 2022-23 academic year, we said goodbye to four teachers who have dedicated so much time, love, and energy to their IHA family. We send our most heartfelt well wishes to **Mrs. Susan Adamo**, science teacher, who has worked at IHA for twenty-five years; **Mrs. Alice Nudelman**, information management specialist and engineering teacher, who has been full time at IHA for nineteen years; **Mr. John Millard**, mathematics teacher, who has worked at Immaculate Heart for twenty-four years; and **Mrs. Martha LoBianco P'15**, world language teacher, who has spent five years at IHA.

Congratulations on your retirements and thank you for the many years each one of you has devoted to Immaculate Heart Academy!

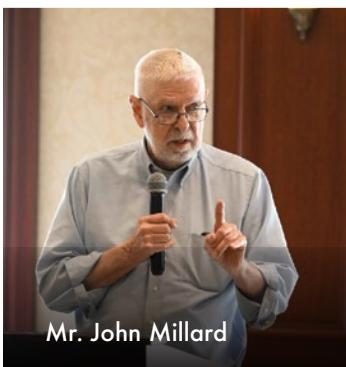
Four IHA Consultative Board members have also completed three consecutive terms and cycled off at the end of this academic year. Thank you to **Valerie Gradel Keenan '76 P'14**, Board president; **Denyse Coyle Galda '71 P'09**; **Laura Coti Garrett '75**; and **Chris Sperber P'13** for your years of service to IHA!



Mrs. Helen DeMartini P'21, '23; Mrs. Theresa Seymour Dolan'95 P'26;  
Mrs. Lauren Tereshko, Mrs. Alice Nudelman, Mrs. Susan Adamo; Dr. Erika Brennan;  
Mr. Steve Opremcak; Mrs. Angela Holuba Roberts '05; and Mr. Gary Trotter



Denyse Coyle Galda '71 P'09;  
Mr. Jason Schlereth P'27, president;  
and Valerie Gradel Keenan '76 P'14



Mr. John Millard



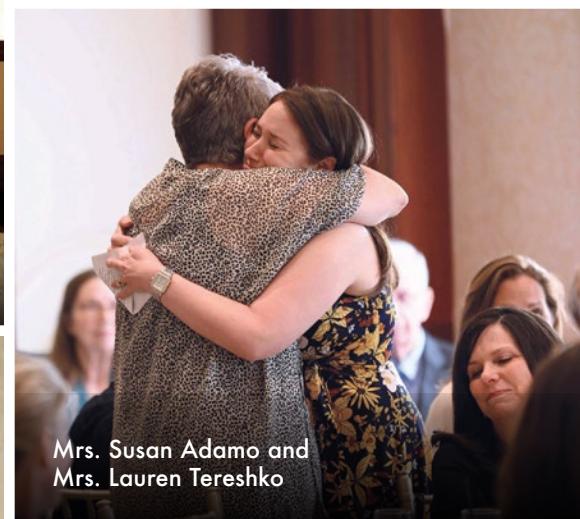
The four retirees, Mrs. Susan Adamo, Mr. John Millard, Mrs. Martha LoBianco P'15, and Mrs. Alice Nudelman



As we enter the 2023-24 academic year, we are thrilled to welcome staff members, Brian Niland P'14 as our director of school safety and operations, Angel Villalongo as technology coordinator, Stephanie Foti as coordinator of special events, Kearsten Powers as athletic trainer, and Lisa Castelluber '04 as assistant principal of academics. We also welcome to our faculty Claire Burke in the Mathematics Department; Beverly



Mr. Jason Schlereth P'27, president,  
recognizes Mr. Miguel Bravo for  
thirty-five years at IHA!



Mrs. Susan Adamo and  
Mrs. Lauren Tereshko

Cardino, Ana Sullivan, and Carolina Santamaria P'06, '09, '14 to our World Language Department; Ana Sullivan also to our Art Department; Regina Garvey '19 to the Science Department; Annie Cerjak as an Echo Apprentice, and Emily Ash '19, both to the Theology Department; David Lee as our new media support specialist; and Elizabeth Scully '15 as our coordinator for the performing arts. We look forward to another spectacular year of teaching, mentoring, and guiding the amazing young women at the heart.

# SCENE | Around IHA



Our Spring Open House proved to be a great opportunity for families interested in Immaculate Heart Academy to learn more about our great school. Thank you to our Eagle Ambassadors for giving our visitors insightful and informational tours, and all of our faculty, staff, parent, and student volunteers who dedicated their time to showing perspective families why they should make their home at the heart.



In celebration of Endangered Species Day on May 19, Mrs. Angela Holuba Roberts '05 AP Biology students put their creativity to work as they composed submissions for the Endangered Species Coalition's Third Annual Endangered Species Chalk Art event. The AP Bio students were in their final academic unit on Conservation Biology and Global Change and excited to feature a threatened or endangered species of their choosing in chalk art to celebrate its beauty and to raise awareness for these organisms that are threatened with extinction. AP Biology students include Samantha McGee '24 (Siberian Tiger), Samantha Andersen '24 - Green Turtle, Alexandra Barry '24 - Orangutan, Alexandra Kucharz '24 - African Wild Dog, Ellie Kim '24 - Saola, Caitlin Carr '24 - Black Rhino, Meaghan Keating '24 - Galapagos Penguin (pictured), Lindsay Probst '24 - Hector's Dolphin, Madyson Ayers '24 - Chimpanzee, Karina Folwarski '24 - Snow Leopard, and Angelina Parrino '24 - Cross River Gorilla.



Members of the Class of 2025 joined together for their Sophomore Class Retreat on April 24, 2023. The day included a Sisterhood Breakfast, Sophomore Class Trivia, a reflection on "Finding Joy," a thank you note activity, and concluded with a class-wide Mass.

Club Être founder and author of *The Epic Mentor Guide*, Illana Raia, met with sophomores and juniors of the IHA chapter, led by moderator, Mrs. Christine Cabrera Capizzi '89 P'25. Mrs. Raia and her daughter, Sophia, shared tips and insights on mentoring, internships, and college planning. Club Être's vast network of female role models across a multitude of interests provides students with the support and connections to nurture and follow their dreams. The interactive discussion provided students with actionable tools and access to internship and mentoring opportunities. Mrs. Raia concluded the meeting by signing copies of *The Epic Mentor Guide*, which features insider advice for girls from one hundred eighty women across various fields and disciplines.



As was previously announced, Mrs. Sarah Shutrop, IHA director of formation, was hired by Ascension Press as the sole author of two new book series in its Sacramental Prep program. The two series, *Renewed – Your Journey to First Reconciliation* and *Received – Your Journey to First Communion*, launched in June 2023! Mrs. Shutrop wrote the student workbooks in addition to both the leader and parent guides.

The Freshman Class Retreat on May 23 proved to once again be a wonderful day for the members of our Class of 2026. Hosted by IHA Campus Ministry, the day consisted of a bagel breakfast and Freshman Class Trivia, followed by "A Year in Review" discussion and a "Who Do My Sisters Say that I am?" banner activity. The day ended with a class-wide Mass and ice cream party outside.



At the conclusion of the End-of-the-Year Liturgy, the 2023 AAA Northeast Driver Education Student of the Year was announced. Natalie Deegan '24, last year's winner, and Mrs. Terry Skjold P'11, driver education teacher and Physical Education Department chairperson, presented the 2023 award to Olivia Nini '25. Natalie stated that Olivia was always prepared for Driver Education class and able to answer questions that challenged her classmates. Olivia earned perfect scores on her final three assessments, including the state exam. An active member of the Traffic Safety Squad (TSS), she became the voice of TSS when she narrated the school's You Got Brains final project video. Congratulations, Olivia, on being named the AAA Northeast Driver Education Student of the Year!



Our Advanced Painting and Drawing students completed portraits for children in Nigeria through the Memory Project organization. Memory Project invites art teachers and their students to create portraits for youth around the world who have faced substantial challenges, such as neglect, abuse, loss of parents, and extreme poverty. The intent of the portraits is to help the children feel valued and important, to know that many people care about their well-being, and to act as meaningful pieces of personal history in the future. For art students who participate, the project is intended to be an opportunity to creatively practice kindness and global awareness. Last semester, students in Mrs. Lisa Encke's P'20 Advanced Painting and Drawing course completed portraits for children in Nigeria and those portraits were delivered in March.



On the afternoon of June 2, 2023, Ms. Ellen Donoghue '76, guidance counselor and founder/moderator of IHA's therapy dog program, hosted a (human-only) gratitude luncheon for the handlers who have spread joy at IHA with their beloved furry friends this year. Thank you to Miss Kerry Carroll '04, principal, and Kiera Stevenson '24 for presenting gratitude certificates to the handlers. The program has proven to be a great success at Immaculate Heart, giving students and staff the opportunity to visit with the dogs monthly during lunch periods to encourage stress and anxiety relief. Thank you to the therapy dog organizations including Bright and Beautiful and Alliance of Therapy Dogs, and the many handlers and dogs who have dedicated their time and love to the IHA community. Pictured are Miss Carroll '04, Pat Coleman, Kiera Stevenson '24, and Ms. Donoghue '76.



Members of the incoming class of Class of 2027 joined together at the heart for an Ice Cream Social on May 31! Our newest IHA sisters enjoyed ice breakers, a sweet treat, and trivia for chances to win some awesome IHA swag. Thank you to Mrs. Maureen Layng, assistant principal for academics and Eagle Ambassadors moderator; Ms. Lauren Rhein '09, director of admissions; and our amazing Eagle Ambassadors for hosting the fun event. Pictured are real-life sisters, Ella Heinemann '27 and Madeline Heinemann '24.

# Class of 2023 Senior BBQ

**O**n May 15, 2023, IHA seniors attended graduation practice, had fun playing a few field games with their classmates, and enjoyed the Senior BBQ, catered by The Market Basket, to kick off 2023 Senior Week!



Members of the Class of 2023 had a blast at their Senior BBQ.



Madison McKay '23 and Elizabeth Panayiotarakos '23



Francesca Russo '23, Layla Salaheldin '23, Madison Klak '23, Kate Menake '23, Layla Libanan '23, Ariana Chen '23, April Ramsey '23, and Olivia Seitter '23



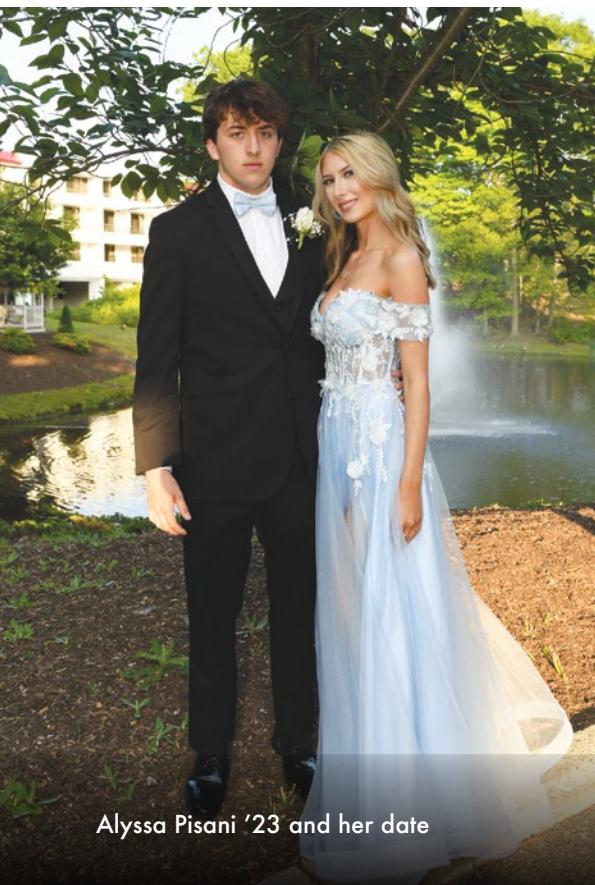
Abby Cavlov '23



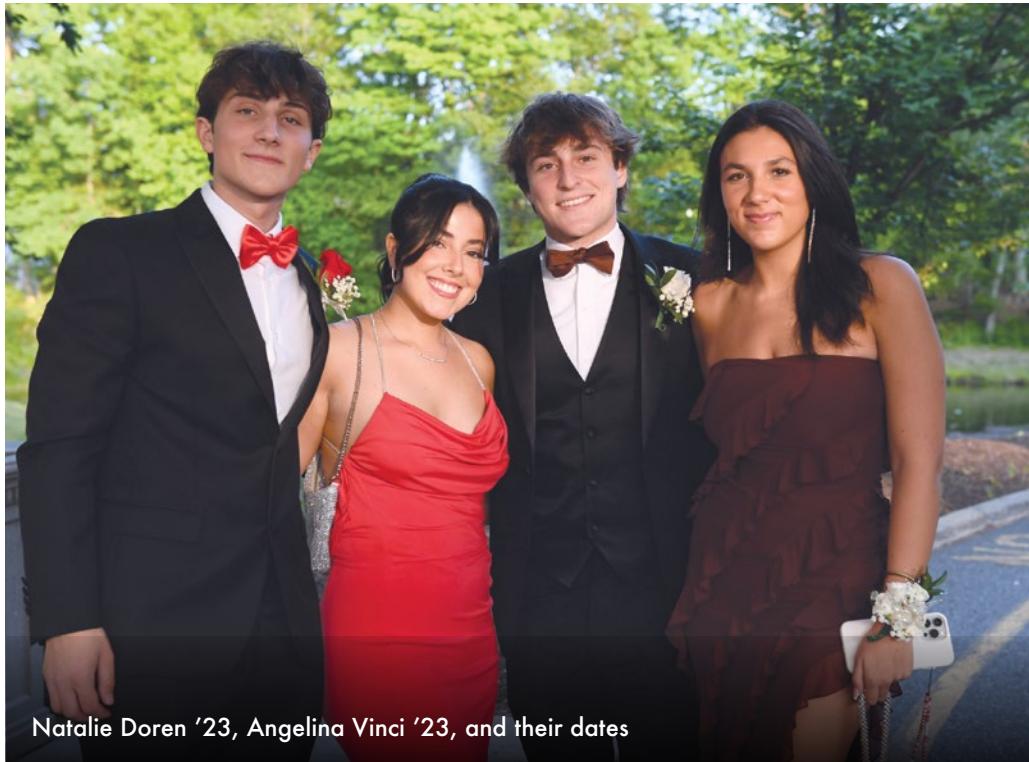
Ryley Dargan '23, Jacqueline Angione '23, and Anneli Nurminen '23

# Senior Prom 2023

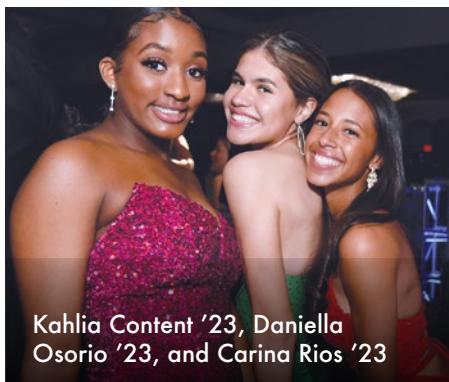
Members of the Class of 2023 gathered for the final time before Graduation Weekend at their Senior Prom on May 19. Thank you to Mrs. Liz Kearns P'05, '08, '11, senior class moderator; the IHA administration; faculty chaperones; the Park Ridge Marriott; Party King Entertainment; and Heights Flower Shop for making the beautiful evening a reality for our senior class!



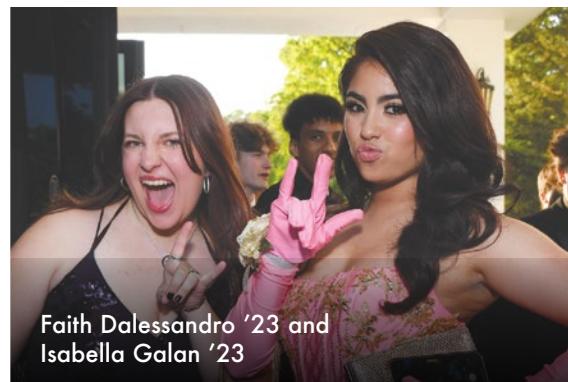
Alyssa Pisani '23 and her date



Natalie Doren '23, Angelina Vinci '23, and their dates



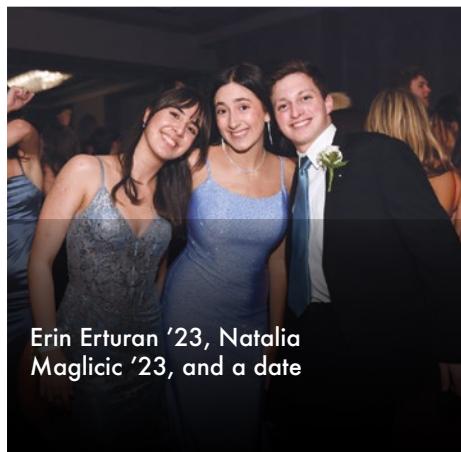
Kahlia Content '23, Daniella Osorio '23, and Carina Rios '23



Faith Dalessandro '23 and Isabella Galan '23



Back row, left to right, are Karlie Sheehan '23 and Payton McIntyre '23. Front row, left to right, are Ryley Dargan '23, Delilah Doda '23, Anneli Nurminen '23, and Jacqueline Angione '23.



Erin Erturan '23, Natalia Maglicic '23, and a date



# Spring Sports Signing

Congratulations to five Immaculate Heart Academy Blue Eagle senior athletes who officially signed to their colleges and universities on the afternoon of May 9, 2023. From left to right in the group photo are Julia DeVirgilio '23 (Indiana University, Bloomington – Dance), Noelle Haskell '23 (Williams College – Soccer), Anabella Martino '23 (Lynn University – Softball), Lauren Dunnigan '23 (Franklin & Marshall College – Track & Field), and Olivia Tacconi '23 (Salve Regina University – Soccer and Track & Field). The seniors were joined by family; friends; coaches; IHA athletic director, Mr. Steve Ferro; and additional Immaculate Heart Academy faculty, staff members, and administrators in celebration of their great accomplishments!



Mr. Paul McGinnis, guidance counselor, and Mr. Steve Ferro, athletic director



Joseph Martino P'08, '21, '23; Anabella Martino '23; and Linda LaVoie-Martino '87 P'08, '21, '23



Dino DeVirgilio P'23, '25; Julia DeVirgilio '23; and Gena Caputo DeVirgilio '94 P'23, '25



Coaches and members of the Track & Field team support their signing seniors.

# SPORTS REPORT

Spring 2023



Lauren Dunnigan '23



2023 Spring Track & Field Team

## SPRING TRACK & FIELD

The IHA Spring Track & Field team had one of its finest seasons in history, culminating in an undefeated dual meet record of 3-0 and winning the League Championship, County Relay, County Group, and State Sectional Championships for the third year in a row. The season produced eight school records and numerous top 10 performances in the annals of school history. Leanna Johnston '23 broke the school record in the 1500 meters and was the County Relays outstanding performer for the second consecutive year. Abigail Romero '24 broke the school record in the long and triple jump and won the Bergen Meet of Champions triple jump. Olivia Tacconi '23, Abigail Romero '24, Lauren Dunnigan '23, and Sophia Ditchfield-Agboh '24 broke the school record in the 4 x 100 relay, posting the sixth fastest time in Bergen County history. Julia Sobilo '25 broke a twelve-year school record in the discus and placed fifth at the state Meet of Champions and Evelyn Roman '25 placed third in the rising stars javelin at the New Balance Nationals. IHA finished this season as the number 1 ranked team in North Jersey!



Grace Kelleher '23



**Big North All-League Honors**

**First-Team**  
Lauren Dunnigan '23, Leanna Johnston '23, Carina Rios '23, Casey Roberts '23, Abigail Romero '23, Olivia Tacconi '23, Samantha Raia '24, Evelyn Roman '25, Julia Sobilo '25, and Anna Lynch '26

**Second-Team**  
Catherine Goldstein '23, Meaghan Keating '24, Kate Shepler '24, Sophia Ditchfield-Agboh '24, Sophie Morales '24, Elizabeth Burgess '25, Paige Burgess '25, and Arden McLaughlin '25

**Honorable Mention**  
Grace Coughlin '23

**Coach of the Year**  
Matt Joyce

**BCWCA All-County Honors**

**First-Team**  
Leanna Johnston '23, Carina Rios '23, and Abigail Romero '24



**Second-Team**  
Lauren Dunnigan '23, Olivia Tacconi '23, Sophia Ditchfield-Agboh '24, and Abigail Romero '24

**northjersey.com All-North Jersey Honors**

**Second-Team**  
Leanna Johnston '23 and Abigail Romero '24

**NJ.com All-Non-Public Honors**

**First-Team**  
Carina Rios '23 and Julia Sobilo '25

**Second-Team**  
Lauren Dunnigan '23, Leanna Johnston '23, and Abigail Romero '24

**Third-Team**  
Lauren Dunnigan '23, Casey Roberts '23, Olivia Tacconi '23, Sophia Ditchfield-Agboh '24, Abigail Romero '24, and Evelyn Roman '25

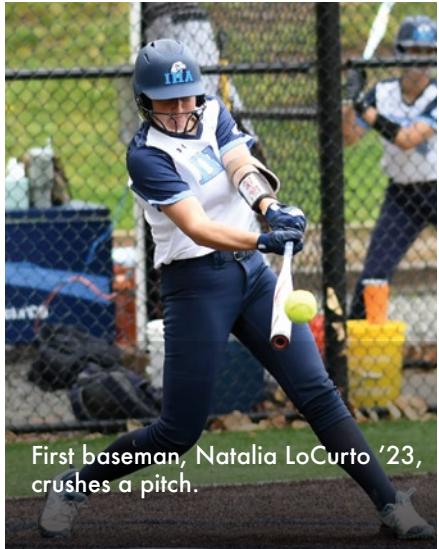
Catherine Goldstein '23



2023 Varsity Softball Team

## SOFTBALL

Immaculate Heart Academy Varsity Softball finished the season 25-5, winning both the league and its second Bergen County Championship in two years. The team lost a hard-fought battle against Mount St. Dominic in the state sectional final to end the season. IHA outscored opponents 242 to 43 and the team's offense had thirty home runs on the season, with ten triples and sixty doubles. The IHA pitching staff had only twenty-five earned runs on the season, with an ERA of 0.92 and fifteen shutouts. A notable feat, Gabriella Shadék '25 broke the single season home run record with fifteen.



First baseman, Natalia LoCurto '23, crushes a pitch.

### Big North All-League Honors

#### First-Team

Natalia LoCurto '23, Noelle Urbaniak '23, Arianna Barrett '24, Gianna DiMeglio '24, Gianna Muliero '25, and Gabriella Shadék '25

#### Second-Team

Chelsea Lapp '23, Sophia Noriega '23, Katelyn Mikros '25, and Sofia Valente '25

#### Honorable Mention

Anabella Martino '23 and Natalie Bonsignore '26

### Big North Player of the Year

Gabriella Shadék '25

### Big North Team of the Year

### BCWCA All-County Honors

#### First-Team

Noelle Urbaniak '23, Arianna Barrett '24, and Gabriella Shadék '25

#### Second-Team

Gianna DiMeglio '24 and Gianna Muliero '25

#### Third-Team

Natalia LoCurto '23

### NJ.com All-State Honors

#### First-Team

Gabriella Shadék '25

### NJ.com All-Non-Public Honors

#### First-Team

Gabriella Shadék '25

#### Third-Team

Arianna Barrett '24 and Gianna DiMeglio '24

### NFCA All-Region Honors

#### First-Team

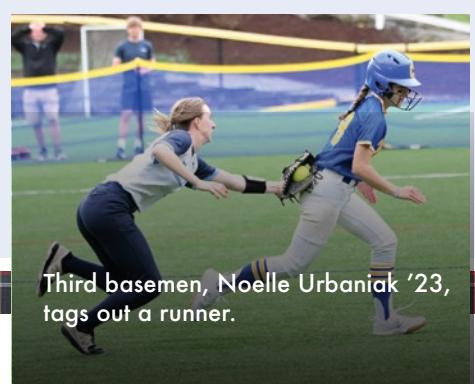
Gabriella Shadék '25

#### Second-Team

Arianna Barrett '24

### New Jersey Super 36 Game Selection

Natalia LoCurto '23 and Noelle Urbaniak '23



Third basemen, Noelle Urbaniak '23, tags out a runner.



2023 Varsity Lacrosse Team

## LACROSSE

IHA Varsity Lacrosse had an exciting year with some great wins over top-ranked teams, ending the season with a 9-10 record. Boasting a redemption victory over Trinity Hall in the quarterfinals and a dominating win over Mountain Lakes, IHA Softball was ranked third in Bergen County and fourth in Non-Public Group A. The J.V. team secured a regular season winning record of 6-5-1.



Maeve Sayre '23 tracks the ball for a save.

## GOLF

The IHA Golf team completed the season with an undefeated Big North Conference Central Division record of 10-0, and an overall regular season record of 11-1. The team earned a new low match score of 150, an average score of 37.5 per golfer, which broke the IHA low match score record by seven strokes! IHA Golf placed third at the Red Devil Invitational, Big North League Tournament, North State Sectional Tournament, and State Tournament of Champions, and second at the Bergen County Tournament. As a great end to an impressive season, the team was voted the Sportsmanship Team of the Year for the Big North Central Division. This honor is a testament to not only our golfers' skill, but also the genuineness, graciousness, and kindness they show their teammates, coaches, and competitors.

### Big North Conference Central Division All-League Honors

#### First-Team

Marisa Flores '24, Madisyn Falto '25, Skylar Lee '26, and Alana Flores '26

#### Second-Team

Isabella Del Bosco '25

#### Honorable Mention

Nicole Petrie '26

### BCWCA All-County Honors

#### First-Team

Marisa Flores '24 and Skylar Lee '26

#### Honorable Mention

Madisyn Falto '25 and Alana Flores '26

### NJ.com All-State Honors

#### Second-Team

Marisa Flores '24

### Stars and Stripes North All-League Honors

#### First-Team

Sophia Rowell '23 and Madeline Lively '25

#### Second-Team

Grace Cassin '23 and Alexandra Kucharz '24

#### Honorable Mention

Molly Casey '24

### BCWCA All-County Honors

#### First-Team

Grace Cassin '23, Sophia Rowell '23, and Madeline Lively '25

#### Second-Team

Alexandra Kucharz '24

### northjersey.com All-North Jersey Honors

#### First-Team

Madeline Lively '25

#### Second-Team

Grace Cassin '23 and Sophia Rowell '23

### NJ.com All-Non-Public Honors

#### Third-Team

Sophia Rowell '23, Molly Casey '24, and Madeline Lively '25



2023 Varsity Golf Team



# Summer 2023 Europe Trip

By Kiera Stevenson '24

While there are many unique aspects that make IHA special, one of the most thrilling is the once-in-a-lifetime summer trip to Europe. This amazing experience occurs at the end of June, leaving students with something extremely exciting to anticipate during the long weeks before and during finals. The locations change annually, and this year, the trip was to Athens, Greece and Rome, Italy. Each day was packed with exciting activities and extraordinary sights that immersed us right into the Greek and Roman cultures and provided an opportunity to see some of the oldest creations in history—all in the span of just nine days.

The action started immediately on the first day we touched down in Athens. The day began with a walk around the city and a tour of the Plaka, the oldest part of Athens known for its quaint shops and markets.

We also got a preview of what was to come the following day as the marvelous Parthenon could be seen from the plaza below. The city of Athens was incredible with its white buildings, fun music, and delicious local cuisine. On our second day, we toured one of the greatest ruins left behind by the Greeks and the one we had only seen from afar—the Parthenon. The former temple of Athena also provided magnificent views of the rest of the city. The day's activities were only beginning as we all took part in traditional Greek dance lessons and tasted authentic Greek olive oil. More than a few plates were smashed! During our last full day in Athens, we boarded a boat and cruised around the beautiful Greek islands of Aegina, Hydra, and Poros. Each island had its own individual character and offered plenty of places to swim in the inviting Mediterranean Sea. Soon it was time to say goodbye to the city of Athens, and we



IHA enjoyed a cruise to the three Greek Saronic Islands of Hydra (pictured), Aegina, and Poros.



The group took a Panathenaic Stadium Tour of Athens Olympic Stadium and Village.



The group took a tour called Acropolis of Athens: *The Glories of Ancient Greece*.



In downtown Athens, the IHA students enjoyed some shopping and gelato.

drove toward the town of Delphi where the Temple of Apollo and the Oracle used to reside. We took in the views once again as we hiked up to the ruins nestled in a mountain range and relived the story of the temple. We said our farewells to Greece on day five as we boarded a ferry for the night and sailed directly to Italy.

The ferry ride to Italy served as a bonding experience for us all as we shared close quarters; we finally arrived in Bari, Italy early in the morning. After we left the port, we traveled by bus to the Amalfi Coast to see the wondrous lost city of Pompeii. It was incredible to see the once heavily populated and innovative city completely frozen in time, perfectly preserved as the ash from the volcano Vesuvius covered it with its inhabitants trapped inside. Once we finished walking around the large city marveling at what ancient Roman life looked like in 79 A.D., we made our way to the town of Sorrento to visit a local farm. Here, we were given a live mozzarella-making demonstration and got to sample the delicious fresh cheeses and farm products. We then toured other areas of Sorrento and even got to try some of the famed lemons before departing the next day for Rome.

In Rome, the IHA group visited the center of Catholicism, the Vatican. We explored the Sistine Chapel and gazed up at the walls and ceiling to admire the masterpieces of Michelangelo and Raphael. We also received a sneak peek of what was to come as we saw workers setting up for the papal audience the next day in St. Peter's Square. Being in the presence

of the Pope himself was an experience like no other, truly a once-in-a-lifetime event. It was amazing to see him so close to where we were standing and to be a part of the thousands of other people present. We were truly blessed—both literally and figuratively—by His Holiness. The English translator announced that Immaculate Heart Academy was present that day, capping off a very special moment. We also got to see the inside of one of the largest churches in the world, St. Peter's Basilica. Later that same day, we toured one of the most recognizable structures, the Colosseum. The history behind the structure is awesome as well as saddening; I feel lucky that I was able to see an ancient stadium still standing in the present day. On the last day, we were able to see one last magnificent structure left behind by the Romans, the Trevi Fountain. According to tradition, if you throw a coin into the fountain, you're destined to return to Rome. I guess that means we all will be going back there someday! We finished off the final day with a tour of the Borghese Gallery to admire more sculptures and paintings created by incredibly talented Italian artists. Before we knew it, nine days had come and gone, and the trip came to a close.

This amazing trip provided us with opportunities to see so many fascinating sites and experience unique adventures out of the realm of our normal everyday lives. It also gave us the chance to become closer to our classmates and forge new friendships as we experienced the wonders of Greece and Italy together.



IHA visited Attiko Alsos Park for a Greek cultural evening of entertainment in a village setting. They watched dancers move to Greek music and an expert also taught the steps of traditional Greek dances for the girls to join in on the fun.



The group poses inside the Fontane di Piazza San Pietro (Vatican City) after being in the Holy Fathers' papal audience.



The Colosseum in Rome

# Senior Talent Show 2023



Emcees, Grace Coughlin '23 and Nadia Porta '23

The Class of 2023 sponsored the well-loved Senior Talent Show on the evening of Friday, April 28. Audience members enjoyed performances by staff and students from all grades and the senior class relished one of the last times they gathered as a class at the heart.

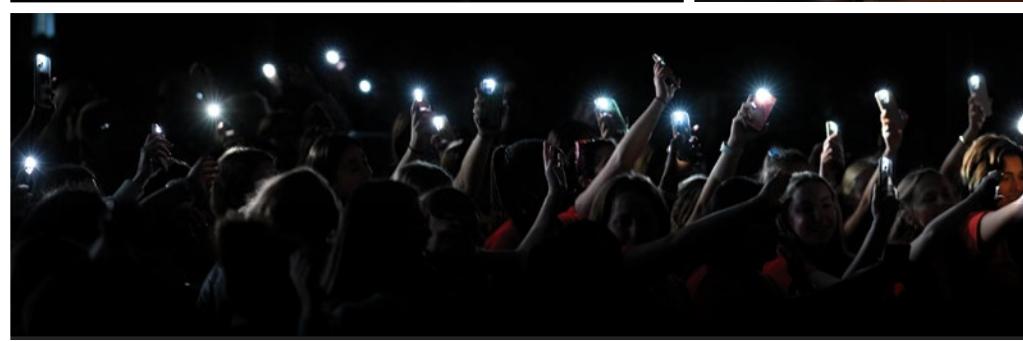
Thank you to Mrs. Liz Kearns P'05, '08, '11, senior class moderator; the senior class officers; and emcees, Nadia Porta '23 and Grace Coughlin '23, for hosting the show! And thank you to our spectacular performers: Layla Libanan '23 and Mr. John Millard, mathematics teacher; Gabrielle Rivera '26; Tara McCarthy '26 and Megan McCarthy '25; Angelica Cece '24; Kaitlyn DeMartini '23; Julia Arencibia '23 and Brianna Mullahey '23; Abby Cavlov '23 and Marie Baldwin '23; Lauren Grae '23; Kara Ignacio '23; Shaelyn Auer '23; Emily Keizer '24; Alyssa Pisani '23; Jessica Sundlin '23; Faith Dalessandro '23, and Samantha Sundlin '26; Mr. George Hotz, director of technology; and the Class of 2023 for performing the senior skit.



Julia Arencibia '23 and Brianna Mullahey '23



Shaelyn Auer '23



Samantha Sundlin '26, Jessica Sundlin '23, and Faith Dalessandro '23



Layla Libanan '23 and Mr. John Millard



Tara McCarthy '26 and Megan McCarthy '25

# Third and Fourth Quarter Soaring Eagle Award Recipients

IHA Soaring Eagle Awards are presented quarterly to students who demonstrate excellence and work to the best of their ability in a particular subject area. Award recipients are more than students with an impressive GPA; they are students who have distinguished themselves by embodying the ideals of

an IHA education. They are enthusiastic, compassionate, creative, and intelligent young women dedicated to personal and academic growth.

2023 Quarter Three Soaring Eagle Award recipients celebrated their achievement with their families, nominating teachers,

and the IHA administration at a special reception held on April 19, 2023 in IHA's Information Commons. Quarter Four Soaring Eagle Award recipients celebrated on June 1, 2023. Miss Kerry Carroll '04, principal, presented Soaring Eagle Awards to the following students:

**Right:** Standing, left to right, are Quarter Three recipients, Alison Morris '25 (Mathematics – Mr. Greg McDonald), Michaela DeCastro '24 (English – Ms. Jessica Whelan '13), Maggie Polchin '25 (Technology – Mrs. Theresa Seymour Dolan '95 P'26), Katherine Spizzo '25 (Communications – Ms. Jessi Shaheen), Isabella Duca '26 (Physical Education – Ms. Jennifer Bednarek), Roisin McLaughlin '26 (World Language – Mrs. Martha LoBianco P'15), and Maria Byrnes '23 (Art – Ms. Patrizia Tersigni P'14). Seated, left to right, are Kathleen Scibica '25 (Theology – Ms. Heather Christman), Brookelyn Talmadge '23 (Science – Mrs. Sue Adamo), and Shaelyn Auer '23 (Social Studies – Mr. Ian Elfers).



**Right:** Standing, left to right, are Quarter Four recipients, Amelia Meade '25 (Art – Ms. Patrizia Tersigni P'14), Lana Langevin '25 (Communications – Ms. Taryn Tonelli '09), Julia Sobilo '25 (Science – Mr. Gary Trotter), Riley Grieco '24 (Social Studies – Mr. Ian Elfers), Dahlia Iuliano '26 (Theology – Mrs. Jackie Kruk), Grayson White '26 (Mathematics – Ms. Kate Ross), and Brielle Bakker '26 (English – Mrs. Emily Fernandez). Seated, left to right, are Reese Polakowski '25 (World Language – Mrs. Maria Daly-Valls), Gabrielle Rivera '26 (Technology – Mrs. Alice Nudelman), and Lily Schwedhelm '24 (Physical Education – Mr. John Downey).



# Service Awards

## Service-minded IHA Students Recognized

**A**t our Service Awards Assembly on May 10, 2023, Immaculate Heart Academy recognized and celebrated those students who continued to serve in substantial ways over the last year.

Service at Immaculate Heart isn't just something that is required; it is a central part of who we are. Over the last year, our students served a total of more than twenty-eight thousand hours, which is a ten percent increase over last year. On average, IHA's young women serve double the number of hours required of them. The highest achieving class in the 2022-23 academic year is the Class of 2024, with a total of 10,683 hours, 3.25X the amount required of them. Additionally, IHA students have accumulated a total of eight hundred twenty-three President's Volunteer Service Awards, with eighty-three this year alone.

Miss Kerry Carroll '04, principal, welcomed the community to the 2023 Service Awards, reiterating the importance of service and our Catholic faith. "It is clear that the Catholic faith requires action, and that there is a true joy to be found in serving others," she said. "This idea might easily be dismissed, but I have yet to meet a student here who doesn't light up when asked to describe her service experience.



Gold President's Volunteer Service Award recipients

Despite your busy days, your challenging courses, your artistic endeavors, or your athletic commitments, you absolutely model the services and opportunity to grow in your faith and spread your love."

The President's Volunteer Service Award was founded in 2003 by the United States President's Council on Service and Civic Participation to recognize the important role of volunteers in America's strength and national identity. This award honors individuals whose service positively impacts communities in every corner of the nation and inspires those around them

to take action too. We honored fifty-four students for achieving the **President's Volunteer Service Award** at the Bronze level (100-174 hours per year), eighteen at the Silver level (175-249 hours per year), and eleven at the Gold level (250 and more hours per year). Recipients received a pin, and a certificate signed by the President of the United States. Big congratulations to the top service hour earner, **Ellie May White '24**, who earned six hundred thirty-two total hours in the last year.



Silver President's Volunteer Service Award recipients



Bronze President's Volunteer Service Award recipients

Below is the listing of all President's Volunteer Service Award recipients:

## GOLD

Madison McKay '23  
 Summer Ann Van Wyckhouse '24  
 Emily Magee '24  
 Abigail Hoffman '24  
 Samantha Raia '24  
 Eileen Wynne '24  
 Catherine Goldstein '23  
 Gracyn Pisa '23  
 Marisa Arone '23 (398 hours)  
 Ariana Chen '23 (524 hours)  
 Ellie May White '24 (632 hours)

## SILVER

Carson Bielen '24  
 Hannah Hart '24  
 Allison Lynch '23  
 Ella Crane '24  
 Melanie Niziol '23  
 Adrianna Uykan '24  
 Jillian McCoy '24  
 Orietta Pisciotta '25  
 Emily Jamroz '23  
 Kaitlyn LeSuer '24  
 Payton McIntyre '23  
 Caroline Joel '23  
 Tara Caputo '26  
 Isabella Ragone '26  
 Rachel Lyons '24  
 Hannah Sengul '24  
 Ava Previzi '24  
 Keira DeMicco '25

## BRONZE

Darcy Moore '24  
 Isabella Pizzi '24  
 Sydney Schoen '24  
 Lily Schwedhelm '24  
 Rose Marie Shamoon '24  
 Kiera Stevenson '24  
 Olivia Toohey '23  
 Milana Indyk '24  
 Kristen Cali '23  
 Casey Urban '24  
 Karina Folwarski '24  
 Mary-Kathryn Sweeney '23  
 Gianna Sinocchi '24  
 Anna Gallucci '24  
 Ellie Kim '24  
 Lana Langevin '25  
 Megan Anderson '23  
 Natalie Deegan '24  
 Julianna Gruber '24

Dylann Kammen '25  
 Samantha Roberts '24  
 Avery Connors '25  
 Emerson Focht '25  
 Lauren Hroncich '24  
 Alia Ureta '24  
 Sydney Kearney '24  
 Victoria DelJuidice '25  
 Meghan Minogue '23  
 Gianna DiMeglio '24  
 Cassandra George '24  
 Johanna Murphy '23  
 Madison Venditti '25  
 Mina Cocca '24  
 Ryley Dargan '23  
 Kaitlyn Klaus '24  
 Sophie Morales '24  
 Michaela DeCastro '24  
 Angelina Fowler '24  
 Olivia Battifarano '24



Leslie Hille Simpson '78 and Serena Bocchino '78 present the Kathy Krey Sova '78 Breast Cancer Awareness & Research Award to Grace Coughlin '23, Kahlia Content '23, Brookelyn Talmadge '23, and Alexa Grigaliunas '23



Andie Guanci '24; Miss Kerry Carroll '04, principal; and Hannah Sengul '24



Madison McKay '23, the Servant Leadership Award recipient, and Miss Kerry Carroll '04, principal



Kahlia Content '23 and Sharon Content P'23

Samantha Landolfi '23  
 Alexa Harding '25  
 Kathleen Reck '25  
 Sofia Giannella '24  
 Charlotte Farcy '23  
 Jessica Sundlin '23  
 Livia Iuliano '24  
 Casey Roberts '23  
 Antonina Randazzo '23  
 Whitney Murray '26  
 Isabella Galan '23  
 Madyson Ayers '24  
 Claire Donohoe '24  
 Lola Rose Projahn '25  
 Judith Mathew '23

During the Service Awards Assembly, Madison McKay '23, Christian Service Board service president, reflected on her journey at Immaculate Heart and what the Service Awards truly mean. "Today, we celebrate a culture of young women

that have the gifts, talents, presence, grace, and, most importantly, the opportunity to change someone else's life," she said. "The Service Awards are not about seeing who gets the most certificates, but about celebrating a community when 'loving the other' is the center point, where we are encouraged not just to be great students, great athletes, and great leaders, but humble servants who encounter the issues, problems, and sufferings in the world and seek solutions."



Miss Kerry Carroll '04, principal and Hannah Hart '24



George and Raelene Kunz McKay '94 P'21, '23; Madison McKay '23; Kaylee McKay '21; and Yolanda and Raymond Kunz P'92, '94, GP'21, '23



Sophie Morales '24, Darcy Moore '24, Samantha Raia '24, Madison McKay '23, Mrs. Sarah Shutrop, Hannah Hart '24, Marisa Arone '24, Jessica Sundlin '23, and Mary-Kathryn Sweeney '23

Congratulations are extended to the following students who were recognized with awards for service in a particular area or with specific populations.

**Kathy Krey Sova '78 Breast Cancer Awareness & Research Award,**  
presented by her IHA classmates and friends, Serena Bocchino '78 and Leslie Hille Simpson '78  
Kahlia Content '23, Grace Coughlin '23, Alexa Grigaliunas '23, and Brookelyn Talmadge '23

**IHA Award for Exceptional Service to their Parish Community**

Isabella Rossi '23 and Carly FitzSimons '23

**IHA Award for Exceptional Service to Individuals with Special Needs**  
Sydney Kearney '24

**IHA Award for Exceptional Service to the Poor**

Amanda Guanci '24 and Hannah Sengul '24

**IHA Award for Exceptional Service to the Homeless**

Madison McKay '23, Samantha Raia '24, Jessica Sundlin '23, and Mary-Kathryn Sweeney '23

**IHA Award for Innovative Service**  
Cassandra George '24

**IHA Award for Exceptional Service to the Local Community**

Hannah Hart '24

**IHA Award for Exceptional Service to the IHA Community**

Carolyn Sandt '23

**IHA Spirit of Sisterhood Award for Kindness and Inclusivity**

Brooke Rodriguez '25 and April Ramsey '23

**Lynn Gansley Memorial Service Award**

Sophia Rowell '23

The **Spirit of Service Award** is presented annually to one or two students per grade who demonstrates a dedication to helping others that is core to who she is as a person. Congratulations to this year's recipients:

**Class of 2026** - Tara Caputo '26 and Zoe DePhillips '26

**Class of 2025** - Kathleen Reck '25 and Emma McElroy '25

**Class of 2024** - Marisa Arone '24 and Samantha Raia '24

**Class of 2023** - Kristen Cali '23 and Jessica Sundlin '23

The Servant Leadership Award, the largest service award given at IHA, is presented annually to a senior whose commitment to service has transformed the culture of IHA. Past winners include Riley Ypelaar '22, Kaylee McKay '21, Elizabeth Encke '20, Elizabeth Croci '20, Victoria Bertussi '19, Regina Garvey '19, Emily Ash '19, Tess Szydlik '18, and Isabella Somera '17. Congratulations to this year's Servant Leadership Award recipient, **Madison McKay '23**.



April Ramsey '23 and Brooke Rodriguez '25

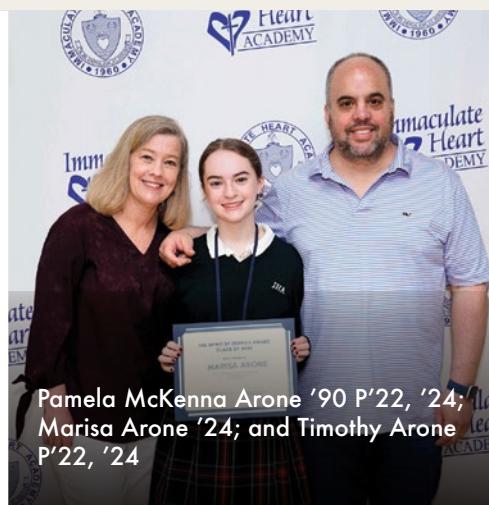


Tara Caputo '26 and Zoe DePhillips '26

The IHA community then viewed a video montage of service photos from the year and recipients and their families were invited to a celebratory reception afterward. Thank you to Mrs. Sarah Shutrop, director of formation, for continually leading our young women in their passion to serve. Congratulations to all IHA's generous, compassionate, and kind-hearted students!



Jeffrey McElroy P'25, Emma McElroy '25, and Colleen McElroy P'25



Pamela McKenna Arone '90 P'22, '24; Marisa Arone '24; and Timothy Arone P'22, '24



Jessica George P'24, '27; Cassandra George '24; and Douglas George P'24, '27

# Quarter Four Distinguished Scholars

Congratulations to the following students who have been named Distinguished Scholars by earning an average of 95 or better for the fourth quarter of the 2022-23 academic year:

## FRESHMEN

Daniela Ayala  
Emma Bossbaly  
Kathleen Brancato  
Veronica Brenner  
Mariana Builes  
Riley Cannon  
McKenna Carti  
Chloe Coffey  
Bernadette Grace Colonna  
Elliott Daniels  
Gabriella DellaVolpe  
Isabella Duca  
Christina Festa  
Lily Filippazzo  
Alana Flores  
Sofia Ghomi  
Ashlyn Gillespie  
Angela Giuliano  
Giara Gonzalez  
Kathleen Hahn  
Jaylene Hernandez  
Ella Kovalcik  
Sophia Kuzma  
Madison Les  
Danica Libanan  
Meghan Long  
Anna Lynch  
Catalina Maglicic  
Mary Mahoney  
Grace Masterson  
Ella Matts  
Roisin McLaughlin  
Anne Moore  
Etain Moore  
Madeline Murphy  
Katelyn Negrete  
Camila Pineros  
Mary Quinn  
Isabella Ragone  
Aiva Reid  
Kailyn Rejent  
Gabrielle Rivera

Grace Sciortino  
Chloe Sedlak  
Gianna Sidoti  
Ava Sinocchi  
Kylie Sullivan  
Olivia Valente  
Ella Vrtis  
Kathryn Williamson  
Sophia Wilson  
Victoria Zalewski

## SOPHOMORES

Madison Assanah  
Isabelle Bertussi  
Elizabeth Burgess  
Paige Burgess  
Lauren DeLuccia  
Caitlin Donovan  
Allison Egan  
Grace Guglielmetti  
Alexa Harding  
Lana Langevin  
Karina Linzan  
Emma McElroy  
Hailey McGrath  
Katelyn Mikros  
Clodagh Moore  
Lauren Mulry  
Alessandra Nazor  
Emma Neyland  
Olivia Nini  
Victoria Niziol  
Rachel Paton  
Orietta Pisciotta  
Oliwia Piwowarski  
Kathleen Reck  
Zoe Sarno  
Sarah Schiller  
Rebecca Schutz  
Bergen Sollecito  
Lucyann Tappan  
Sierra Tofts

## JUNIORS

Dylan Rose Applin  
Alexandra Barry  
Brooke Bjerke  
Ella Bosse  
Caitlin Carr  
Angelica Cece  
Selena Cieszko  
Ella Crane  
Meghan Deane  
Michaela DeCastro  
Natalie Deegan  
Avangelia Emporellis  
Giana Fontanetta  
Angelina Fowler  
Julia Grzybowski  
Mary Hahn  
Hannah Hart  
Lauren Hroncich  
Meaghan Keating  
Ellie Kim  
Kaitlyn LeSuer  
Rose Martin  
Samantha McGee  
Casey McGrath  
Darcy Moore  
Payton Murphy  
Elizabeth Ogden  
Reagan Pace  
Isabella Pizzi  
Bryana Saenz  
Lily Schwedhelm  
Kiera Stevenson  
Adrianna Uykan

**SENIORS**

Jordyn Allen  
 Megan Anderson  
 Emma Burgess  
 Maria Byrnes  
 Kristen Cali  
 Grace Cassin  
 Rose Cultraro  
 Faith Dalessandro  
 Katherine Deane  
 Emma Dillane  
 Amber Estevez  
 Charlotte Farcy  
 Madeleine Gilson  
 Lauren Grae

Noelle Haskell  
 Kara Ignacio  
 Madison Klak  
 Chelsea Lapp  
 Layla Libanan  
 Natalia LoCurto  
 Judith Mathew  
 Chloe McLees  
 Kate Menake  
 Johanna Murphy  
 Sophia Noriega  
 Sophia Rowell  
 Jessica Sundlin  
 Olivia Tacconi



# IHA Earns Accreditation by Both NJAIS and MSA

Over the last year, the administration, faculty, staff, Board members, and a number of other Immaculate Heart Academy constituents put a great deal of effort into earning the distinctive and impressive dual accreditation by the New Jersey Association of Independent Schools (NJAIS) and the Middle States Association (MSA) of Colleges and Secondary Schools. It is with great pride that we announce that IHA is the only area Catholic school that has been approved for and now holds this dual accreditation.

Every ten years, NJAIS and MSA conduct an extensive on-site review of each member school to confirm its continuing compliance with the Standards for Accreditation and other requirements for membership in the Association. A mid-cycle review and visit take place at the five-year point in the ten-year cycle. NJAIS and MSA work cooperatively to conduct these visits at the same time and to evaluate their individual requirements. This occasion also serves as an opportunity for the school to engage in structured self-evaluation and institutional

strategic planning, and to benefit from the perspectives offered by a team of experienced educators from peer schools. IHA's dual accreditation was obtained in the Spring of 2023 after a year-long self-study process and on-site visit and evaluation by an NJAIS/Middle States team. Thank you to all of the community members who assisted with the self-study and visit; your dedication to IHA has once again proven to be unparalleled.



# CLASS notes



## ’94 + ’00

**Kathryn Mayurnik Sein '94** and **Maureen Flynn '00** are pictured in New York City at the U.S. Omnicom Health Leaders Summit. Kathryn is a senior vice president and partner at Fleishman Hillard and Maureen is a vice president at Changing Our World, which are both Omnicom companies.

## ’95

Allison Anderson, IHA counseling secretary, recently attended a book signing for **Mary Beth Keane**'s new book, *The Half Moon* at Barnes & Noble in Nanuet.



## ’97

**Maureen Dowd** writes, "I welcomed a son, Kieran Matthew, on November 14, 2022. His proud aunt is **Colleen Dowd Powers '99** and his grandmother is the late **Claire McGuirl Dowd '65**.



## ’96, ’97, ’99, ’00



Jennifer Hrablock Martello '00,  
Kristin Greenan Costello '97, and  
Lisa DiGuglielmo Pisano '96

**Lisa DiGuglielmo Pisano '96** writes, "I am currently finishing up my master's degree in clinical mental health counseling and school counseling and have been doing my school practicum in the Hasbrouck Heights school district, my hometown! I am working closely with **Jennifer Hrablock Martello '00**, **Kristin Greenan Costello '97**, and **Courtney Coccaro Tacinelli '99** within Lincoln and Euclid Schools. It has been wonderful to work alongside fellow IHA alumnae."



## '02

**Megan Cooney Mathias**, a Merrill Lynch wealth management advisor in Boston, was named to the 2023 *Forbes*

“Top Women Wealth Advisors Best-in-State” list for the second year in a row. Megan started her career in the financial services industry in 2006. She focuses her practice on female executives and women in transition, utilizing a consultative wealth management process to create for each client a lasting foundation for financial security and personal success. The *Forbes* ranking is based on criteria such as assets under management, industry experience and the adoption of best practices. She earned the Chartered Retirement Planning Counselor (CRPC®) designation from the College of Financial Planning and is a graduate of Providence College.

**Amanda Albonico**

**Stueben** and her husband, Derek, welcomed Cody Joseph Stueben on April 26, 2023. “This is our first child

and we are ecstatic to start this journey together,” Amanda wrote.



## '07

## '09

**Katelyn O’Connor Snider** writes, “I wanted to share the exciting news that my husband, Nathaniel, and I welcomed our sixth baby, David Patrick, on February 21, 2023. His big siblings, Jacob, Grace, Claire, Lucy, and Annie are all thrilled to have a little brother.”

## '15

**Francesca Tomesco Spinato** was married on April 28, 2023 to her husband, Matthew Spinato of Fair Lawn, at St. Anthony’s in Hawthorne with a reception at The Grand in Totowa. Pictured from left to right posing proudly with an IHA kilt are bridesmaids and IHA sisters, **Elizabeth Scully ’15**, **Madeleine Shahin ’15**, and **Marly René ’15**.

Elizabeth Scully ’15, Francesca Tomesco Spinato ’15, Madeleine Shahin ’15, and Marly René ’15



From left to right are Annie, Lucy, Claire, Grace, and Jacob holding David.



**'16**

**Katharine Ustorf** writes, "I graduated from the University of Saint Joseph on May 13, 2023 with a Master of Arts in clinical mental health counseling. I also passed my licensing exam for my associate license, so I became an LPCA (Licensed Professional Counselor Associate) upon graduation. I have accepted a job and will work as an In-Home Intensive Child & Adolescent Psychiatric clinician."

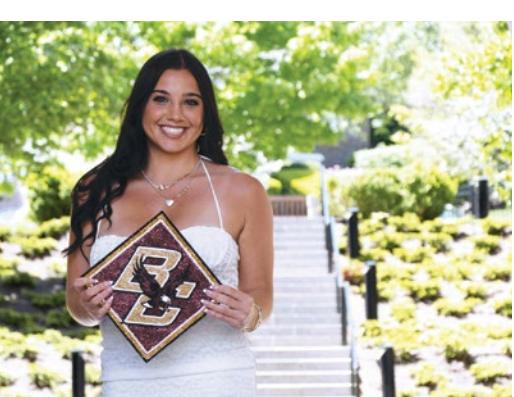
**'18**

**Ava Zolfo** writes, "I will be attending the University of Miami School of Law this fall. If there are any IHA students who are thinking of applying to law school, I would love to be connected to them to talk through my process and journey."

**'19**

**Sofia Sabella** was among the University of Scranton students recently inducted into Alpha Mu Gamma, the national honor society for students of foreign languages. Sofia is a senior international business major at the Jesuit University.

**Gabriella Raia** writes, "I graduated as a student-athlete from Boston College with majors in finance, management & leadership, and psychology! I am going back to Boston College for graduate school to get my Master of Science degree in leadership and administration."



Gabriella Raia '19



**'19**

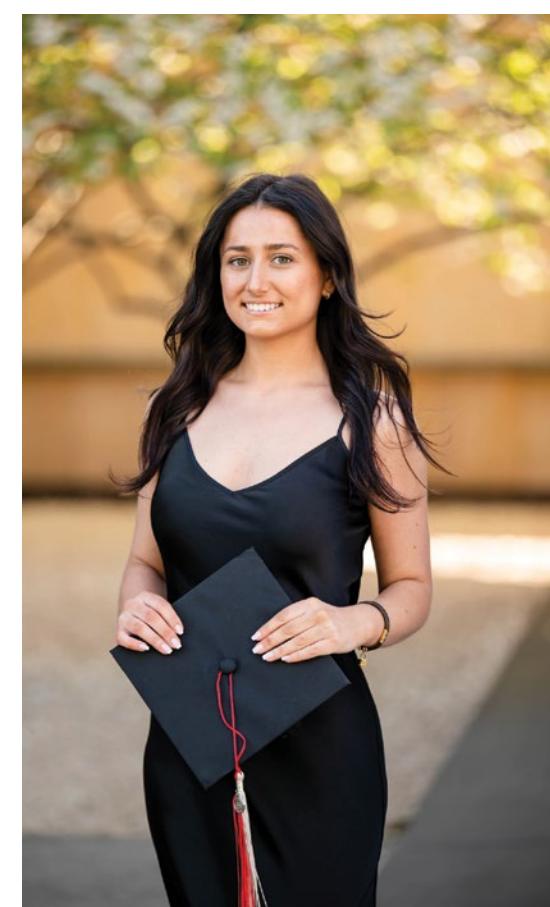
**Kirstin McGahey** writes, "I graduated from the University of Texas at Austin with a degree in supply chain management through the Canfield Business Honors Program, paired with a minor in religious studies and a certificate in core texts and ideas. This summer, I will be moving to Bentonville, Arkansas where I will start a full-time role as a financial analyst for Walmart. I absolutely loved my time in Austin and hope to see more IHA grads moving to Texas in the coming years! I appreciate the role that IHA played in preparing me for my professional journey and look forward to seeing where the next few years take me."

**Olivia Najjar** writes, "After getting my bachelor's degree in environmental studies from Lafayette College, I now work for the New Jersey Board of Public Utilities as a program specialist trainee in the Clean Energy Department."



Olivia Najjar '19

**Gianna Carbone** writes, "I graduated from Sacred Heart University with my bachelor's degree in marketing and management in 2022 and just recently earned my master's degree in strategic human resource management this past May."



Gianna Carbone '19

'19

**Anyssa Merlini**

was chosen to present three of her senior year fashion designs in her school, Savannah College of Art & Design's, fashion show, which took place in Atlanta, Georgia. One of her designs was featured in *Vogue Magazine*! Anyssa graduated in June with a B.F.A. in fashion design and has goals to work on a design team creating her own garments.



'20

**Jana Mucci**

was featured by Stevens Institute of Technology in an article entitled, "Jana Mucci is Running Toward Her Career Goals and Finding Balance" this past April. A Pinnacle Scholar and varsity soccer player at Stevens, Jana presented her research in August 2022 at the North American Congress on Biomechanics (NACOB 2022) in Ottawa, Ontario. As part of her research, she investigated the relationships of balance control during two different turning situations: pre-planned vs. late-cued. In her research poster, *Segmental Frontal Plane Angular Momentum During Pre-planned and Late-cued Turns*, she wrote, "Understanding more about the relationship between segmental and

whole-body angular momenta during different turn contexts could assist future balance training and rehabilitation programs." Mucci explained that it's important to understand how the body responds during these movements to prevent injuries and improve performance. "By analyzing the body segments and movements involved in both pre-planned and late-cued turns, I hope to gain insights that can be applied to the fields of sports training, rehabilitation and injury prevention." The article concluded with, "While her journey has been anything but straightforward, now in her junior year as a biomedical engineering student with a 4.0 GPA, and with experience under her belt presenting at a national conference, Mucci can be confident in her accomplishments and in her future."

'05+'22

This past June, **Mary Langan '05** and **Anna Gehres '22** volunteered at Camp Friendship in northeastern Mississippi. Camp Friendship is a children's summer camp staffed entirely by volunteers. It holds four one-week sessions throughout the month of June with two weeks devoted to children in the foster care system and two weeks devoted to Catholic children in the area. Mary has been volunteering since 2005 (beginning only a week or two after she graduated IHA) and now serves as the camp director. Anna participated as part of Fordham University's Global Outreach Program that staffs the first week of camp. Mary and Anna didn't know they were both IHA alumnae heading into the week, but it was a welcomed surprise to find another Blue Eagle in the woods of Mississippi. For any IHA students or alumnae interested in getting involved with Camp Friendship, please visit [www.campfriendshipmississippi.com](http://www.campfriendshipmississippi.com) to find out more about camp and potential volunteer opportunities.



Mary Langan '05 and Anna Gehres '22 at Camp Friendship in Mississippi

# IN MEMORIAM

Your prayers are requested for the following members of the Immaculate Heart Academy community who recently passed away:

**Joan Saluga Vereb, Class of 1966**  
July 9, 2022

**Helen Connolly Watt,  
Class of 1965**  
April 29, 2023  
*Sister of Katherine Connolly  
Chepucavage '69, sister-in-law of Mary Lee  
Carroll Connolly '73, and daughter of the  
late Helen Connolly, former faculty member*

**Kathleen Steele, Class of 1968**  
June 9, 2023  
*Sister of the late Deborah Steele Lopchuk '70*

**Carol Higgins Clark, Class of 1974**  
June 12, 2023  
*Daughter of the late Mary Higgins Clark  
P'68, '74, '76; sister of The Honorable  
Marilyn C. Clark '68 and the late  
Patricia Clark '76; aunt of Elizabeth  
Higgins Clark '02; and niece of June Clark,  
former faculty member*

**Christine Foley Radeline,  
Class of 1977**  
June 12, 2023  
*Sister of Marianne Foley Elwell '68 and  
Kathleen Foley Tubridy '74 and aunt of  
Colleen Tubridy Ruffin '06*

**Denise Stankiewicz O'Dea,  
Class of 1996**  
July 1, 2023

**Juanita Alcock Tsoukalas,  
Class of 1967**  
July 7, 2023

**Margaret Mary Grana**  
October 3, 2022  
*Mother of Patti Grana Frank '72*

**Stanley N. Sudol**  
March 4, 2023  
*Father of Monica Sudol Alexander '96*

**Carlota Marraro**  
April 22, 2023  
*Former faculty member and mother of Francesca  
Marraro '75, Thecla Marraro '77, Gabrielle  
Marraro Ginder '79, and Cara Marraro  
D'Angelo '84*

**Thomas Haskins**  
May 16, 2023  
*Brother of Kathy Haskins Coles '73,  
Maureen Haskins '75, and Mary Haskins '81*

**TJ Sullivan**  
May 20, 2023  
*Father of Erin Sullivan '26*

**Watson "Tony" Driggs**  
July 1, 2023  
*Father of Tara Hopfenspirger, director of  
communications & marketing, and  
brother-in-law of Colleen Ryan  
Donoghue '71, Kathleen Ryan Fernandez '74,  
Maureen Ryan Christian '79, Eileen Ryan  
Rojas '83, and Sheilah Ryan Tamayo '84*



# INTRODUCING **IHA** *Homecoming*

We welcome all IHA alumnae (and families)  
back to campus for our inaugural  
Homecoming Weekend!

**OCTOBER 20-22, 2023**

Visit [ihanj.com](http://ihanj.com) for more details about the weekend.





500 Van Emburgh Avenue  
Township of Washington, NJ 07676  
Change Service Requested



If this is not you, or if your daughter no longer lives at home, please reach out to Sarah Hill Frasure '07, director of development, at 201.445.6800, ext. 185 or [sfrasure@ihanj.com](mailto:sfrasure@ihanj.com) with updated information.

# UPCOMING EVENTS

SEP  
**23-24**

**Class of 1973 50th Reunion**  
Luncheon at Ramsey Golf and Country Club on Saturday, Memorial Mass in IHA's Sisters' Chapel and Brunch on Sunday.

NOV  
**11**

**HSPT for Class of 2028**  
Class of 2028 prospective students are required to take the Archdiocesan high school entrance exam.

OCT  
**15&19**

**Fall Open Houses**  
Tour the impressive IHA campus and ask questions of faculty, staff, coaches, and our knowledgeable student Eagle Ambassadors.

NOV  
**17-19**

**IHA Fall Drama**  
Productions will be Nov. 17 at 7:30 p.m., Nov. 18 at 2 and 7:30 p.m., and Nov. 19 at 2 p.m.

OCT  
**20-22**

**IHA Homecoming Weekend**  
We welcome all IHA alumnae and their families back to campus for our inaugural Homecoming Weekend! Visit [ihanj.com](http://ihanj.com) for more details and events.

DEC  
**01**

**Class of 2028 Application Deadline**  
Applications to be a member of IHA's Class of 2028 are due by December 1, 2023.