

Immaculate Heart ACADEMY

NEWSLETTER | SUMMER 2019
VOL. 35, NO. 2



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Cover Shot: Alexandra Daugherty '19 and Isabel Haines '19 are ready to take on the world outside of IHA.

Our Mission

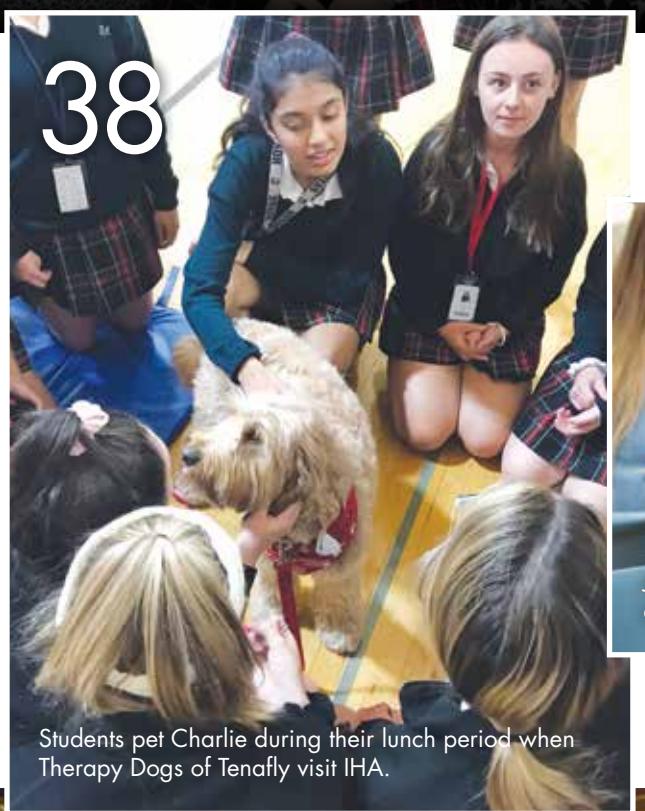
Immaculate Heart Academy is a college preparatory high school in the Archdiocese of Newark which has as its purpose the complete education of young women. By both cultivating the traditional Christian values of the Roman Catholic Church and by upholding exceptional academic standards, IHA offers a unique educational experience for the young women in our community. Immaculate Heart Academy strives to develop every aspect of the individual by educating the mind, nurturing the spirit, and promoting a healthy lifestyle. By instilling in its students a sense of responsibility, confidence, justice, peace, and compassion, Immaculate Heart Academy prepares its students for life throughout the twenty-first century.



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Mrs. Alice Nudelman nominated Natalie Ronen '22 for the final Soaring Eagle Award of the year in the subject of Technology. Natalie is pictured with her parents, Tal and Lauren Ronen.



Students pet Charlie during their lunch period when Therapy Dogs of Tenafly visit IHA.



Jessica O'Neill '20 and Yoona Kim '20
at the Junior/Senior Luncheon



Members of the IHA Sunshine Committee, Mrs. Mary Carnevale, Mrs. Susan Adamo, Ms. Geri Braden, Ms. Ellen Donoghue '76, and Mrs. Christine Cabrera Capizzi '89, give Ms. Kathy Hals a parting gift in celebration of her retirement.

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DESIGN	Peapod Design, Norwalk, CT

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Alexandra Stadler '19 and Danielle Velez '19 prepare for their graduation ceremony in homeroom.

President's Corner

Dear IHA community,

As we begin our fifty-ninth year serving the educational needs of young women, I am certain of one thing...students today require a Catholic, values-centered education more than I can ever remember. The challenges that they face are complex and ever-changing. There are no easy answers. The faith-based outlook on life that has been part of the IHA experience since 1960 continues to animate our students and graduates.

I hope you are as excited about the 2019-2020 academic year as I am. It's a new beginning and an open book; I hope what we write on those pages will be words of accomplishment, satisfaction, joy, health, and peace.

The Student Council has chosen the theme "Empowered Women Empower Women" as this year's focus.

In Matthew's Gospel, Jesus tells the people:

'You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.'

As women, we light the way for each other. We support each other as sisters. We lift each other up and rejoice in each success.

The faith we have as a Christian community of students, alumnae, parents, and friends will light the path to our futures. Our academic achievements, many of which are highlighted in this newsletter, our athletic successes, our incredible dedication to hours of generous service...



all these accomplishments are based in the faith we have that God is directing our lives and is lighting the way.

May God bless you always,

Pat Molloy

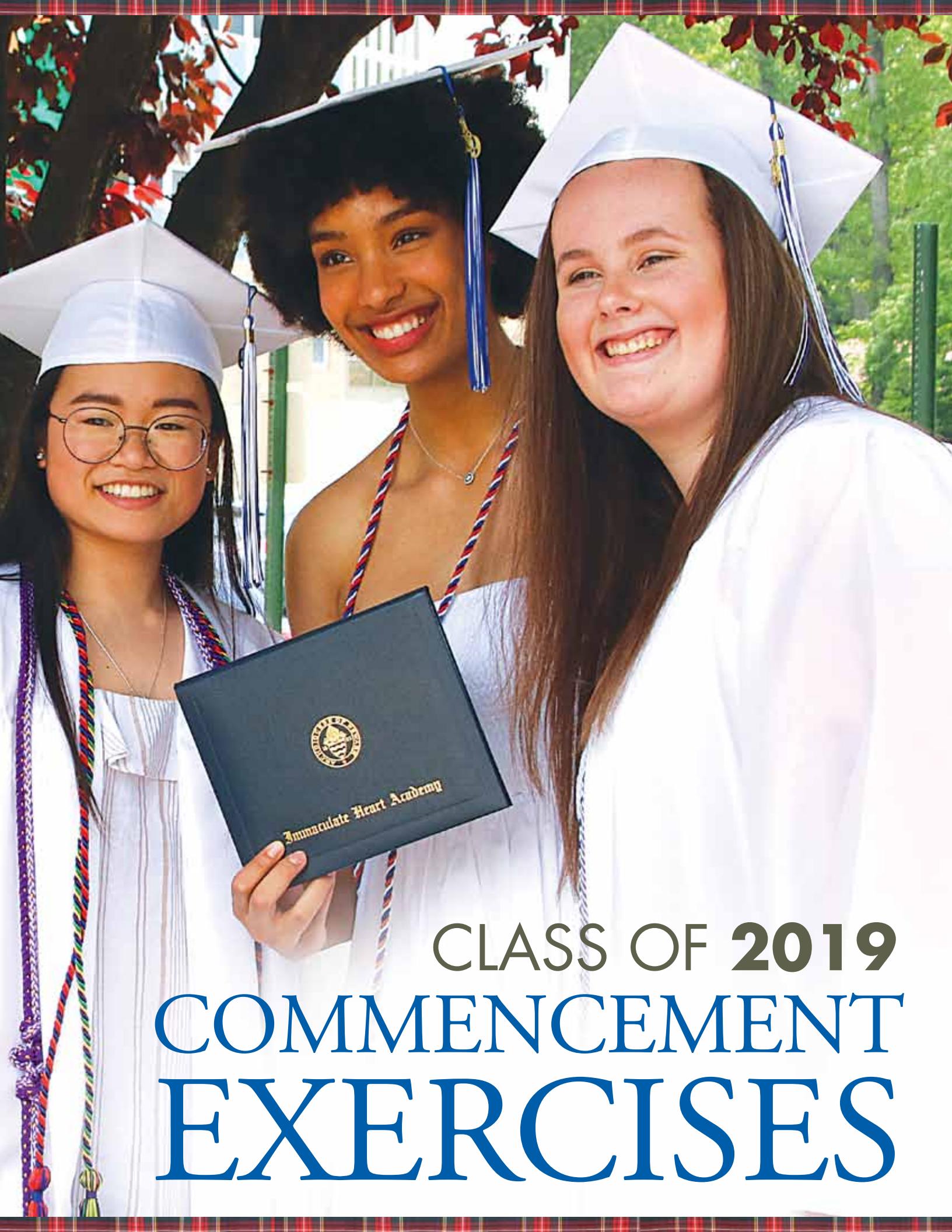
Patricia Molloy
President



Myra Chaudhry'19, Kristina Arriaga'19, Alexa Trubiano'19, Rebecca Nadler'19, Kaitlyn Brown'19, Charlotte Stanton'19, and Isabelle Arevalo'19



Molly Gallagher'19, Hallie Gastelu'19, Bea Chin'19, Sydney Taylor'19, and Lauren Burke'19 are all smiles after receiving their diplomas.



**CLASS OF 2019
COMMENCEMENT
EXERCISES**



Kaitlyn Brown '19, valedictorian, steps off stage after addressing her fellow graduates.

IMMACULATE HEART ACADEMY'S Fifty-sixth Annual Commencement

Exercises were held on June 2, 2019. One hundred forty-four remarkable young women received their diplomas from Patricia Molloy, president; Jason Schlereth, principal; and Jo-Ellen DeSanta and Alice Rogers, assistant principals, on stage in the IHA gymnasium. Including the members of this year's graduation class, **ten thousand three hundred sixty-eight** young women now carry the title of IHA alumna.

The ceremony began with Clare Donnelly (Seton Hall University), Student Council president, offering an invocation and Olivia Pavin (Brown University), salutatorian, giving a memorable welcoming address. Olivia touched on the famous quote by Theodore Roosevelt, "Nothing worth having comes easy," and how that definitely holds true of her and her classmates' time at IHA. "Although difficult, IHA has given all of us an outstanding education and thoroughly prepared us for college," she said. "Multiple alumnae have come back to

visit and have told me 'IHA was harder than college.' While that may have been a bit of an exaggeration, I hope they're right." Olivia also shared that her favorite takeaway from her time at IHA is the "real and strong" bond of sisterhood with which she and her classmates are walking away. "Not only have we all grown as individuals," she said, "but we have also grown in our bond of sisterhood that forever connects us."

Commencement Speaker, Dr. Kasey Regan, IHA Class of 1997, addressed the graduating class with a funny and inspiring

message encouraging the graduates to do what makes them happy and never be afraid to take a break or ask for help. "Figure out what makes you happy and do that—whether it's in school, in your career, or in your relationships," she said. "And surround yourself with people who make you happy."

Diplomas and a number of special awards were then distributed to members of the Class of 2019. Congratulations to this year's IHA Award winner, Emily Ash (St. Joseph's University); the 2019 Academic Excellence Award winner, Myra



Cristina Lenoci'19 receives her IHA diploma from Mr. Jason Schlereth, principal.



Aileen Deegan'19, Renee Perdomo'19, Olivia Magno'19, and Erin Brockmeier'19



Some of our alumnae faculty members and this year's Commencement Speaker line up to process on the Class of 2019's graduation day! Top row, left to right, are Ms. Ellen Donoghue'76, Mrs. Beth DiCiancia Garrigan'76, and Dr. Kasey Regan'97. Second row from the top, left to right, are Mrs. Theresa Seymour Dolan'95 and Mrs. Beth Mueller Szydlik'84. Third row from the top, left to right, are Ms. Danielle Just'05, Ms. Meagan Papapietro'05, and Miss Kerry Carroll'04. Second row from the front, left to right, are Miss Jennifer Pagano'13, Ms. Alexis Fatigati'07, and Ms. Julia Clinton'11. Bottom row, left to right, are Mrs. Kelly Duby Falcon'03, Mrs. Christine Cabrera Capizzi'89, and Mrs. Sue Derrick Butler'64.



Our faculty/staff members with their graduating daughters: Mrs. Rosemary Cali P'12, '15, '19, '23; Gabriella Cali'19; Mrs. Kathleen Walsh DeRosa'84 P'18, '19; Devin DeRosa'19; Mrs. Barbara Donatacci P'19; and Victoria Donatacci'19



Patricia Christensen'19 and Katalina deLeon'19

Chaudhry (Georgetown University); and the many other award and scholarship recipients recognized at this year's commencement exercises. See more on page 9.

To end the ceremony, 2019 valedictorian, Kaitlyn Brown (Columbia University), delivered a moving and heartfelt farewell address. She remembered something said by English teacher, Mrs. Emily Mackin Fernandez, in the Student Appreciation Day video teachers made for their students. "Two years ago, Mrs. Fernandez said, 'Thank you for letting me work in a place where it is cool to be smart,'" Kaitlyn said. "And if I may expand on Mrs. Fernandez's thought, IHA is a place where it is cool to be smart, to be a star athlete, to be the president of three clubs, the student with the most service hours, or the lead in the musical. All of those things—they take trying and they take caring. IHA is a place where it is cool to care...about everything." Kaitlyn continued that she



Charlotte Stanton'19 and Olivia Najjar'19 process out of the Class of 2019 Commencement Exercises.

recalls being called a "try-hard" in middle school, as if it was an insult. "Thank you, mom and dad, for sending me to a school full of try-hards, where trying and caring are encouraged rather than mocked," she said. "When you feel like no one else is trying as hard as you or cares as much as you do about a class, a club, a job, or anything else, don't question whether you are the weird one or too much of a try-hard. Instead, remember that you have one hundred forty-three sisters in one hundred forty-three places working just as hard and caring about something just as much as you do."

The Class of 2019 received more than **thirty-three million dollars** in scholarship awards and will be attending some of the most esteemed colleges and universities in the country—from Columbia University, Barnard College, Brown University, and Emory University to UCLA, University of Michigan, MIT, and Georgetown University. Forty-eight graduates are attending Catholic institutions and fifteen seniors are attending schools in New Jersey. One hundred twenty-six students are attending schools out of state, with nineteen going south, six going west, and seven going to the mid-west. This year, three are attending schools abroad including The American University of Paris, the University of Glasgow, and the Royal College of Surgeons Dublin.



Theresa Weglarz'19 shows off her just-received diploma!

“IHA is a place where it is cool to be smart, to be a star athlete, to be the president of three clubs, the student with the most service hours, or the lead in the musical. ”

Some of the most popular school choices were Pennsylvania State with ten students attending, Sacred Heart University with seven students, Villanova University and Rutgers University with six students each, and University of Delaware with four students. Other top choices included Boston College, Fairfield University, Fordham University, Marist College, Loyola University, Northeastern University, Quinnipiac University, Providence College, University of Pittsburgh, Clemson University, University of Maryland, and University of Wisconsin, Madison.

On behalf of the IHA community, we wish the members of the Class of 2019 the very best in college and beyond. You will always have a home @theheart!

Class of 2019 Graduation Awards

The following awards were presented at
the 2019 Commencement Exercises:

IHA Award

Academic Excellence Award

The Kim Montelaro Memorial Award

The Sister Beatrice Ryan Award

The Dorothy and Jack McKenna Memorial Award

The Kathleen Farley Memorial Award

The Fine Arts Award

The Gregory Joseph Villone Award

The Herbert C. Oberle Memorial Award

The KariAnn Dellapenta Award

The Catherine Larkin Award

The Caren Cavallo Memorial Scholarship

The Marian Award

The Marie Sellers and Dorothy Savarese Memorial Scholarship

The Jeffrey E. Silver Memorial Award

The Vincent Herold Award

The Marisa Suarez Memorial Award

The Michael Thomas Noone Memorial Award

The Mary Ann Molinari Memorial Award

The Joseph Amen Memorial Award

Emily Ash (St. Joseph's University)

Myra Chaudhry (Georgetown University)

Olivia Pavin (Brown University)

Regina Garvey (University of Washington)

Elizabeth Rattazzi (St. Joseph's University)

Claire Bruno (Rutgers University)

Anyssa Merlini (Savanna College of Art and Design)

Katherine De Rosa (Sacred Heart University)

Sydney Taylor (College of William & Mary)

Gabriella Raia (Boston College)

Courtney Caccamo (Providence College)

Myra Chaudhry (Georgetown University)

Josephine Oshodi (Massachusetts Institute of Technology)

Isabella Haines (Marist College)

Gianna Matesic (Pennsylvania State University)

Bernadette Goratowski (Villanova University)

Victoria Bertussi (Northeastern University)

Clare Donnelly (Seton Hall University)

Cristina Lenoci (Fairfield University)

Victoria Lagana (Indiana University at Bloomington)



Left: Emily Ash'19 was this year's recipient of the coveted IHA Award.

Right: Josephine Oshodi'19 receives The Marian Award from Patricia Molloy, president.

Dr. Kasey Regan'97

2019 Commencement Speaker



Dr. Kasey Regan'97, the 2019 Commencement Speaker

Immaculate Heart Academy was eager to welcome home alumna Dr. Kasey Regan from the Class of 1997. Kasey's family truly bleeds plaid, as both of her sisters, Kaitlin Regan'06 and Korey Regan'04, and her mother, Sharon Calvey Regan'69, are also IHA alumnae. Kasey is board certified in anesthesiology and working in private practice. She is the vice director of anesthesia at Vanguard Surgical Center in Maywood.

During Kasey's time at IHA, she participated in Student Council, cheerleading, and CARE, and also served as class president her sophomore and senior years. After graduating from IHA, Kasey attended Fairfield University, where she greatly involved herself. She was a member of multiple honor societies including Phi Beta Kappa and the Jesuit Honor Society. Kasey graduated summa cum laude with a Bachelor of Science degree in biology, also receiving the College of Arts and Sciences Award in science. She then continued her studies at Georgetown University's School of Medicine.

Kasey's accomplishments are far and wide. She acknowledged during her

commencement speech that, on the outside, it may seem as if her life is perfect and comes with ease. However, especially in college, this was not the case; she consistently felt a great amount of pressure. "I internalized a lot of my stress and anxiety because I didn't know what to do," she said. "I had never felt this way, and I couldn't understand what was wrong with me. And when I tried to talk about it, no one else seemed to get it." She ended up discovering something extremely important as she struggled to both thrive in academics and also improve her mental health. After a random and impromptu talk with a stranger at the auto shop while getting her car's oil changed, Kasey realized that it was acceptable and healthy to take a break. "I decided that very day that I was going to take one year off before medical school," Kasey said. She did just that, teaching seventh grade life science and eighth grade environmental

science at Hudson School in Hoboken for a year in order to give herself a break from the rigor of her education.

At first afraid of taking any time off from her busy life, Kasey now admits that breaks, however long, are extremely important to one's mental health.

"When I look back, taking that break was exactly what I needed. At the end of that school year, I felt more mature, more confident, and ready for medical school. I still have stress in my life, but I've learned much healthier ways to cope with my stress," she said. Kasey concluded her speech by encouraging the new graduates to learn from her past mistakes and to not go into college being too stubborn to hit pause or ask for help. "If you're feeling overwhelmed, take a break," she said. "Turn off social media, turn off your phone, take a walk, and go talk to someone. Just don't be afraid to ask for help if you need it."



Kaitlyn Brown'19, valedictorian; Olivia Pavin'19, salutatorian; Dr. Kasey Regan'97, 2019 Commencement Speaker; and Emily Ash'19, IHA Award recipient

IHA Family Award

Every year at the Baccalaureate Mass and Awards Ceremony, Immaculate Heart Academy recognizes several extraordinary and dedicated families in our community with the IHA Family Award. This award is presented to parents who have committed themselves to Catholic education and who have sent three or more daughters to IHA. This award is given when the last of their daughters graduates. Congratulations, parents, and thank you for your many years of sacrifice and commitment to IHA!

For Three Daughters

Theresa and Vincent Bruno,
parents of: Daniela'07, Renee'11,
and Claire'19

Tammy and Deek Medzadourian,
parents of: Kailey'15, Reilly'18,
and Joni'19

Odalys and Gerard Nocera,
parents of: Gina'10, Emily'14,
and Elizabeth'19

Jean-Anne and Thomas O'Neill,
parents of: Shannon'16, Michaela'18,
and Grace'19

Sandra and David Russert,
parents of: Angelica'10, Angeanette'16,
and Angeleisa'19

Patricia and Ronald Sollitto,
parents of: Christina'13, Caroline'15,
and Catherine'19

Ann and Thomas White,
parents of: Erin'10, Mary Jane'13,
and Megan'19



More Awards for the Class of 2019

Graduating seniors were acknowledged with awards at both the Baccalaureate Awards and Junior/Senior Luncheon in-house ceremonies. Congratulations to the members of the Class of 2019 for being recognized for your outstanding contributions to IHA over the past four years!



Student Council Executive Board

President – Clare Donnelly (Seton Hall University)
Vice President – Courtney Caccamo (Providence College)
Treasurer – Bernadette Goratowski (Villanova University)
Cabinet Member – Cristina Lenoci (Fairfield University)

Senior Class Officers

President – Eliya Herriott (Drexel University)
Vice President – Hallie Gastelu (Drexel University)
Secretary – Cassidy Tucker (The American University of Paris)
Treasurer – Molly Gallagher (University of Wisconsin, Madison)
Cabinet Members – Jane DiLauro (University of California, Los Angeles), Danielle Esposito (Ramapo College of New Jersey), and Cristina Lenoci (Fairfield University)

Art Award – Anyssa Merlini (Savannah College of Art and Design)

Communications Award – Sara Brazofsky (Savannah College of Art and Design)

Technology Award – Emily Pecoraro (Bucknell University)

English Award – Kaitlyn Brown (Columbia University)

French Award – Grace O’Neil (University of Maryland, College Park)

Spanish Award – Myra Chaudhry (Georgetown University)

Mathematics Award – Kaitlyn Brown (Columbia University)

Physical Education Award – Shannon Quiles (Clarkson University)

Religion Award – Courtney Caccamo (Providence College)

Science Award – Rebecca Nadler (Boston College)

Social Studies Award – Katrina Fett (Lehigh University)

Michael Edward Echeverría Award – Regina Garvey (University of Washington)

Virginia “Ginny” Panicucci Memorial Award – Anuhea Moler (Pennsylvania State University)

IHA Parents’ Club Robert Ryan Memorial Scholarship (Most Improved Student) – Margaret Bowers (Studio School Los Angeles)

The National Merit Scholarship *Commended Students*

Isabelle Arevalo (Columbia University), Kaitlyn Brown (Columbia University), Casey Conniff (Villanova University), Katrina Fett (Lehigh University), Diana Mastellone (University of Pittsburgh), Rebecca Nadler (Boston College), Josephine Oshodi (Massachusetts Institute of Technology), and Olivia Pavin (Brown University)

The National Merit Scholarship Finalists
Myra Chaudhry (Georgetown University) and Regina Garvey (University of Washington)

The National Hispanic Recognition Program

Isabelle Arevalo (Columbia University), Elizabeth Nocera (Bucknell University), Olivia Pavin (Brown University), and Angeleisa Russert (Villanova University)

Athletics Awards

U.S. Figure Skating Association – Jaclyn Bozzetti (Northeastern University)

IHA Scholar-Athlete Award – Courtney Caccamo (Providence College)

NJSIAA Scholar-Athlete Award – Kirstin McGeary (The University of Texas, Austin)

IHA Athletic Achievement Award – Shannon Quiles for Skiing (Clarkson University)

IHA Athlete of the Year – Isabelle Arevalo (Columbia University)

Outside Scholarships and Awards

The Lakeland Bank Scholarship – Katrina Fett (Lehigh University)

Valley Hospital Auxiliary Scholarship – Nicole Piserchia (Sacred Heart University)

Bergen County School Counselor Association Scholarship – Clare Donnelly (Seton Hall University)

Knights of Columbus, River Edge Scholarship – Tara Daly (Loyola University Maryland)

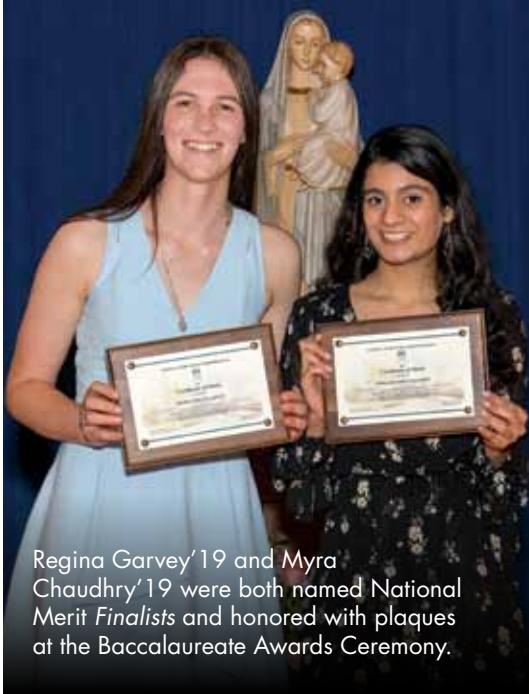
Dwight D. Eisenhower Leadership Award – Christina Kimmerle (Syracuse University)

ROTC Scholarship – Alexandra Daugherty (University of California, Santa Barbara)

Regina Garvey’19 processes into the 2019 Baccalaureate Mass.



Victoria Bertussi'19 and Saoirse O'Malley'19 join together at the Baccalaureate reception. The two have been going to school together since Pre-K 4, about 13 years!



Regina Garvey'19 and Myra Chaudhry'19 were both named National Merit *Finalists* and honored with plaques at the Baccalaureate Awards Ceremony.



La'akea Hudson'19 and Anuhea Moler'19



Jacquelyn Kough P'86, GP'19; Emily Primavera'19; and Lauren Kough Primavera'86 make it a family affair at the 2019 Baccalaureate reception.



Olivia Raia'22; Gabriella Raia'19; Samuel Raia P'22, '19; Benita Raia P'22, '19; and Samantha Raia



Alexandra Daughtery'19 will be participating in the ROTC program at University of California, Santa Barbara.



Sister pairs, Courtney Caccamo'19, Erin Brockmeier'19, Megan Brockmeier'17, and Kimberly Caccamo'17 reunite at the Baccalaureate reception.

IHA Hosts BELIEVE. Conference

First-ever Gospel-centered Conference for Our Young Women

One hundred students, thirteen faculty and staff chaperones, and two guest speakers join together for a group photo at BELIEVE., Immaculate Heart Academy's first Gospel-centered Conference for our young women.



This summer, one hundred students attended IHA's first-ever Gospel-centered, personal growth conference for our young women. The inaugural BELIEVE. Conference was held from August 15-17, 2019 at Icona Diamond Beach Resort in Wildwood Crest, New Jersey. Young women from all grade levels spent three days listening to remarkable speakers, bonding with each other, and enjoying the beautiful beach. They came home full of joy and grace, ready to further impact the greater community and world.

The BELIEVE. Conference was newly created this year due to a predicament that arose with IHA's usual conference plan. Typically, IHA has a rotation for summer programming; every other year we host Mission@theheart, our summer service immersion trip. In off years, we usually attend a well-known local Catholic Youth Conference. This year was a conference year. "When we



Right: Mary Farlese'20, Elizabeth Encke'20, Emily Ash'19, and Saoirse O'Malley'19





Elizabeth DePhillips '21 and Julia Conroy '21 make s'mores over a fire on the beach. Center: Maricia Somera P'17; Isabella Somera '17, alumna conference speaker and worship leader; and Gerardo Somera P'17

received the lineup, we realized that on a team of five speakers, there was only one woman," Mrs. Sarah Shutrop, director of formation, recalled. "We found it difficult to justify taking our young women to a Catholic conference where they wouldn't hear voices similar to their own." Mrs. Shutrop considered this dilemma and eventually came to the conclusion that constructing a new, women-centered conference, tailored to Gospel-focused personal development, would be the most beneficial solution.



Lisa Cotter, conference speaker; Mrs. Sarah Shutrop, director of formation; and Katie Prejean McGrady, conference speaker



Standing, left to right, are Mr. Jason Schlereth, principal; Mrs. Sarah Shutrop, director of formation; and Ms. Allison Oblen, religious studies teacher. Seated, left to right, are Mrs. Julie Schlereth, athletics assistant; Ms. Maureen McNulty, the director of performing arts; Miss Kerry Carroll '04, assistant principal of faculty and instruction; and Katie Prejean McGrady, conference speaker.



Starting from scratch to create this conference required planning far in advance. After finding the perfect venue for the event, Mrs. Shutrop and her team of student leaders reached out to a series of dream speakers for the girls. The conference kicked off with a formal Sisterhood Dinner that took place under a tent on the beach. That evening, the students heard from keynote speaker, Katie Prejean McGrady, U.S. delegate to the Synod on Youth and Catholic author of *Follow* and *Room 24*. After her poignant and thought-provoking talk, the girls roasted marshmallows and made s'mores over a bonfire on the beach. Friday contributed even more incredible opportunities. The morning kicked off with keynote speaker, Lisa Cotter, founder of *Made to Magnify* and author of *Dating Detox*. Lisa touched on the various types of friendship, the importance of not competing with or comparing ourselves to one another, and how to pray both for

and with each other. After spending some quality free time at the beach and pool, the group gathered together again for lunch and an inspirational talk by Isabella Somera '17. Issa spoke about how blessed our girls are to have the IHA experience and how they can continue to be 'daughters of light' after graduating from Immaculate Heart. Lisa then returned for a talk on discernment and prepared the girls for Eucharistic Adoration and an opportunity for confession. Mrs. Shutrop concluded the conference on Saturday by sharing her thoughts on cheering on our fellow sisters in all aspects of life. She introduced the "IHA Love Your Sisters" Challenge, which will be brought to every single student at IHA through the end of the school year. Mass was then celebrated by Fr. Mathias Kumar before our students headed back to IHA, ready to enhance their lives and put into practice all they learned.



Fr. Mathias Kumar leads the BELIEVE group in closing Mass.



The organizers did not know exactly what to expect when it came to interest in the newly launched conference. "I never expected this conference to be as popular as it was, but the fact that we sold out in the first forty-eight hours and needed to add more spaces should've tipped me off," Mrs. Shutrop said. "The energy of the girls was incredible, and it was such a gift to witness one hundred IHA students come forward as women who want to dive deeper into becoming the best versions of themselves."

Victoria Bertussi'19 said she was excited to attend BELIEVE., especially as it was her last opportunity to attend an IHA conference as a student. "The fact that this was my first and last BELIEVE. Conference definitely influenced my desire to attend because I knew it was a once-in-a-lifetime opportunity that I just couldn't miss," she said. "During the conference, the reality that I was heading to college so soon was dangling over my head. But I continued to refocus myself and realized that there is no better way to spend my last weekend home than with my sisters, reestablishing the fundamental values of sisterhood, faith, and empowerment that are the essence of who I am that I am taking to college with me."



Mother/daughter pairs enjoy the conference together. From left to right are Allison Sandt'20; Mrs. Donna Sandt, English teacher; Elizabeth Encke'20; Mrs. Lisa Encke, director of the arts; Vanessa Pecora'21; and Mrs. Jill Pecora, English Department chairperson.

Left: Bracelets stamped with IHA's coordinates were given as gifts to all BELIEVE. attendees.

Above: The "IHA Love Your Sisters" Challenge was introduced to students at the conference to bring back with them to school in September.

Overall, the women in attendance agreed that the BELIEVE. Conference was an extraordinary success. Victoria loved the opportunity she had to hear from very influential women and discuss faith and female empowerment with her IHA sisters, especially those younger than her. "When the underclassmen got wholeheartedly engaged in our conversations, it made me so excited and hopeful for their future and the future of the IHA community," Victoria said. "It demonstrated that they truly understand what it means to be, as Issa said in her motivational speech, a 'daughter of light,' which they can then pass on to those who come after them."



Emma Matesic'20, Claire Breslin'20, Addison Emr'20, Lauren Buonomo'20, Lily Implicito'20, Audrey Kellogg'20, Olivia DuBois'20, Sarah Becker'20, Olivia Costello'20, and Brittany Graff'20 at the Sisterhood Dinner

IHA alumnae at BELIEVE included Regina Garvey'19; Ms. Lia Kunnapas'09, social studies teacher; Saoirse O'Malley'19; Victoria Bertussi'19; Ms. Alexis Fatigati'07, director of admissions; Gianna Matesic'19; Emily Ash'19; Isabella Somera'17, conference speaker and worship leader; Isabella Haines'19; Mrs. Beth Mueller Szydlik'84; Miss Kerry Carroll'04, assistant principal of faculty and instruction; and Emily Primavera'19



IHA and real-life sisters: Caitlin Croci'22, Elizabeth Croci'20, Isabella Haines'19, Gabriella Haines'21, Gianna Matesic'19, and Emma Matesic'20



Front row, left to right, are Ryanne Kelleher'22, Riley Ypelaar'22, Ella Scimeca'22, Brigid Kearns'22, and Brooke Muller'22. Middle row, left to right, are Sophia Miller'22, Riley McGovern'22, Kayla Arone'22, and Caitlin Croci'22. Back row, left to right, are Ciara Walsh'22 and Meghan Karach'22.



Student worship leader, Allison Sandt'20, and worship leader and alumna conference speaker, Isabella Somera'17, played and sang beautifully throughout the three-day conference.



Katherine O'Donovan'21, Ava Hayes'21, Margaret Bizub'21, Sophia Mazzola'21, Isabella Garzon'21, and Kaylee McKay'21

2019 Junior/Senior Luncheon

The classes of 2019 and 2020 celebrated a special IHA tradition, the Junior/Senior Luncheon and Awards Assembly, on May 17, 2019. Seniors and juniors dressed up for the occasion,

ate together in the cafeteria for a final farewell luncheon, and then gathered in the PAC for an awards presentation and slideshow of members of the Class of 2019 through their years at IHA.



Madeline Gadaleta '19, Gianna Matesic '19, Kiersten Antaki '19, and Jane DiLauro '19



Mia Recenello '19, Abigail Gomez '19, Christina Dolce '19, and Jenna Morgantini '19



Front row, left to right, are Amanda Oates '20, Jennie Certo '20, and Stephanie Smith '20. Back row, left to right, are Madison Maher '20, Olivia La Greca '20, Emma Patton '20, Niamh Withers '20, and Athena Matthews '20.

Welcoming New Faculty and Staff

Ten new faculty and staff members will begin working at Immaculate Heart Academy for the 2019-20 school year! In the English Department, we welcome Renee Thunell (B.A., University of Massachusetts-Amherst; M.A., University of St. Thomas), Catherine Valente (B.A., Caldwell College; M.A., Teachers College Columbia University), and Bridget Ryan (B.A., Colgate University; M.A.T., Bard College). Suzanne Dillane P'23 (B.S., University of Notre Dame; M.Ed., St. Peter's College) is joining the Mathematics Department and Rachel Healy (B.A., Montclair State University) and Patricia Carleton (B.A., Providence College; M.Ed., Loyola University) are both joining the Social Studies Department. Kristen Porcaro (B.A., Seton Hall University) is welcomed to the Religious Studies Department and Genelle Diaz-Silveira (B.A., Amherst College; M.S., New York University) is welcomed to the Science Department as a maternity leave

replacement. Finally, we are thrilled that Allison Anderson (B.S., University of Scranton) will be our new secretary for the Guidance and College Counseling departments, and Maria Doerr P'06 (Bergen Community College; N.J. Judiciary, Principles of Municipal Court Administration Levels 1-4) will be joining our Main Office staff.

Additionally, there are some exciting changes happening in-house. Mrs. Jo-Ellen DeSanta has been named the assistant principal of academics and curriculum and Miss Kerry Carroll '04 JD, LLM has joined the administrative team as assistant principal for faculty and instruction. Miss Carroll is a 2008 graduate of the University of Notre Dame; she received her Juris Doctor from Columbia University in 2012 and a Master of Arts in Educational Leadership from Notre Dame in 2019. Miss Carroll is also the recipient of

many awards for her work both as an attorney and as an educator. She returned to IHA as a faculty member in 2013 and has taught religion, Latin, and social studies.

Mrs. Sarah Shutrop, who has led campus ministry at IHA for the past six years, has been named the director of formation, now overseeing the Religious Studies Department, campus ministry, and the spiritual life of the school. Ms. Maureen McNulty, who has taught English and performing arts at IHA for the past six years, has been named director of the performing arts. She is now responsible for the development and oversight of all musical and performing arts programming that take place at IHA.

We look forward to another great year at Immaculate Heart Academy with our dedicated faculty and staff members!

Knit-a-Thon Welcomes Back Past Participants

The 11th Annual Knit-a-Thon was held April 13, 2019. We welcomed about twenty participants, including four sets of grandmothers with their granddaughters, two IHA retirees, and three present faculty/staff members. We also welcomed back IHA alumnae including Vicky DeMarinis'08, past president and director of the first-ever Knit-a-Thon, in addition to other past club presidents.

To date, the IHA Knitting Club, moderated by Mrs. Deb Suta, has donated more than \$20,000 to cancer research/support and \$2,975 to the IHA Scholarship Fund! This year alone, the club donated \$900 to Benjamin's Hope 4 the Future and \$900 to HUMC's Tackle Kids Cancer. Thank you to our devoted knitters and crocheters who have continued to show their talent and dedication over the years.



DID YOU KNOW THAT...

Taylor DiLisi'21 was named as the recipient of the AAA Northeast Driver Education Award. The purpose of the award program is to encourage students to develop the skills and attitudes that will make them safe drivers. Taylor was nominated by IHA Driver Education teacher, Mrs. Terry Skjold, who said Taylor was a standout student in the fall Driver Education Theory Course. "Taylor was always prepared for class, understood the material, and displayed an attitude of safe driving during class discussions," Mrs. Skjold said. "She became a person that other students consulted when they were studying for tests or preparing for assignments. Taylor also scored a 100% on the New Jersey Driver Education Basic Knowledge Exam." Outside of the Driver Education classroom, Taylor is a leader in teen driver safety as a loyal enthusiastic member of the IHA Traffic Safety Squad (TSS). She was presented with the Driver Education award by Roz Thompson from AAA Northeast at our Service Awards ceremony on May 8, 2019.



The 2019 Freshman Spring Track Team

The **2019 Freshman Spring Track team** won the Division E Bergen County Championship for the second year in a row! Our IHA athletes also scored more points than any other team overall, naming them the #1 freshman team in Bergen County for the second consecutive year.

Congratulations to **Kirstin McGeary'19** for being named this year's New Jersey State Interscholastic Athletic Association (NJSIAA) Scholar-Athlete from IHA. Kirstin was honored with the award on May 19, 2019 at the 26th Annual Scholar-Athlete Luncheon, located at the Pines Manor in Edison. NJSIAA has given more than 8,000 scholar-

athletes awards and scholarships since the program's start. The association selects one graduating senior from each school in New Jersey to be honored each year. "It was really awesome to be recognized for my hard work along with some of the other impressive student-athletes from across New Jersey," Kirstin said of her \$500 scholarship and recognition. Kirstin is attending the University of Texas at Austin this fall.



Bryn Bogan'19 and **Margaret Bowers'19** received scholarships from The Rotary Club of Wyckoff and Midland Park. This scholarship is to recognize students for their scholastic achievements as well as their well-rounded interests in their school and community. The Rotary Club hopes the scholarship "will serve as just one example of how Rotary members live our motto, 'Service Above Self,' and will continue to inspire" students to be connected to their community now, throughout their college days, and in years to come." The two students were honored at an awards breakfast at The Brick House on June 6, 2019.



Alyssa Longo '21 to watch her perform and celebrate her birthday—June 10!



IHA's **Applied Engineering Club** students, **Kaitlyn Brown'19, Charlotte Stanton'19, Molly Fitzsimons'20, Hannah Gurney'20, Grace Calianese'22**, and **Lily Valentin'22**, designed and 3-D printed an adaptive device for a young man at Camp Acorn in Allendale as a community service project. Pete is 36 years old and has cerebral palsy. He has a hard time gripping objects, so our club members, led by Mrs. Alice Nudelman, Applied Engineering Club moderator and Information Management Specialist, dove in to come up with a solution to

help Pete. The 3-D printed device wraps halfway around his left forearm with VELCRO® fasteners with a customized selfie stick attached as well. Thin VELCRO® strips at the end of the selfie stick allow items to be attached such as a marker, a paintbrush, or even a hairbrush, so Pete can 'grip' them. He can use this adaptive device when drawing, stirring, or grooming to be more independent. "Every day is a challenge to me," Pete said. "Camp Acorn makes me feel like a regular guy." The IHA students felt great to be able to help Pete hold items he uses in his everyday life.

After completing the rigorous AP Calculus exam, and with a few weeks left of school, Mrs. Elizabeth Kearns, Mathematics Department chairperson, had her **AP Calculus students** take on a final year-end project. They were to use the mathematics of calculus to create solid shapes of their choice, calculate the volume of these solids using the disc or washer method, and then use Autodesk

Inventor 3D CAD software for product design, rendering, and simulation. They finished up their projects with a report and directions on how to use Autodesk Inventor for future students. Mrs. Kearns sends a big thank you to Mrs. Alice Nudelman, Information Management Specialist and engineering teacher, for all her help with IHA's own 3-D printers.



Clare Donnelly'19 was awarded a \$2,000 Bergen County School Counselor Association scholarship. This scholarship is offered to qualified students with a minimum cumulative GPA of 3.0 who plan to become school counselors or teachers.

Congratulations to **Angelina Boris'21** for being recognized for her Outstanding Performance by a Supporting Actress in a Comedy at this year's Montclair State Theater Awards for her part in

The Matchmaker. This annual event distinguishes notable high school and middle school theater productions throughout New Jersey. Fellow actors, **Allison Sandt'20**, **Zach Mackiewicz SJR'20**, and **Sean Moran SJR'19**, and **Ms. Maureen McNulty**, Coordinator of the Performing Arts, were in attendance as well. Congratulations to the other Montclair State Theater Awards nominees, Allison for Lead Actress, Zach for Supporting Actor, and Ms. McNulty for Dramaturgy!



Mr. Stephen Opremcak, IHA Science Department chairperson, was named by **Josephine Oshodi'19** as "a teacher who has been especially influential in her development" when she was admitted into MIT.

Claire Hoffmann'21 was recently inducted into the National German Honor Society for High School Students of German at the German Language School Westwood, where she has been a student since she was three years old. The honor society, Delta Epsilon Phi, is part of the American Association of Teachers of German (AATG). "I previously passed at the Gold level both the AATG Level Two and Level Three National Examinations. I also passed the German Sprachdiplom Level One exam at the higher of two levels, B1. The Sprachdiplom is a language proficiency examination administered by the German government and includes reading comprehension, listening comprehension, written communication, and an oral presentation." Claire is pictured with Irene Kaefer, teacher and assistant principal of the German Language School Westwood, and Christine Gehres, principal of the German Language School Westwood. This July, Claire traveled to Bad Reichenhall in Germany for a three-week homestay study program. She attended German high school classes with her host family "sister" and went on excursions with her travel group in Bavaria and to Salzburg, Austria. The study trip was organized by AATG and included twenty American students and an American German language teacher/chaperone.



Irene Kaefer, Christine Gehres, and Claire Hoffmann'21

IHA French Students Visit Québec and Montréal

A group of seven of IHA's junior and senior French students, Claire Bruno'19, Fionah Lynch'19, Ava Sciubba'20, Grace Mendolia'20, Isabella Osorio'20, Samantha Prussak'20, and Joanne Semelsberger'20, experienced a unique, engaging trip to Québec and Montréal over 2019 Easter Break. They were accompanied by IHA faculty members, Dr. Arta Boucher and Mrs. Alice Nudelman, as chaperones. The group enjoyed visits to the Château Frontenac, the Musée de Beaux-Arts, the Basilique de Notre-Dame in Montreal, and many more exciting spots.

Grace Mendolia'20 said that her favorite part of the trip was visiting The Sugar



The Basilique de Notre-Dame in Montréal

Shack, a small place outside of the city. "We learned about how maple syrup is made and we all ate a lot of maple syrup candies, which were honestly one of the best things I have ever eaten," she said. "We rolled hot maple syrup in the snow to make lollipops and got to hang out outside together. It was really fun!"

All of the girls agreed that IHA should continue to offer opportunities such as this one, as the trips abroad encourage the sharing of culture, history, language, and so much more. Ava Sciubba'20 realized the importance of interacting with residents of another country and culture in order to enhance her own understanding of the world. "Staying with a host family gave me a first-hand experience of what day-to-day life in Quebec is like," she said. "And talking to the 16-year-old girl, Lauren, in our host family allowed me to compare my own life with that of a teenage girl from another country." Overall, the group greatly enjoyed their immersive experience in Canada, furthering their French skills and their global understanding.



Dr. Arta Boucher, Mrs. Alice Nudelman, Fionah Lynch'19, Joanne Semelsberger'20, Grace Mendolia'20, Ava Sciubba'20, Claire Bruno'19, Isabella Osorio'20, Samantha Prussak'20, and Mr. Jerry Boucher in front of the Basilica of Sainte-Anne-de-Beaupré in Québec



ART@THEHEART

Elementary School Artists Exhibit Work at IHA



St. Peter Academy students at the 2019 Art@theheart Exhibit

IHA's National Art Honor Society sponsored our 2019 Art@theheart Elementary School exhibit on April 10, 2019. Sixteen schools were represented with two hundred eight students exhibiting their work.

Anyssa Merlini '19, opened the ceremony with A Prayer for Artists, and then Mrs. Lisa Encke P'20, director of the arts, welcomed our elementary school student exhibiting artists to IHA. Each artist was called on stage in the PAC to accept a certificate and a sketchbook as a token of appreciation. Thank you to

student-artists from the following schools who participated:

Academy of the Most Blessed Sacrament
Academy of Our Lady
Academy of St. Paul
Academy of St. Therese
Charles DeWolf Middle School
Our Lady of Mercy Academy
Sacred Heart School, Monroe, NY
Sacred Heart School, Suffern, NY
St. Anthony School
St. Cassian School
St. Elizabeth School
St. Catherine of Siena

St. Joseph School
St. Margaret School
St. Peter Academy
Visitation Academy

Members of IHA's NAHS carefully considered all work to determine Special Recognition in each grade. This year, twenty-three judges juried the exhibition. First place winners for grades seven and eight were invited to attend an art workshop of their choice at our Summer@theheart co-ed summer enrichment program. First place winners in fifth and sixth grades, as well as all

second and third place winners, received a gift bag of IHA apparel and art supplies. Congratulations to this year's winners!

5th Grade

1st Place: Cameryn Lauretta, Academy of the Most Blessed Sacrament
2nd Place: Eva Santelli, Our Lady of Mercy Academy
3rd Place: John Garcia, St. Peter Academy

6th Grade

1st Place: Calyse Villanueva, St. Catherine of Siena
2nd Place: Casey Nguyen, St. Peter Academy
3rd Place: Amanda Garcia, St. Joseph School

7th Grade

1st Place: Briannah Daley, Our Lady of Mercy Academy
2nd Place: Maya Kingston, Academy of Our Lady
3rd Place: Madison Lamond, Our Lady of Mercy Academy

8th Grade

1st Place: Ariana Chen, Academy of St. Therese
2nd Place: Lauren Grae, Academy of Our Lady
3rd Place: Isabella DeBari, Our Lady of Mercy Academy



St. Joseph School students at the 2019 Art@theheart Exhibit

Tara Daly '19, co-president of NAHS, said to attendees that it felt like just yesterday when she participated in Art@theheart as a grammar school student. "From my early ages in elementary school until now, art has always been a huge aspect of my life where I can openly express my creativity," Tara said. "Along the way, I have cracked far too many crayons, gone through unhealthy amounts of glitter glue, and have filled countless sketchbooks. The beauty of art is that there is no right or wrong answer; each time you pick up a pencil, you have the opportunity to create something new. I encourage all of the artists here tonight to continue creating and sharing their new ideas with others."

Katrina Fett '19, co-president of NAHS, told the student-artists that art has always been an incredibly important and

meaningful part of her life. "Now, as a senior, my Honors Studio class has not only served as a welcome escape from the stress of college applications and AP classes, but also as an opportunity to challenge myself artistically," Katrina said. "I pushed the limits of my imagination creating abstract works, honed my technical abilities in countless still life studies, brainstormed a mural, and ruined every uniform shirt I own with paint in the process. Most importantly, I was privileged enough to spend a year with a group of women who make me laugh, support each other, and are amongst the most talented people I know. I hope that as you continue your careers in art, you experience is as positive as my own--that art serves as an outlet for self expression and creativity, an opportunity to bring joy to others, and a bond that creates lifelong friendships."

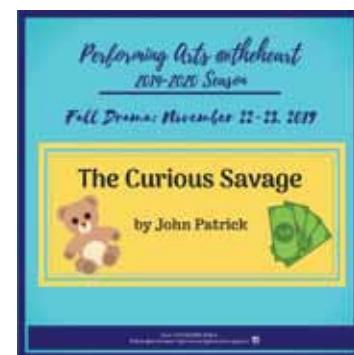
2019 Fall Drama

IHA to Present *The Curious Savage*

Immaculate Heart is proud to present *The Curious Savage* as our fall drama. Join us Friday, November 22 at 7:30 p.m. and Saturday, November 23 at 2 p.m. and 7:30 p.m. to witness this comedic play about Mrs. Savage being left ten million dollars by her husband.

"While she wants to make the best use of the money, her grown-up stepchildren are trying to get their hands on it. Knowing that the widow's wealth is now in negotiable securities, and seeing they cannot get hold of the fortune, the stepchildren commit her to a sanatorium

hoping to 'bring her to her senses.' In the sanatorium, Mrs. Savage meets various social misfits, men and women who just cannot adjust themselves to life, people who need the help Mrs. Savage can provide. In getting to know them, she realizes that she will find happiness with them and plans to spend the rest of her life as one of them. But when the doctor tells her there is



no reason why she should remain, she hesitates to go out into a hard world where people seem ready to do anything for money." From Dramatist Play Services.

Artistic direction is by Ms. Maureen McNulty, director of the performing arts, and production is by the IHA Theater Arts class. For more information, contact Ms. McNulty at mmcnulty@ihanj.com or visit ihatheater.com.

2019 Spring Arts Festival

Amanda Molloy'20 Receives Molly Offer Memorial Scholarship

To celebrate the culmination of the hard work and artistic achievements of the fine and performing artists at IHA, we held our Spring Arts Festival on May 7, 2019.

Prior to the concert, an Art Show Reception, hosted by the IHA Parents' Club and the National Art Honor Society, was held in the main lobby. The Art Show featured work from students in Introduction to Art, Art II, Advanced Painting and Drawing, 3-D Art, Digital Photography, Honors Studio, and AP Studio Art. The concert, featuring the IHA Orchestra, Voices, Spring Chorus, and combined choirs began at 7 p.m. in the PAC. Our versatile musicians and singers performed everything from "Boogie Woogie Bugle Boy" and "Hopelessly

Devoted to You" to "Havana," "Skyfall," and "Seasons of Love." At the end of the concert, the winning Education Raffle ticket was drawn. Congratulations to Jim Hunt P'22, father of Skyler Hunt'22, for winning this year's raffle!

Amanda Molloy'20 was named this year's recipient of the Molly Offer Memorial Scholarship Award. Every year at the Spring Arts Festival, a student is honored with this award, established by her family to honor their daughter and sister, Mary Ellen (Molly) Claire Offer. The youngest IHA alumna of five sisters, Molly was a member of the Class of 2006 and passed away on April 6, 2008.

The memorial scholarship was established by her parents and sisters; it is the



Isabella Cross'19 performs at the Spring Arts Festival.



Ms. Patricia Molloy, president; Amanda Molloy'20, 2019 recipient of the Molly Offer Memorial Scholarship Award; and Brennan Offer Burke'94, Molly's sister

intention of the family that the award is presented to a student who typifies the qualities so loved in Molly: a student who loves art, theater, and design; has a deep love for family; and is willing to share compassion, spiritual values, and love of life with everyone she meets. This year's recipient, Amanda, is an active member of the National Art Honor Society and International Thespian Society. She served as an assistant stage manager for *Beauty and the Beast* and is the president of her parish youth group. Like Molly, she has excelled in her art classes and, true to the spirit of the award, she is someone who is always willing to lend a hand. Thank you to Molly's sister, Brennan Offer Burke'94, for attending the Spring Arts Festival and helping to present the special award to Amanda!



Christina Kimmerle'19



Tara Daly'19

Art Students Present Portraits of Courage to Local Veterans



In May, members of the National Art Honor Society and Art Club presented veterans with *Portraits of Courage* paintings. Alexandra Daugherty '19 came up with the idea in October 2018 to create the portraits, inspired by the book, *Portraits of Courage: A Commander in Chief's tribute to America's Warriors* by former President George W. Bush.

Students visited the veterans at St. Peter Senior Residence in November 2018 in honor of Veterans Day. They created a collaborative collage with the residents and interviewed and photographed the veterans at the residence. Alex also visited the Paramus Veterans Memorial Home and obtained photos of residents there. Shortly before Memorial Day, students returned to St. Peter Residence to give residents their finished portraits. They listened to veterans' stories of their time serving our country during World War II, the Korean War, and the Vietnam War. It was a life-changing experience for everyone involved. This fall, Alexandra was accepted to and will be participating in the ROTC program at the University of California at Santa Barbara.



Top: Katrina Fett '19 presents the portrait she created to her veteran, Henry.

Left: Elizabeth Pinto-Shaw '21 presents Mary, a WWII veteran, with her portrait done in pencil.



What Happened After Once Upon a Time

This year's Children's Theater performance, *What Happened After Once Upon a Time*, proved to be another hit among local grammar and elementary school students. Twenty of our talented sophomores took the stage to tell the story of what really happened after "once upon a time." This year's show was produced and directed by Ms. Maureen McNulty and the IHA Theater Arts class.

As the story goes, a substitute narrator is called in on short notice to present a variety of classic fairytales. But just as each tale begins, characters show up to interrupt and correct the newbie narrator's telling of their story. The main characters have hysterical idiosyncrasies—from Cinderella being a clean freak and the Three Little Pigs being hypochondriacs, to Rapunzel being a total diva and Little Red Riding Hood acting as a lawyer defending the Wolf. The chaos continues until the narrator finally breaks down in frustration. Congratulations on a job well done to the outstanding cast of sophomores:

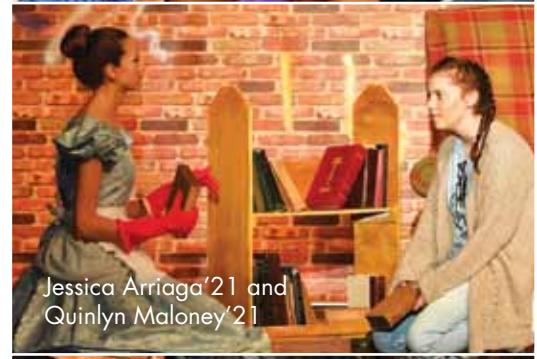
Storyteller - Quinn Maloney
Cinderella - Jessica Arriaga
Rapunzel - Mia Grossman
First Pig/Bashful - Anja Kranenburg

Wolf - Olivia DeMartini
Second Pig/Sneezy - Noemi Antal
Third Pig/Doc - Mary Virginia Nye
Hansel - Caroline Dyson
Gretel - Angelina Boris
Jack - Amanda Potenza
King - Lea Gagnon
Queen - Clare McGowan
Princess - Skylar Scasserra
Little Red Riding Hood - Samantha Manning
Happy - Kathryn Stathakis
Dopey - Sophia Mazzola
Sleepy/Baby Bear - Katie O'Donovan
Grumpy - Kathleen Quinn
Snow White - Julia Frengul
Goldilocks - Nora-Lise Hamre

Tech was provided by junior members of the IHA International Thespian Society and sets were designed and created by Ms. McNulty and Mrs. Lisa Encke, director of the arts, the IHA theater arts class, various IHA art classes, and members of the IHA National Art Honor Society. Thank you to the more than three hundred children and faculty members from **Sacred Heart School, Suffern**; **St. Margaret's School; Academy of the Most Blessed Sacrament**; and **Visitation Academy** who attended this year's performance!



Julia Frengul'21 and Sophia Mazzola'21



Jessica Arriaga'21 and Quinlyn Maloney'21



Mia Grossman'21



Angelina Boris'21 and Caroline Dyson'21

SAVE THE DATE for Two Fall Events!

BLUE EAGLE OPEN

Thursday, October 3, 2019

Forest Hill Field Club | 9 Belleville Avenue | Bloomfield, NJ

Register at ihanj.com or call 201.445.6800 for more information.

HOME COURSE TO IHA'S GOLF TEAM!

2019 Big North Conference and the Bergen County Tournament winner

Placed second in the Tournaments of Champions

Yoona Kim '20 named "Golfer of the Year" by *nj.com*

PREMIER EVENT SPONSORS



Hackensack
Meridian Health



IHA FASHIONS OF THE HEART

Fashion Show – November 24, 2019

The Estate at Florentine Gardens

Doors open at **10:30 a.m.** for guests to browse assorted tricky tray raffle prizes and enjoy breakfast hors d'oeuvres.

Attendees will then move to the main ballroom for lunch and to watch student, faculty, and mini models strut their stuff on the runway. This sell-out event is always a wonderful opportunity to bring together moms, daughters, grandmothers, aunts, sisters, alumnae, and friends.

Invitations will be emailed in October and tickets go quickly, so make your reservations early!

Tickets are **\$70** and registration will be online at www.ghanj.com.

For more information, contact **Beth DiCiancia Garrigan '76** at bgarrigan@ghanj.com or **201.445.6800, ext. 182**.

New Members Inducted into Mu Alpha Theta and SNHS

Newly inducted Mu Alpha Theta members



Anthony Matesic P'19, '20; Emma Matesic '20; Lily Implicito '20; and Dante Implicito P'17, '20

At Immaculate Heart Academy, mathematics and science are two of many subjects in which our students excel. To honor the hard work, dedication, and passion IHA students show for the two subjects, we hosted an induction on the evening of April 16, 2019 to welcome new members into Mu Alpha Theta, the National High School Mathematics Honor Society, and the Science National Honor Society (SNHS).

Prior to the induction, members of the SNHS also hosted a Research Poster Session for their parents and other guests. The purpose of the event was multifold: to give SNHS students the opportunity to research an area of the sciences that interests them and experience presenting those research findings as they would at an academic conference, to give IHA students not in the SNHS the experience of attending such an



Newly inducted SNHS members

academic conference, and to promote women in the sciences.

Congratulations to the newly inducted members of both honor societies!

Mu Alpha Theta

2018-19 Senior Board Members

Kaitlyn Brown'19, President
Olivia Pavin'19, Vice President
Rebecca Nadler'19, Treasurer
Kirstin McGeary'19, Secretary

Ella Parker'20, Incoming President

Newly Inducted Members

Isabella DeCurtis'20
Stephanie Doyle'20
Isabella Gorsd'20
Hannah Gurney'20
Lily Implicito'20
Angeline Jacob'20, Incoming Treasurer
Niamh Keegan'20
Emma Matesic'20
Meghan McGuire'20, Incoming Secretary
Grace Mendolia'20
Jessica O'Neill'20, Incoming Vice-President
Raghavi Patel'20
Kang Hyun Ryu'20
Sophia Scian'20
Elise Vergos'20

Science National Honor Society

2018-19 Senior Board Members

Bryn Bogan'19, co-president
Isabella Arevalo'19, co-president

Newly Inducted Members

Olivia Costello'20
Elizabeth Croci'20
Tinamarie Dadic'19
Isabella DeCurtis'20
Olivia DuBois'20
Isabella Gorsd'20
Hannah Gurney'20
Angeline Jacob'20
Yoona Kim'20
Emma Kramer'20
Emma Matesic'20

Meghan McGuire'20

Grace Mendolia'20
Jana Mucci'20
Anna Mullens'20
Katharine O'Connor'20
Jessica O'Neill'20
Ella Parker'20
Raghavi Patel'20
Gabrielle Peko'20
Sophia Ruggier'20
Angeleisa Russert'19
Kang Hyun Ryu'20
Sophia Scian'20
Ava Sciubba'20
Keila Seeley'20
Catherine Thomas'20



Ella Parker'20 presents on The Power of Time Restricted Eating at the SNHS Research Poster Session.

Career Connections Information and Networking Event

Planned for November 30, 2019

On Saturday, November 30, IHA will host its first-ever **Career Connections** to encourage and assist students and alumnae to network with each other! Don't miss this opportunity to interact with professionals from various disciplines including, but not limited to, Business, Communications, Education, Entrepreneurs, Health Sciences, Law and Law Enforcement, Medicine, Non-Profit, and Ministry.

This event is two-fold, as it will give students and young alumnae the chance to network with graduates of all ages to inquire about their fields, and it will give our seasoned alumnae an opportunity to recruit for jobs and internships.

IHA Career Connections will take place on Saturday, November 30 from 10 a.m. through 12 p.m.

For additional information and to volunteer to present your career, please contact Beth DiCianca Garrigan, director of alumnae engagement, at bgarrigan@ihanj.com or 201.445.6800, ext. 182.

Second Semester Distinguished Scholars

Congratulations to the following students who have been named Distinguished Scholars by earning an average of 95 or better for the second semester of the 2018-19 academic year.

Freshmen

Madeline Andrews
Sophia Bednarek
Riley Benedik
Paulina Biagioni
Jessica Boyd
Erin Burke
Grace Calianese
Alyssa Darella
Kayla De Pol
Kylie Galiger
Katherine Garbett
Chloe Ibrahim
Lindsay Keogh
Jessica Kielur
Brianna Kuchenmeister
Ashley Mariscal

Riley McGovern

Sophia Miller
Heerali Patel
Nina Rakowsky
Jenna Savino
Sydney Severini
Sarah Vella
Sanaiya Villanueva
Christiane Wahba
Katherine Young
Riley Ypelaar

Sophomores

Abigail Auty
Angelina Casale
Katherine Conway
Bianca D'Costa
Catherine DePalma
Valerie Hiemer
Mary Rose Kelly
Cailee LaFrance
Hanna Martin
Lauren Montgomery
Freya Nair
Lauren Turci
Sarah Zampino

Juniors

Logan Applin
Sophie Bogacz
Loretta Borghi
Isabella Lucero
Emma Matesic
Grace Mendolia
Jessica O'Neill
Raghavi Patel
Sophia Ruggier
Kang Hyun Ryu
Sophia Scian
Ava Sciubba
Emily Soranno
Hana Vozzo
Maggie Woods

Seniors

Victoria Bertussi
Jaclyn Bozzetti
Kaitlyn Brown
Courtney Caccamo
Casey Conniff
Bernadette Goratowski
Shannon Jordan
Kirstin McGeary
Jenna Morgantini
Rebecca Nadler
Grace O'Neill
Olivia Pavin
Angeleisa Russert
Alexandra Stadler

Students Recognized for Le Grand Concours Achievement

The following students in Mrs. Maria Daly-Valls' French I Honors course and Dr. Arta Boucher's French II Honors course received recognition in the National French Exam, *Le Grand Concours*, distributed by the American Association of Teachers of French. Congratulations are extended to:

Silver Medal

Cailee LaFrance'21

Bronze Medal

Zoe Dupuis'21

Lauren Plastina'22

Olivia Salkowsky'22

Mentions Honorables

Savannah Cece'21

Bianca D'Costa'21

Arielle Jacus'21

Jennifer Lawrence'21

Kayla Luna'21

Katherine Mackey'21

Brooke Marotti'21

Julia Marotti'21

Angela Messere'22

Sophia Miller'22

Lauren Montgomery'21

Mariel Persico'21

Elizabeth Pinto-Shaw'21

Kyra Whiteman'21

Margaux Yannacci'22



Ms. Maria Daly-Valls' French I Honors course students, Angela Messere'21 (Mentions Honorables), Olivia Salkowsky'22 (Bronze Medal), Lauren Plastina'22 (Bronze Medal), and Margaux Yannacci'22 (Mentions Honorables)



Right: Top row, left to right, are Elizabeth Pinto-Shaw'21 (Mentions Honorables), Savannah Cece'21 (Mentions Honorables), Dr. Arta Boucher, and Bianca D'Costa'21 (Mentions Honorables). Middle row, left to right, are Julia Marotti'21 (Mentions Honorables), Arielle Jacus'21 (Mentions Honorables), Kayla Luna'21 (Mentions Honorables), Lauren Montgomery'21 (Mentions Honorables), and Kyra Whiteman'21 (Mentions Honorables). Front row, left to right, are Katherine Mackey'21 (Mentions Honorables), Zoe Dupuis'21 (Bronze Medal), Cailee LaFrance'21 (Silver Medal), and Brooke Marotti'21 (Mentions Honorables).

Dr. Denise Natali'81 meets with President Barham Salih of Iraq during a recent visit.



Dr. Denise Natali'81

Assistant Secretary for the Bureau of Conflict and Stabilization Operations



Dr. Denise Natali'81

When Dr. Denise Natali graduated from Immaculate Heart Academy in 1981, little did she know she would one day lead a bureau of over one hundred thirty people within the U.S. Department of State. Furthermore, if you told Denise she would end up working in the fields of conflict prevention stabilization or post-conflict relief, she would have never believed it. But now, thirty-eight years later, Denise holds the impressive title of Assistant Secretary for the Bureau of Conflict and Stabilization Operations (CSO).

CSO's expertise focuses on three key lines of effort: political instability, security sector stabilization, and countering violent extremism. CSO collaborates with regional and functional bureaus, the Department of Defense (DOD), and the United States Agency for International Development (USAID). Before beginning at CSO in October of 2018, Denise served as the Director of the Center for Strategic Research at the Institute for National Strategic Studies, National Defense University. In that position, she provided strategic analysis and support to

senior leaders at the Joint Staff, Secretary of Defense, Combatant Commands, and other U.S. government stakeholders on issues related to the Middle East, Iraq, trans-border Kurdish, countering ISIS, and post-conflict stabilization.

Denise proved her leadership and interest in government from a young age, as she was the IHA Student Council president her senior year. She has always loved history and was particularly passionate about a Modern European History course at IHA taught by Sr. Ann Jordan, CSJP.

"That class kept us very much aware of what was going on in the world," Denise remembered. "It was a really challenging course that focused on current events. This was a different time too. The Vietnam war was still going on—we wore the bracelets for the soldiers Missing in Action. We had to regularly read *Newsweek* to really be aware of what was going on and write summaries of what the issues were. We read *A Distant Mirror* by Barbara Tuchman, which I loved. I quickly fell in love with European History and knew I wanted to focus on that."

Always interested in politics, Denise aspired to run for Congress one day and was fixated on attending law school. But a study abroad program in London, England her junior year at Franklin & Marshall College "absolutely and fundamentally" changed her career goals. She remained focused on her government major but also international affairs, and the rest is, quite literally, history. Denise went on to receive a Master of International Affairs from Columbia University's School of International and Public Affairs and a Ph.D. in political science from the University of Pennsylvania. She studied at L'Institut National des Langues et Civilisations Orientales in Paris, the University of Tehran Deh Khoda Language Program, and Tel Aviv University. Dr. Natali is a member of the Council of Foreign Relations and speaks French and conversational Kurdish and Farsi.

Dr. Natali has more than thirty years of experience in post-conflict relief, reconstruction, and stabilization. She worked as Director of Cross-Border Operations for a non-governmental organization in Peshawar, Pakistan; a specialist for the American Red Cross Gulf Relief Crisis Project in Washington D.C.; and Information Officer for the Disaster Assistance Relief Team in northern Iraq as part of the USAID Office of Foreign Disaster Assistance's effort in support of Operation Provide Comfort II. In addition to her career and living internationally, Denise has a daughter, Heline, now a 19-year-old attending Purdue University. "She was born in France and has been everywhere,"

Denise said. "She was in Iraq with me for years and is very much aware of the world. You don't really think in the moment about how unconventional your life may be, but I see it now looking back. I wanted to instill in my child a sense of looking beyond herself, that the world is a big place. My work is great, but without a doubt, my child is my priority. She has been a real sport and is now so proud of me and what I do."

Denise said it was her parents, her beliefs, and her time at Immaculate Heart Academy that provided her a very solid foundation of "being responsible, disciplined, and having a sense that there is always something more we are supposed to do and give back to this world." Specifically at IHA, Denise remembers the combination of rigorous training and a close-knit community. "I'm the first generation in my family to go to college, and IHA made it very clear that their girls go to college," she remembered.

"Participating in Model UN and student government gave me a lot of confidence. I loved being on STUCO, being a Bergen Catholic cheerleader, and going to The

Fireplace after school. I am also so grateful for the people I met and the friendships I made." Denise said she appreciated the academic rigor and loved wearing a uniform. "We had fun, we supported each other, and we were serious about school," she said. "But we were given the outlets to do great things via extracurriculars. IHA was not a place we were going to just hang out; we were going to do something with our lives." Not only did Denise attend IHA, but her three sisters did too: Barbara Natali'80, Christine Natali Holmberg'85, and Dr. Susan Natali'87. Her brother, The Hon. Arnold L. Natali Jr., is a 1982 graduate of Don Bosco Prep.

Denise stressed that it is imperative for women to speak up for themselves and the hard work they put in, without constantly apologizing. "Be grateful, but make sure that you, as a woman, are getting rewarded with what you deserve. I never expected anything because I was a female, but we don't have to apologize or thank people for being at the table. Speak up, but also understand that nobody owes us anything. We have to earn it. Focus on being excellent, and everything else will follow."

Denise offered four important pieces of advice to present IHA students and young alumnae as they decide on career paths:

- 1. Get the necessary academic and practical training needed** "so people can say you're undeniably qualified; be so good that people can't ignore you," she said. "It's a privilege to be able to go to great schools like IHA and college. I believe we have an obligation, a responsibility to give back after we receive those privileges."
- 2. Be committed.** Get your foot in the door. "I suggest volunteer work and internships," she said. "I waited tables with my master's degree while I took part in an unpaid internship in Washington, D.C. I had to take care of my finances, but I remained committed to what I wanted to do."
- 3. Have humility.** "There is a fine line between knowing what you worked hard for and not expecting to get to the top immediately," Denise said. "I work in a fascinating field that attracts interesting and smart people—a lot of people want to do this. Just know it takes time and sacrifices to be where you want to be."
- 4. Be open to the unexpected.** While it's important to have a plan and take all the steps you can, Denise said be willing to make a turn or take a pause along the way. "I took pauses for my family and personal matters; it doesn't mean your career is over. It means you need to take a break. Pace yourself."

Cater to You Kitchen Staff Wins CUPS Award

The Immaculate Heart Academy Cater to You (CTY) kitchen staff was recently presented with the CUPS award! CUPS is an award created by Cater to You to measure each unit's compliance to safety standards and adherence to CTY's commitment to excellence. This highly coveted award within the CTY schools is difficult to attain without consistent effort and dedication.

CUPS is given to the unit scoring highest during their evaluation period. Each unit is evaluated six times per year. The evaluation consists of fifty questions/checkpoints covering areas of customer service, unit presentation, uniform compliance, food production, safety, and sanitation.

Chef Rob Lilley and his team have been committed and engaged with improving their score since the beginning of the year. This is a much-deserved win for the IHA team. Additionally, Karen Pampin was awarded the "Shining Star" award for her team. Congratulations to the best kitchen staff.



IHA's Cater to You kitchen staff, Edgar Chumacero; Karen Pampin; Carmen Martinez; Rob Lilley, head chef; Arturo Chong; and Manny Martinez. Not pictured is Craig Iorizzo.

Support IHA through Amazon Smile

AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice.

When first visiting AmazonSmile, customers are prompted to select a charitable organization from over one million eligible organizations.

Please choose Immaculate Heart Academy to give back to IHA as you shop! In order to browse or shop at AmazonSmile, customers must first

select a charitable organization. Every item available for purchase on www.amazon.com is also available on AmazonSmile (smile.amazon.com) at the same price. You will also see qualified products marked "Eligible for AmazonSmile donation" on their product detail pages.

Final Soaring Eagle Awards Distributed

Our fourth and final Soaring Eagle Awards breakfast of the year was held on Friday, May 31, 2019 in the Information Commons. Ten IHA students were recognized for demonstrating excellence and working to the best of their ability in a particular subject area. Mr. Jason Schlereth, principal, presented Soaring Eagle Awards to:



Standing, left to right, Margaret Bizub'21 (Science – Mrs. Susan Adamo), Emma Cooke'20 (Communications – Ms. Jessi Shaheen), Ryleigh White'20 (Social Studies – Mr. Matthew Sartori), Cailee LaFrance'21 (World Languages – Dr. Arta Boucher), Anna Salewycz'21 (The Arts – Mrs. Barbara Donatacci), Natalie Ronen'22 (Technology – Mrs. Alice Nudelman), and Olivia Salkowsky'22 (Religious Studies – Mrs. Jacklyn Kruk). Seated, left to right, are Kathryn Stathakis'20 (Physical Education – Ms. Danielle Just'05), Katherine Young'22 (Mathematics – Mrs. Jeannine Woolley), and Riley Ypelaar'22 (English – Mrs. Emily Fernandez).

Mrs. Emily Fernandez, nominating English teacher; Riley Ypelaar'22; Yvette Ypelaar P'22; and Robert Ypelaar P'22



Thomas Salkowsky P'22; Dana Salkowsky P'22; Olivia Salkowsky'22; and Mrs. Jacklyn Kruk, nominating Religious Studies teacher

Therapy Dogs of Tenafly Visit IHA

Stress is one of the most popular words among adolescents in today's world, and there is no exception for the students at Immaculate Heart Academy. As members of the IHA Guidance Department are very aware that our young women are in perpetual overdrive, they are constantly looking into various resources to help. IHA guidance counselor, Ms. Ellen Donoghue '76, said she was interested in bringing therapy dogs to IHA since reading about local schools doing so, and understanding how good it can be for students to connect with animals.

Ms. Donoghue, organized a Guidance Department Professional Development Day at Academy of the Holy Angels, where the IHA counselors met with Sr. Mary Foley who has her dog onsite all day, every day. "We learned and asked questions, and she connected us with Dianne Tulp from Therapy Dogs of Tenafly," Ms. Donoghue said. "We thought doing it around exam time would help alleviate stress."



Students gather around Jasper.

On June 1, 2019, four handlers and their furry friends from Therapy Dogs of Tenafly visited Immaculate Heart. We were pleased to welcome Louie and his handler, Isabel Almonte, the team leader; Jasper and his handler, Margaret Hliboki; Charlie and his handler, Pam Marzano; and Tonka and her handler, Jessica Gotthold. Our students had the



Emma Cooke '20 with Tonka

opportunity to visit with the dogs during both lunch periods.

According to The Alliance of Therapy Dogs, there is an array of benefits of having therapy dogs in a school setting. 1. Physical benefits: Interaction with therapy dogs has been shown to reduce blood pressure, provide physical stimulation, and assist with pain management. 2. Social benefits: A visiting therapy dog promotes greater self-esteem and focused interaction with other students and teachers. 3. Cognitive benefits: It has been empirically proven that therapy dogs stimulate memory and problem-solving skills. 4. Emotional and Mental Health benefits: A recent national survey of adolescent mental health found that about eight to ten percent of teens ages thirteen to eighteen have an anxiety disorder. A therapy dog can lift moods, often provoking laughter. The therapy dog is also there to offer friendship and a shoulder to lean on for students.



Standing, left to right, are Ms. Geraldine Boland, director of guidance; Ms. Ellen Donoghue '76, guidance counselor; Mrs. Corinne Fritzky, college counselor; Mrs. Melissa O'Sullivan, director of college counseling; Mr. Paul McGinnis, guidance counselor; and Ms. Meagan Papapietro '05, guidance counselor. Bottom row, left to right, are Isabel Almonte and Louie, Pam Marzano and Charlie, and Jessica Gotthold and Tonka.

Members of both the IHA Guidance and College Counseling Departments noticed the girls' positive reactions to the dogs' visit to IHA. Ms. Donoghue said she looks forward to working with Therapy Dogs of Tenafly further and hopes to bring the dogs in more frequently next year.



Ariana DeMarco '21,
Adriana Contento '21, and
Analisa Martino '21



Members of the Green Team pull with all their might during Tug of War.



Red Team members are all smiles on the turf.

Class of 2021 Celebrates Sophomore Spirit Day

The theme of this year's Sophomore Spirit Day was "Taking a Walk Down Memory Lane: Battle of the Decades." Students split up into four teams—Yellow (Team 70s), Blue (Team 80s), Green (Team 90s), and Red (Team 2000s), led by sophomore class officers, Mia Grossman '21, Elizabeth Spizzo '21,

Hannah Delfico '21, and Madelyn Novelli '21. The festivities included IHA Jeopardy, IHA Pictionary, IHA Teacher Baby Picture Match, Name that Tune, Tug of War, Water Balloon Toss, and Ship to Shore. The day concluded with a Sing-Off in the PAC and a frozen yogurt party in the cafeteria. Special thanks to Renato's

in Ridgewood for the Pizza, Orange Leaf Frozen Yogurt in Ridgewood for the fro-yo, and to faculty members, Ms. Maureen McNulty, sophomore class moderator; Mrs. Sarah Shutrop; Mrs. Terry Skjold; Mr. Matthew Sartori; and all of the chaperones for their help planning and executing the day.

2019 Service Awards

Students Give 45,000+ Hours of Service



Elizabeth Granholm'21
and Christine Ajao'21



By participating in the Immaculate Heart Academy Christian Service Program, students apply their Catholic Christian values by practicing them in projects that expand the students' awareness of God, others, and themselves. To recognize the efforts of numerous community members who give back in so many ways, we hold an annual Service Awards Assembly. The 2019 Service Awards were held Wednesday, May 8.

This year, our students dedicated 45,736 total service hours, the most in recorded history. Seniors gave 3.5x their required service hours and 30,605 hours total in their four years at IHA. Our girls are required to do an average of 18 hours per year, and, this year, we averaged 67.9. "Watching our girls break so many of the school's existing service records again was just a reminder that service truly isn't something our students are doing to check a box or fulfill a

requirement," said Mrs. Sarah Shutrop, director of campus ministry. "Almost every one of our students went far beyond what was mandated, on average completing more than three times what they were required to complete. I am so proud to get to witness the rising of a generation of young, Catholic women, truly concerned about the suffering, vulnerable, and marginalized. It should bring us great hope for what's to come."

We honored 125 students for achieving the President's Volunteer Service Award at the Bronze level (100-174 hours per year), Silver level (175-249 hours per year), and Gold level (250 and more hours per year). Congratulations to the top three service hour earners: Gianna Niece'21 (714), Ashley Brombauer'21 (803), and Regina Garvey'19 (846). All recipients earned more than 100 hours of service in a calendar year.

President's Volunteer Service Award Recipients

GOLD

Regina Garvey'19
 Ashley Brombauer'21
 Gianna Niece'21
 Rebecca Nadler'19
 Joanne Semelsberger'20
 Taylor DiLisi'21
 Raghavi Patel'20
 Kylie Waskas'20
 Alexandra Daugherty'19
 Ashley Huacuz'19
 Carly Galiger'19
 Danielle Velez'19
 Hayley DiLisi'22
 Zoe Dupuis'21
 Nicole Gysin'20
 Emma Kramer'20
 Emily Ash'19
 Molly Schiller'21
 Isabella Sabino'20
 Angeline Jacob'20
 Emma Taff'19
 Ava Poulin'20
 Marissa Roberge'22
 Daniella Navia'21
 Julia Linhaires'20
 Emma Zabransky'20

SILVER

Kathleen Quinn'21
 Brooke Muller'22
 Gabriella Raia'19
 Jenna Destro'20
 Amanda Molloy'20
 Elizabeth Encke'20
 Meghan Walsh'21
 Elle Sheehan'21
 Theresa Weglarz'19
 Elizabeth Rattazzi'19
 Briana Erik'20
 Kang Hyun Ryu'20
 Sophia Bednarek'22
 Victoria Donatacci'19
 Cristina Lenoci'19
 Lily Implicito'20
 Keara Skae'21

BRONZE

Julianna Carrozza'20
 Mary Stose'21
 Athena Matthews'20
 Grace Mendolia'20
 Isabella Haines'19
 Molly Gallagher'19
 Stella Dabrowski-Wheeler'20
 Amanda Oates'20



Elizabeth Encke'20 receives recognition from Mr. Jason Schlereth, principal, for her dedication to service.

Allison Sandt'20	Jenna Clover'20
Nicole Erik'21	Madison Coleman'21
Victoria Bertussi'19	Alexandra Betsy'21
Isabella Garzon'21	Elizabeth DePhillips'21
Kathryn Stathakis'20	Meghan McGuire'20
Alexandra Festa'21	Myra Chaudhry'19
Katrina Fett'19	Gabriella Kittaneh'20
Hayley Cummins'20	Courtney Caccamo'19
Devyn Ruiz'20	Lauryn Mockler'21
JoAnna Palumbo'19	Megan White'19
Nora Kavanagh'22	Mary Virginia Nye'21
Renee Perdomo'19	Chloe Pielka'20
Emma Patton'20	Joan Tejera'20
Olivia Costello'20	Hailey Coleman'19
Jessica Boyd'22	Hannahmia Lauricella'20
Olivia DuBois'20	Grace Whittam'20
Elizabeth Granholm'21	Meghan McNerney'20
Clare Donnelly'19	Victoria Marian'22
Elizabeth Croci'20	Kevynne Callwood'21
Megan Bizub'21	Olivia Landolfi'21
Mackenna Olsen'22	Sherry McCarthy'21
Leyla Arcasoy'20	Maryanette Diaz'20
Elizabeth Walsh'21	Jessica O'Neill'20
Kaylee McKay'21	Claire O'Byrne'21
Sofia Trubiano'21	Maeve Duffin'20
Samantha Cucciniello'19	Christine Aja'o'21
Jillian Shea'21	Olivia Raia'22
Sophia Ruggier'20	Mariel Persico'21
Emily Primavera'19	Laura Rickli'22
Lauren Welsh'20	Cameron Rasnake'21
Caroline Sweeny'20	Stephanie Miscolli'20
Gabrielle Cavada'19	Maria Mustard'21
Lauren Buonomo'20	Anna Salewycz'21
Michelle Marino'21	Loretta Borghi'20
Tinamarie Dadic'19	Mary Farlese'20
Olivia La Greca'20	Grace Giordano'20
Hannah Delfico'21	Katherine Webb'22

Other special Service Award recipients included:

Exceptional Service in Immigration -
 Kaitlyn Brown'19 and Myra Chaudhry'19
Exceptional Service to the Hungry -
 Gabriella Raia'19
Exceptional Service to the IHA Community -
 Cristina Lenoci'19 and Isabella Haines'19
Exceptional Service in Education -
 Ella Doda'21 and Gianna Niece'21
Exceptional Service to the Homeless -
 Elizabeth Encke'20 and Sophia Ruggier'20
Exceptional New Project -
 Courtney Driscoll'19
Exceptional Service to the Elderly - Ava Sciubba'20 and Grace Mendolia'20

Spirit of Service Awards were distributed to students in each grade "whose very spirit makes them eager to serve others and the community." Congratulations to:

Class of 2022 - Caitlin Croci'22
 Class of 2021 - Christine Aja'o'21 and Abigail Auty'21
 Class of 2020 - Grace Mendolia'20
 Class of 2019 - Cristina Lenoci'19

Last but most definitely not least, the **Servant Leadership Award** is usually given to one student "whose service and leadership have radically transformed the culture of the IHA community." This year, for the first time in IHA history, the award was given three worthy seniors, **Regina Garvey'19, Emily Ash'19, and Victoria Bertussi'19**. Thank you to Mrs. Sarah Shutrop, director of formation, for leading our girls in their passion to serve. Congratulations to all of our generous, kind-hearted, compassionate, amazing students! Your dedication to service makes your IHA family so incredibly proud.



Regina Garvey'19, Emily Ash'19, and Victoria Bertussi'19, the 2019 Servant Leadership Award recipients

SCENE

Around IHA

Right: Former IHA Model UN president, Milena Bozovic'17, top row center, visited her alma mater to present on debate techniques and give general advice to IHA's Model UN team. Milena is on the competitive Model UN team at American University, which is ranked sixth in the nation.

Below: More than twenty IHA alumnae gathered at Cadillac Cantina in Hoboken on June 6, 2019 to celebrate the IHA sisterhood at this summer's Traveling Plaid reunion!



Right: Courtney Driscoll'19, Cristina Lenoci'19, Victoria Yapaola'19, Jenna Walsh'19, and Claire Bruno'19 enjoy the Senior BBQ!



Members of the Class of 2019 show off the colleges and universities they are attending in fall 2019!



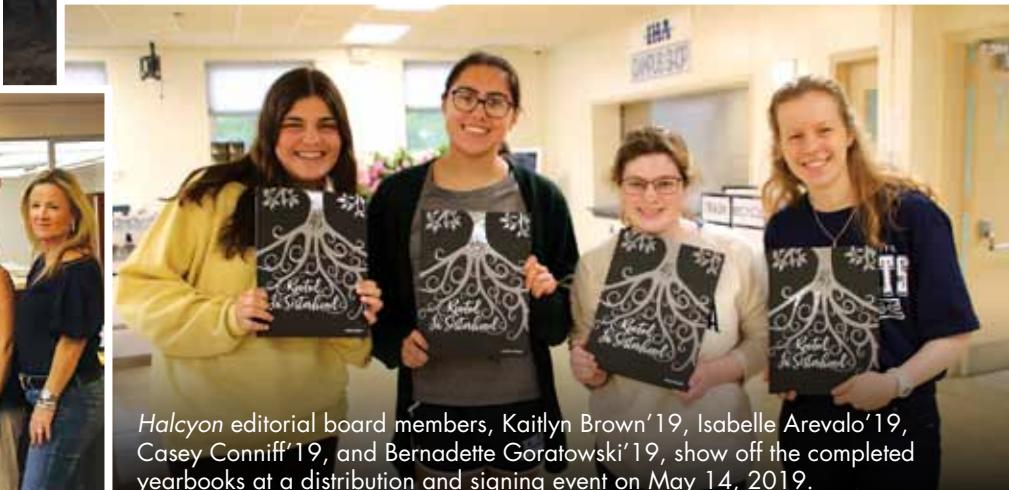
Above: Tara Daly '19 and Julia Lauk '19 enjoy giving back to their soon-to-be alma mater by touching up the Immaculate Heart Academy sign on the front lawn. Mr. Brendan Daly P'19 re-painted the sign when Tara first entered IHA four years ago.

Right: Senior Class Officers, Jane DiLauro '19; Cristina Lenoci '19; Eliya Herriott '19; Hallie Gastelu '19; Mrs. Elizabeth Kearns P'05, '08, '11, senior class moderator; Cassidy Tucker '19; Danielle Esposito '19; and Molly Gallagher '19 look gorgeous at Senior Prom.

Below: Senior parents gathered for a group photo at this year's Parent Volunteer Reception held on May 20, 2019.



Seniors joined together on stage during this year's Talent Show to back up Isabella Haines '19 for a final performance.



Halcyon editorial board members, Kaitlyn Brown '19, Isabelle Arevalo '19, Casey Conniff '19, and Bernadette Goratowski '19, show off the completed yearbooks at a distribution and signing event on May 14, 2019.



This summer's IHA Europe Trip proved to be one for the books. Twenty-nine students and four teachers visited Budapest, Hungary; Lubilana, Slovenia; and various cities in Italy including Trieste, Mestre, Venice, Verona, and Milan. In Venice, the group visited Piazza San Marco where they visited the Basilica of St. Mark and the Bridge of Sighs, which connected the old prisons of Venice to the interrogation rooms in the neighboring Doge's Palace.

Saying Goodbye to IHA Mainstays

End-of-the-Year Luncheon and Retirement Celebration

On June 4, 2019, the faculty and staff members of IHA joined together at Seasons, Township of Washington, to celebrate the end of another fulfilling school year and the retirement of two Immaculate Heart Academy mainstays. Congratulations and goodbye to Mrs. Beda Barnes, fifteen-year veteran IHA Mathematics teacher, and Ms. Kathy Hals, seventeen-year veteran Main Office manager, on their retirements. Beda and Kathy celebrated with their families, received a memory book and special gift from IHA's Sunshine Committee, and were honored by colleagues and family members who spoke about their accomplished and long careers. We will miss them both so very much!

Additionally, we are saying farewell to three women who have dedicated so much of their time and talent to Immaculate Heart Academy. As they move on to the next part of their journeys, we send our best wishes to Ms. Pam Lewis-Cantor, Social Studies teacher at IHA for the past fifteen years; Sr. Margaret Gaffikin, Religious Studies teacher, also at IHA for fifteen years; and Mrs. Kitty Kelly, Guidance and College Counseling secretary, who has worked at Immaculate Heart for twenty-seven years. Please come back to visit us @theheart!



Mrs. Kitty Kelly P'95, retiring College and Guidance Departments secretary; Ms. Kathy Hals, retiring Main Office manager; and Mrs. Vicky Cecilione P'05, director of business

Congratulations to IHA faculty and staff members who celebrated big anniversaries this year:

30 years

Mrs. Susan Malone

20 years

Mrs. Vicky Cecilione

Mrs. Terry Skjold

Mr. John Millard

10 years

Mrs. Maria Daly-Valls

Mr. John Downey

Ms. Danielle Just

Mrs. Lynn Maltz

We are incredibly grateful to our faculty and staff members who are so very dedicated to their work and the girls they teach and mentor. We are looking forward to kicking off another fantastic school year in the fall!



Ms. Patricia Molloy, president, and Mrs. Beda Barnes, retiring mathematics teacher



Mrs. Jill Pecora P'21, '23, English Department Chairperson, and Ms. Pam Lewis-Cantor, social studies teacher

Standing, left to right, are faculty and staff members, Mr. Tommi Paavola, Mr. Paul McGinnis, Ms. Danielle Just'05, and Mrs. Terry Skjold P'11. Seated, left to right, are Mrs. Rosemary Cali P'12, '15, '19, '23; Mrs. Melissa O'Sullivan; Mrs. Angela Holuba Roberts'05; Mrs. Corinne Fritzky; Ms. Meagan Papapietro'05, and Mrs. Susan Malone.



Three Sophomores Attend 2019 HOBY Seminar

Every year, members of our faculty and staff have the opportunity to nominate two to three sophomores to attend the HOBY New Jersey Youth Leadership Seminar. Alexandra Betsy'21, Bianca D'Costa'21, and Freya Nair'21 were selected for the 2019 seminar, which was held June 6-9 at Kean University.

During the three-day HOBY seminar, sophomores from all over New Jersey explore, discover, and nurture their personal leadership strengths, and learn how to apply them to serve their community. It is designed to develop students' existing talents and challenge them to expand their comfort zone. According to the HOBY website, "The conference focuses on inspiring and developing our global community of youth and volunteers to a life dedicated to leadership, service, and innovation and looks to motivate and empower individuals to make a positive difference within our global society through understanding and action based on effective and compassionate leadership."

Alexandra reflected on her favorite part about the HOBY conference—being able to meet "so many passionate and likeminded sophomores in regard to service and leadership from across the state of New Jersey." She continued, "I think it is good that IHA/HOBY offers experiences like this to its students because HOBY encompasses IHA's mission of leadership and service and it is a tremendous opportunity to be able to see how this vocation is being carried out both in and outside of the IHA community."

Bianca said the seminar was an opportunity that gave her one of the best weekends of her life. "I enjoyed everything from the people around me to the speakers and the many activities to which we were exposed," Bianca said. "I made so many new friendships, and they all feel like family. Every person I encountered was so passionate and motivated, and I loved being in an environment with people just like me. I bonded with some of them more than some people I have known my whole life."



Attending HOBY was a "phenomenal experience" according to Freya. Her favorite part was also the people she met—young leaders who shared her same attitude of aiming to make a positive impact on the world. "Although the seminar was only three days long, I met so many new friends who I know I'll continue to keep in touch with," Freya said. "Alongside them, not only did I develop a greater sense of confidence, but I also learned how to become a better leader and empower others to do the same."



Bianca D'Costa'21 works with her group on a project during the 2019 HOBY New Jersey Youth Leadership Seminar.

Ms. Maureen McNulty, sophomore class moderator who facilitates IHA's representatives at the HOBY conference each summer, said it was particularly difficult for the panel to choose attendees this year, as they had a plethora of impressive applicants. "Bianca, Alexandra, and Freya were outstanding representatives this year," she said, "and I am so proud of them and their accomplishments!"



The Sisterhood Fund FOR IMMACULATE HEART ACADEMY

Immaculate Heart Academy's Annual Fund has a new name:

The Sisterhood Fund

When the Sisters of St. Joseph of Peace founded IHA in 1960,
their mission was clear:

to empower young women to be critical thinkers in the classroom,
to realize their talents on stage and on the field, and to cultivate the
values of the Catholic church and share our Christian faith through service.

While these tenets shape our students in mind, body, and spirit,
at the heart of an IHA education is sisterhood.

Technology and hairstyles have evolved over the last 59 years at IHA, yet this tradition of sisterhood remains deeply rooted for the almost six generations of our accomplished alumnae.

To honor our students, we have decided to change the name of our Annual Fund to The Sisterhood Fund—

because when you give to IHA, you are partnering with us to educate the next generation of empowered young women.

Make your gift to IHA's 2019-2020 Sisterhood Fund online at ihanj.com by clicking on the GIVE NOW button.

For more information, please contact Angelique Morelli, Director of Development at 201.445.6800, ext. 185, or amorelli@ihanj.com



Spring Sports Signing

On Tuesday, April 30, 2019, nine senior athletes participated in an official Signing Day, committing to the colleges and universities they are attending this fall. Congrats to standing, left to right in group photo, Gabriella Raia'19 (Track and Field – Boston College), Alessandra Priolo'19 (Lacrosse – Villanova University), Tinamarie Dadic'19 (Cross Country and Track and

Field – Sacred Heart University), and Sofia Sabella'19 (Swimming – University of Scranton). Seated, left to right, are Shannon Jordan'19 (Dance Team – Sacred Heart University), Shannon Quiles'19 (Alpine Skiing – Clarkson University), Kayla Campbell'19 (Softball – Mount Saint Mary College), Sydney Taylor'19 (Volleyball – William & Mary), and Dahlia Getsos'19 (Swimming – Rowan University).

IHA Volleyball coach, Maria Nolan P'08, and Sydney Taylor'19



Kayla Campbell'19 and IHA Softball coach, Diana Fasano'00



IHA Lacrosse coach, Sue Montegari P'22, and Alessandra Priolo'19



Shannon Quiles'19 and her parents, Daniel and Sheila Quiles P'19



SPRING

sports wrap-up



Melissa Pierpont '21



Logan Siffringer'20



Stars and Stripes All-League Honors

First-Team

Charlotte Davidson'19, Alexandra Edmonds'20, Mary Patricia Sayre'20, and Brooke Marotti'21

Second-Team

Alessandra Priolo'19 and Logan Siffringer'20

Honorable Mention

Megan Bizub'21

BCWCA All-County Honors

First-Team

Charlotte Davidson'19, Alessandra Priolo'19, Alexandra Edmonds'20, Mary Patricia Sayre'20, and Brooke Marotti'21

Second-Team

Logan Siffringer'20

Senior All Star Game

Charlotte Davidson'19

The Star-Ledger All-Group Honors

First-Team

Alessandra Priolo'19 and Alexandra Edmonds'20

Second-Team

Charlotte Davison'19

Third-Team

Mary Patricia Sayre'20, Brooke Marotti'21, and Elizabeth Spizzo'21

The Star Ledger All-State Honors

Second-Team

Alessandra Priolo'19 and Alexandra Edmonds'20

Third-Team

Charlotte Davidson'19

Under Armour All-America Team

Mary Patricia Sayre'20



LACROSSE

This year's team accomplished major moments for the IHA Lacrosse program, ending with a record of 15-5. Varsity Lacrosse once again won the North 1 Group Sectional Final. The team, comprised of mostly juniors and sophomores, also made it back to the county finals this year and sat at ninth in the state midway through the season, the highest ranking in IHA history! This year, Alexandra Edmonds'20 joined the 300 points club, Mary Patricia Sayre'20 and Brooke Marotti'21 joined the 100 points club, and head coach, Sue

Montegari P'22, joined the Century Club with one hundred career wins. The team ended its season as second in the county, third in the league, and fourteenth in the state (NJ.com). The junior varsity lacrosse team continued to perform with amazing determination and skill. At one point during the season, the team had a six-game win streak that included victories over fellow Stars and Stripes league members, Mountain Lakes and West Essex. The J.V. team ended its season with a reputable 8-5-1 record.

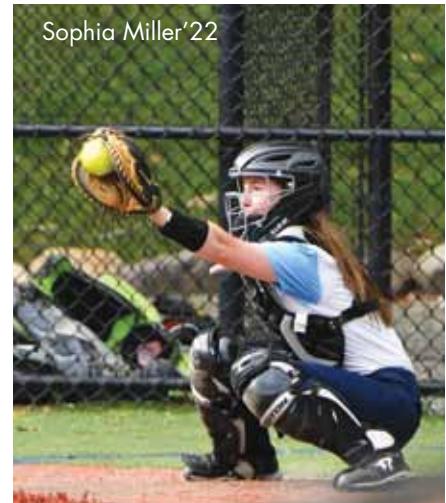
SOFTBALL

It was another great season for IHA Softball! The team finished fifth in the state and twenty-fifth in the country (*USA Today* Sports/NFCA HS Super 25), with an overall record of 24-2. IHA Softball continued its success going undefeated, clinching the top spot in the Big North United League. The team was ranked first in the county tournament before losing a 1-0 heartbreaker in ten innings to Bergen Tech. Immaculate Heart continued on to the NJSIAA State Tournament where they battled Mount Saint Dominic Academy and lost in the Non-Public A sectional final. Key victories included wins over the Bergen

County champion, Northern Valley Old Tappan; Group 2 state champs, Ramsey High School; as well as the Non-Public A champion and TOC winner, Donovan Catholic. Mia Recenello'19, Catherine Thomas'20, and Ryleigh White'20 each recorded their one hundredth career hits this season with Coach Diana Fasano'00 recording her one hundredth career victory. The team is returning six starters next year and members are excited to compete for another county and state championship. The freshman team completed its season with a 6-2 record, and the junior varsity team with a record of 6-4.



2019 Varsity Softball Team



Big North All-League Honors

First-Team

Lindsay Gilchrist'19, Mia Recenello'19, Ashlyn Corra'20, Catherine Thomas'20, and Ryleigh White'20

Second-Team

Emily Gyongyosi'19, Gianna Stirone'21, Gabrielle Park'22, and Cara Kochakian'22

Honorable Mention

Gabriella Cangiamila'19 and Kayla Campbell'19

Big North Conference Player of the Year ([NJ.com](#))

Ryleigh White'20

Big North Conference Team of the Year ([NJ.com](#))

Immaculate Heart Academy

Big North Conference Coach of the Year ([NJ.com](#))

Diana Fasano'00

BCWCA All-County Honors

First-Team

Mia Recenello'19, Catherine Thomas'20, and Ryleigh White'20

Second-Team

Ashlyn Corra'20

Third-Team

Lindsay Gilchrist'19

The Record All-North Jersey Softball Player of the Year

Ryleigh White'20

The Star-Ledger All-Non-Public Honors

First-Team

Ryleigh White'20

Second-Team

Mia Recenello'19 and Catherine Thomas'20

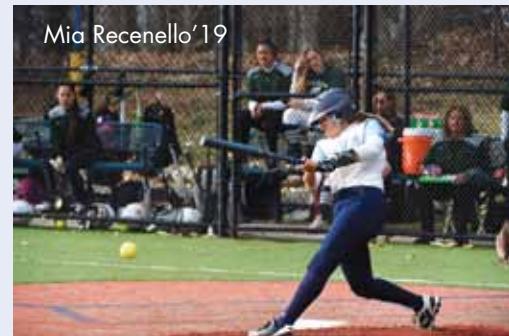
The Star-Ledger All-State Honors

First-Team

Ryleigh White'20

Third-Team

Catherine Thomas'20



SPRING TRACK & FIELD

Big North All-League Honors

First-Team

Nicole Gysin'20, Alexandra Betsy'21, Madison Libby'21, and Emma Viggiano'21

Second-Team

Tinamarie Dadic'19, Casie Burke'20, Daniella Smith'20, Christine Ajao'21, Cameron Rasnake'21, Mary Stose'21, and Maegan Feeney'22

Honorable Mention

Jillian Shea'21

BCWCA All-County Honors

Honorable Mention

Nicole Gysin'20, Christine Ajao'21, Madison Libby'21, and Mary Stose'21



Nicole Gysin'20

The 2019 IHA Spring Track & Field team had another successful season, finishing third at the County Relays, League Championships, and County Group Championships. Nicole Gysin'20, Casie Burke'20, Mary Stose'21, Madison Libby'21, Emma Viggiano'21, Christine Ajao'21, Savannah Cece'21, Julia Kapitan'21, and Maegan Feeney'22

all moved into the All-Time IHA Top 10 list. The freshman team won the Bergen County Freshman Team Championships for the second consecutive season with plenty of team members taking home medals, led by Katherine Young'22 and Lindsay Keogh'22, who both achieved gold medals.



IHA distance runners gear up for the 1600 Meters race in a dual meet against DePaul Catholic.

GOLF

IHA Golf's 2019 season was the most successful in IHA golf history. Members finished the regular season undefeated and continued to excel in tournament play. Led by Yoona Kim'20, the varsity golf team finished first in the Big North League Tournament, first (for the fourth consecutive year) in the Bergen County Tournament, second in the North State

Sectional Tournament, and second in the State Tournament of Champions. Yoona also made IHA history by being the first IHA golfer to win the county tournament and the State Tournament of Champions. The bond, work ethic, and dedication that the teammates had were directly correlated to their success.



Paige Durante'19, Yoona Kim'20, and Regina Garvey'19



Isabella Cross'19

Big North All-league Honors

First-Team

Yoona Kim'20, Angela Lee'22, Reagan Mertz'22, and Angela Messere'22

Second-Team

Isabella Cross'19, Paige Durante'19, and Arianna Costello'20

Honorable Mention

Olivia Costello'20

BCWCA All-County Honors

First-Team

Yoona Kim'20 and Angela Lee'22

Honorable Mention

Reagan Mertz'22 and Angela Messere'22

The Record All-North Jersey Golfer of the Year

Yoona Kim'20

The Star-Ledger All-State Honors

First-Team

Yoona Kim'20

The Star-Ledger New Jersey Golfer of the Year

Yoona Kim'20



CLASS notes

CLASS OF 1969 50th REUNION

The Class of 1969 reunited 50 years after graduating from Immaculate Heart Academy. They first joined together at Knickerbocker Country Club, Tenafly, for a celebratory Reunion Luncheon on Saturday. On Sunday, 1969 classmates attended a Memorial Mass and Farewell Breakfast at IHA.



Members of IHA's Class of 1969 join together for their jubilee reunion!

'67

Meg Mulligan Jalil writes, "I am happy to report a small but connected group of IHA Class of 1967 meets the first Wednesday of each month at Panera on Route 4 in Paramus from 5-9 p.m. Please increase our numbers! The conversation is varied, as is the group. Usually, the yearbook is available to refresh our memories. Hope to see you soon—alone or with an old friend so we can catch up with you."

'01

Lisa Sasanuma and **Krista Rapatski** recently reunited in Tokyo! Lisa currently lives there and Krista lives in Virginia and was on vacation in Japan for three weeks. The two former classmates met up for dinner in the Tokyo neighborhood of Shinjuku.



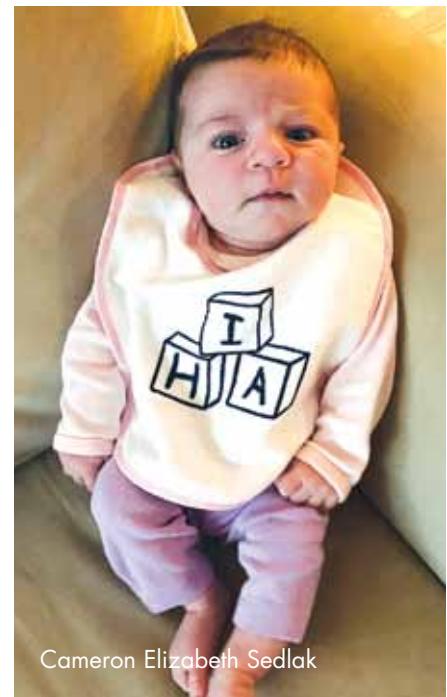
Lisa Sasanuma '01 and Krista Rapatski '01

'03

Alyssa Giele Sedlak writes, "My husband, Joe, and I welcomed our first child, Cameron Elizabeth Sedlak, on May 10, 2019. She was 7 lbs, 11 oz and 20.5 inches long. We also recently moved to Montville. I currently work as a business education teacher at Glen Rock High School. I hope that all of my fellow members of the Class of 2003 are doing well!"

'05

Katie Cecilione Pennachio and her husband, Scott, are happy to announce they welcomed their first child, James Joseph, on April 12, 2019. He was 6 lbs, 10 oz and 19.5 inches long. James is the first grandchild for Mrs. Vicky Cecilione, IHA director of business.



Cameron Elizabeth Sedlak



James Joseph Pennachio

'06

Gina Fasolo was among more than six hundred twenty-five master's and doctoral degree recipients at The University of Scranton's graduate commencement ceremony on May 25, 2019. Gina earned a Master of Science in Nursing degree in nurse anesthesia.

'09

Katie Thompson became engaged in May to Brian Cassidy of Middletown, New Jersey. Katie, a Certified Fraud Examiner and High Point University graduate, is employed with Ernst & Young as a forensic accountant. Brian, a Chartered Financial Analyst and Penn State University graduate, is employed with Moody's Investors Service as a credit analyst in New York City. The couple is to be married in Long Branch in September of 2020.

Brian Cassidy gets down on one knee to ask Katie Thompson '09 to marry him.



'11

Colleen O'Hara graduated from South University in Savannah, Georgia with a Master of Science degree in physician assistant in the spring of 2019. She also became engaged to Zach Rich in December 2018. They are currently residing in Denver, Colorado with their new puppy, Banjo. Zach and Colleen met at Quinnipiac University. A fall 2020 wedding is planned back east.

'12

Mary Curry graduated from St. John's University School of Law on June 2, 2019. She sat for the bar exam this summer and will begin employment as a first-year associate this fall at Bracewell LLP, in New York.

Raquel Scott was named in the "Top 10 North Jersey Girls High School Athletes of the 2010s" as a former IHA Volleyball and Basketball player. "Scott became part of county- and state-championship teams in both sports before graduating in 2012," the article reads in part. "On the volleyball court, she played alongside her older sister and 2010 IHA grad, **Ariel**, and helped the Blue Eagles capture Tournament of Champions crowns in her first two years. Scott garnered All-County recognition as a junior before opting to focus on hoops as a senior. On the basketball court, the six-foot forward scored one thousand eighty-six points in four seasons and was an elite rebounder. Chosen to the All-Bergen first team three times, she starred on three North Non-Public A title teams and won a county

championship in a 27-1 junior season." Raquel continued on to become an All-Patriot League player at College of the Holy Cross.



'14

Nicole O'Brien was among the thirty-eight University of Scranton students inducted into Chi Delta Rho, the University's chapter of Chi Sigma Iota, the international honor society for counseling. The society was established in 1985 to recognize outstanding achievement and service within the profession of counseling. Nicole is a graduate student at the Jesuit university.

Alexa Tortorello was among more than eight hundred fifty bachelor's and associate's degree recipients at University of Scranton's undergraduate commencement on May 26, 2019. Alexa earned a Bachelor of Science degree in occupational therapy.

Kristina Mertz graduated magna cum laude from Belmont University in Nashville, Tennessee with a Bachelor's of Social Work degree in May 2018. She then went on to serve a year in Houston, Texas with the AmeriCorps VISTA program, volunteering as a Resource Development VISTA at Alliance of Community, Assistance Ministries, Inc. She will be attending Baylor University in the fall to pursue a master's degree in social work.

'15

Susan Neggia graduated magna cum laude from The University of Scranton in May. She was inducted into the Phi Epsilon Kappa honors society and was a senator on the University of Scranton's

Student Government. Susan was a captain for Scranton's Varsity Swim and Dive team for the 2018-2019 season, received The University of Scranton Merit Award for academic excellence and athletic achievement, and also received The University of Scranton Father Fitzpatrick Award. This award is "presented annually to the student athlete who has demonstrated outstanding leadership, has given extraordinary service, and has made special contributions to the community within and outside the University of Scranton."

Five Class of 2015 alumnae have stuck together, from IHA to Bucknell University! From left to right are [Jenna Laeza](#), who majored in economics; [Lena Kleinberg](#), who majored in psychology/women's and gender studies; [Brielle Cenci](#), who majored in biomedical engineering; [Sarah Cherian](#), who majored in economics; and [Colleen Buckley](#), who majored in animal behavior. All five alumnae were named to the dean's list for both the fall and spring semesters of the 2018-19 academic year. The IHA sisters joined together at Bucknell University commencement on May 19, 2019 to recreate the photo they took at their IHA commencement in 2015.

[Lisa Pietrafesa](#), a student at Fairleigh Dickinson University's Florham Campus, located in Madison, NJ, has been named to the honors list for the fall 2018 semester.

[Tara Tiernan](#) has been named to the Emerson College dean's list for the spring 2019 semester. Tara is majoring in media arts production and graduated from Emerson College on May 12, 2019.

[Margaret Horne](#) was named the recipient of The COOP Service Prize

at Class & Charter Day at Hamilton College, held on May 13, 2019. The COOP Service Prizes are awarded to seniors who have demonstrated exceptional dedication to community service at Hamilton and leadership in making a difference in the lives of people and service organizations, both in the local area and in communities assisted by Alternative Spring Break work trips. Margaret, a mathematics major, received a Bachelor of Arts degree from Hamilton College on May 26, 2019.



Top: 2015 IHA Graduation
Left: 2019 Bucknell Graduation

Áine Tucker writes, "I was recently awarded Game Changer of the Year at the Trinity College Dublin annual Sports Awards, in recognition of the work I have done for the Women's Soccer club in my two years as captain of the club. This was the inaugural year of this award and I was recognized in particular for raising awareness for Women in Sport and leading a change for the college sports community. I'll be graduating from Trinity College Dublin in November with a First Class Honours Degree, the highest honors degree you can achieve, in business and economics and am beginning a graduate consulting role in EY in the fall in Dublin."

Gabrielle Pielka was named to the spring 2019 dean's list at Roger Williams University.

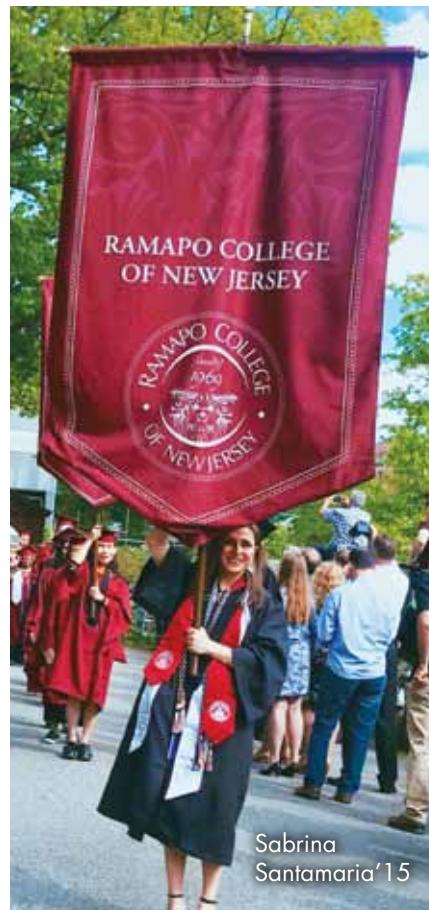
Kristin Kirwan and **Kailey Medzadourian** were among bachelor's degree recipients at University of Scranton's undergraduate commencement on May 26, 2019. Kristin earned a Bachelor of Science degree in liberal studies and Kailey earned a Bachelor of Arts degree in strategic communication.

Kristin Ludwicki was inducted into the Siena College Alpha Kappa Alpha Honor Society for achieving academic excellence throughout her college years. Students in Alpha Kappa Alpha have also demonstrated an awareness of the problems facing society and a sincere concern for others. These students embody the Franciscan traditions that are the foundation of every Siena graduate's education.

Sabrina Santamaria writes, "Thanks to the foundation that IHA provided me, I was able to graduate from Ramapo College of New Jersey with the highest GPA in the political science major. I also received recognition from the dean's list every semester of my four years there. Likewise, because of my position as vice president of the Student Government Association, I was selected to hold the college gonfalon at the undergraduate commencement



ceremony in May. To pursue my dream of becoming an attorney, I will be attending Seton Hall Law in the fall. I am very excited to see what this next journey has in store for me."



Marissa Mattia was named to the dean's list at Muhlenberg College for the spring 2019 semester and graduated cum laude with a Bachelor of Science degree in biology and a minor in public health.

Caitlin Boswell, Stefanie Sciarra, and Grace Slicklen graduated from Loyola University Maryland on May 18, 2019.

Nicole Christopoul writes, "In May, I graduated cum laude from Villanova University with a B.A. degree in communications and a minor in psychology. In June, I started work as a public relations account coordinator at M Booth in Manhattan."

Grace Schwartz writes, "This May, I graduated with honors from Penn State University—possibly the most opposite school experience than Immaculate Heart Academy, with very different lessons. I double majored in advertising/public relations and digital media trends and analytics. In between spring and fall semesters, I had marketing research, corporate communication, and business development internships in Manhattan as I tried to narrow down what I wanted to do. I changed paths and majors more times than you're technically allowed to and made every mistake in the book along the way. The only thing I was sure of was that I would work in New York City doing whatever pays enough

for me to live there. But, of course, like everything else in my college career, I ended up doing the opposite of what I had expected. I got a job offer from the Los Angeles office of my latest internship at Ernst & Young, where I will be doing people advisory services, which is basically consulting client companies on topics like globalization, transformation, and digitalization of HR; talent strategy; and data analytics implementation. Starting in mid-September, I will be a resident of California, across the country where I've never so much as visited and where I don't know a single person. God is funny! I cannot thank IHA enough for helping me develop a stronger work ethic than almost all of my peers from other schools, and for giving me the confidence to try new and scary territory, knowing I am capable and resilient enough to be successful if I decide to be. IHA also taught me that women in power roles should be the expectation, not the exception. I'm excited to start working toward closing the wage gap and making my alma mater proud!"

Katharine Ustorf

transferred into UConn in the fall of 2018 and was inducted into Tau Sigma, a national honor society for transfer students.

Rebecca Kryceski participated in University of New England's study abroad program in Tangier, Morocco in the spring 2018. She was named to UNE's dean's list for outstanding academic achievement in the spring 2018, fall 2018, and spring 2019 semesters. Rebecca is class president, orientation advisor, and campus tour guide co-captain of undergraduate admissions.

Cortney Muller was named to the dean's list at James Madison University for the spring 2019 semester.

Sophie D'Souza has been named to SUNY Geneseo's dean's list for the spring 2019 semester. To be on the list, a student must have achieved at least a 3.5 GPA while taking a minimum of 12 credit hours.



Jamie del Rosario '16

Jamie del Rosario writes, "I am going into my senior year at Siena College as a non-profit management major with minors in social work and religious studies. I spent six weeks over the summer in Cuenca, Ecuador through CEDEI School for a Spanish immersion and volunteer program. In addition to taking Spanish classes twice a day, I taught an English class at the Jefferson Pérez Foundation with about twenty students ages 6-12 for two hours each day. I went to Ecuador through an

individual program and was very nervous to be out of the country for the first time, but I absolutely fell in love with the city, the language, and all the people I met. I visited Cajas National Park, the Incan ruins at Ingapirca, the Mirador at Turi, and so many other parks, plazas, and museums. The best part was waking up early and sitting in the park or on the balcony with a fresh piece of bread and just watching life happen around me. Being in Ecuador has truly taught me to enjoy every moment as it comes."

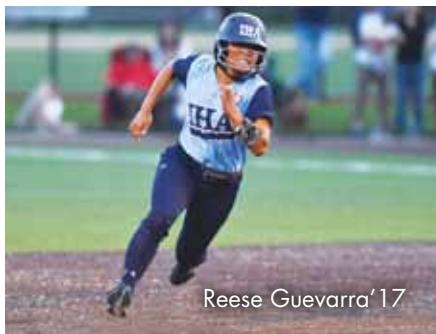
17

Haley Herina was named to Point Park University's dean's list for the fall 2018 and spring 2019 semesters. Haley is currently earning a B.F.A. degree in dance with a ballet concentration. She has performed at Point Park University many times this year.

Nicolette Santoro made the spring 2019 president's list at Clemson University. Nikki is majoring in nutrition/dietetics major.

Reese Guevarra was named in the "Top 10 North Jersey Girls High School Athletes of the 2010s" as a former IHA

Softball player. The article reads, in part, "She left IHA as a three-time state champion and the program's all-time career hits leader with 216. She was a three-time National Fastpitch Coaches Association All-American. She could steal bases, hit for power or for average, and her coaches lauded her leadership skills." Reese is going into her junior year at the University of Connecticut, where she is a starter in the outfield.



Reese Guevarra '17

Gabriella Scolpino was placed on the deans' commendation list for outstanding academic achievement in the spring 2019 semester at Gettysburg College.

Gianna Cangelosi was placed on the Gettysburg College dean's honor list for outstanding academic achievement in the spring 2019 semester.

Sarah O'Connell was named to the dean's list at James Madison University for the spring 2019 semester.

Allison Dudek was named to the spring 2019 dean's list at University of Dayton.

Caitlin Campbell was named to the dean's list at The University of Alabama for the spring 2019 semester with an academic record of 3.5 or above.

Olivia Luppino was named to the president's list at The University of Alabama for the spring 2019 semester with an academic record of 4.0.

Lily Polster, a rising junior at University of Notre Dame, spent the summer doing

research out of the country. She spent five weeks in New Zealand and six weeks in Italy researching the sustainability and resiliency of heritage architecture, specifically churches. Lily was also named to the dean's list in the University of Notre Dame's College of Engineering for outstanding scholarship during the spring 2019 semester. She is majoring in civil engineering and minoring in resiliency and sustainability of environmental assets.

18 **Kaguya Okawa-O'Connell**, a B.S. student in architectural technology at New York Institute of Technology, has been inducted into the Phi Eta Sigma Honor Society. Only students who achieve a GPA of 3.5 or higher during their first year qualify for membership. Phi Eta Sigma is the oldest and largest honor society in the United States for first-year college students. Since the society's founding in 1923, more than a million scholars have been inducted, including more than two thousand at NYIT.

Marielle Riccardelli was named to the Siena College president's list for the spring 2019 semester. The president's

list requires a 3.9 grade point average or higher.

Olivia Haemmerle finished her freshman year at Marist College on the dean's list for both the fall and spring semesters. Olivia is majoring in American studies history and on a pre-law track with a paralegal certification.

Morgan Honor is on a pre-med track, but majoring in global studies and minoring in chemistry at Colby College in Waterville, Maine. She worked at Memorial Sloan Kettering as a care coordinator this summer, working with both doctors and administrators to learn about the healthcare system. Morgan was also recently named to the highly selective dean's list at Colby for outstanding academic achievement during the spring semester.

Katherine Evans was named to the spring 2019 dean's list at University of Dayton.

Tori Buckman, Jada Gotay, and Brianna Wynne were named to the dean's list at The University of Alabama for the spring 2019 semester with academic records of 3.5 or above.

Lia Patentas won the Ron Sutton Award for Visual Literacy at the 2019 Visions Awards, honoring top visual work from American University students. This year's Visions Awards Ceremony celebrated the 40th anniversary of the annual celebration of student media excellence at the School of Communications. The Visions Awards highlight the best in American University School of Communications student work in film, photography, and new media.



REUNION WEEKEND

November 1-2, 2019

For anniversary classes of
'74, '79, '84, '89, '94, '99, '04, '09, and '14

Sip n Paint

Friday, November 1, 7 p.m.

IHA Cafeteria

Join us for an alumnae Sip n Paint on Friday evening. Cost of \$30 per person includes wine, cheese, and painting. BYOB if desired.

5k Run/Walk/Crawl

Saturday, November 2, 10 a.m.

\$25 includes a T-shirt and morning beverages. Registration will take place in the gym lobby in the back of the school.

Alumnae Mass

Please note the new day and time.

Saturday, November 2, 5 p.m.

IHA Sisters' Chapel

All alumnae, family, and friends are welcome to join us in remembering those deceased members of the anniversary classes and those from our community who have died over the past year.

Alumnae Cocktail Reception

Saturday, November 2, 6 p.m.

Join fellow classmates and alumnae for a wonderful cocktail reception that will include heavy hot and cold hors d'oeuvres, open bar, DJ, and photo booth. Cost is \$75 per person.

For more information and to register for any of the Reunion Weekend events, please visit www.ihanj.com or contact Beth DiCiancia Garrigan'76, director of alumnae engagement and special events, at bgarrigan@ihanj.com or 201.445.6800, ext. 182.

IN MEMORIAM

Your prayers are requested for the following members of the Immaculate Heart Academy community who recently passed away:

Kathleen Kerr, Class of 1965

May 22, 2019

Sister of the late Patricia Kerr '71

Jeanne Dignam, Class of 1967

June 6, 2019

Joseph Paul Puchalik II

September 10, 2018

Father of Joanne Puchalik Tompkins '90

Steven DeFalcon

December 23, 2018

Father of Elizabeth DeFalcon Duncan '92

and Emilie DeFalcon Walsh '94

Jean Major

February 21, 2019

Mother of Kathleen Major '82

Gerard Graff

April 10, 2019

Father of Brittany Graff '20

Steven Robert Turner

April 17, 2019

*Father of Julie Schlereth, IHA staff member,
and father-in-law of Jason Schlereth,
IHA principal*

Ann Marie Lee

May 15, 2019

Mother of Megan Lee '18

Francis Piersa

May 11, 2019

*Father of JoAnn Piersa Brereton '80
and Mary Piersa '83*

Patrick James Burke Dolan

May 19, 2019

Son of Glynis Burke Dolan '74

Peter DeParto

July 4, 2019

Father of Alissa DeParto Moore '00

Edward Braden

July 14, 2019

Father of Geri Braden, IHA faculty member

Michael Mackey

August 6, 2019

*Brother of Katherine Mackey '21
and son of Dr. Timothy and
Mrs. Mary Beth Mackey P '21*

Daily Mass celebrations, held in the IHA Sisters' Chapel, present the opportunity for anyone who wishes to offer a Mass in memory or in honor of a family member or friend, or for special intentions. Please call the main office at 201.445.6800 with any questions or requests.

2019 OPEN HOUSES

Will you be a member of IHA's Class of 2024?

If you are a young woman searching for a school known for its academic excellence, athletic competition, and creative expression grounded in traditional Catholic values, Immaculate Heart Academy is the place for you. Students from five different counties in New Jersey and New York presently call IHA

their second home, and we would love for you to join them. The sisterhood formed at IHA is incomparable, and the memories made here last a lifetime—just ask the more than ten thousand graduates who have graced our halls. Come decide if you belong @theheart by attending our Fall Open Houses:

**Sunday,
OCTOBER 20, 2019
11 a.m. through 2 p.m.**

**Thursday,
OCTOBER 24, 2019
6:30 through 8:30 p.m.**

What to Expect

- Take a tour with our knowledgeable and friendly student Eagle Ambassadors, who will guide you through the state-of-the-art building and campus.
- Meet teachers, administrators, directors, students, and coaches—all of whom are essential members of the IHA family.
- Learn about the admissions process, including the High School Placement Test (HSPT).
- Ask questions about curriculum, financial aid, transportation, and much more.

How to Apply

- Take the newly introduced High School Placement Test (HSPT), on November 8, 2019.
- Complete IHA's online application on www.ihanj.com by December 1, 2019.
- Have transcripts from sixth through eighth grade sent to IHA by December 15, 2019.

Online registration is requested for our Open Houses. Walk-ins are also welcome.

For more information, please contact **Ms. Alexis Fatigati'07**, director of admissions, at 201.445.6800, ext. 112 or afatigati@ihanj.com.



CHANGE
SERVICE
REQUESTED

500 Van Emburgh Avenue
Township of Washington, NJ 07676

UPCOMING

2019 Fall Special Events

OCT
03

Blue Eagle Open

**11 a.m. registration and lunch, 1 p.m.
shotgun start, 6 p.m. dinner and prizes**
Forest Hill Field Club, Bloomfield
Hackensack Meridian Health and Block, O'Toole & Murphy, c/o Dan & Claire O'Toole P'17, '21 will once again be our Co-Premier Sponsors.

OCT
20

Open House

11 a.m.-2 p.m.
Register at www.ghanj.com for our first fall Open House. Meet faculty and staff, tour the building, and ask questions of our student Eagle Ambassadors.

OCT
24

Open House

6:30-8:30 p.m.
If you can't make it to our Sunday fall Open House, register online to join us for this special weeknight opportunity.

NOV
1-2

Reunion Weekend 2019

From Friday through Saturday, join us for a Sip n Paint, a 5k Run/Walk/Crawl, a special Alumnae Mass on Saturday evening, and the always-popular Alumnae Cocktail Reception.

NOV
22-
23

IHA Drama – *The Curious Savage*

Patricia Sollitto Performing Arts Center
We are thrilled to produce our drama in the fall this year! Three productions of *The Curious Savage* will be held **Friday at 7:30 p.m.** and **Saturday at 2 p.m.** and **7:30 p.m.**

NOV
24

Fashion Show

10:30 a.m. doors open
The Estate at Florentine Gardens, River Vale
Browse the many basket prizes while enjoying brunch hors d'oeuvres, then watch the show during a sit-down lunch! IHA students, faculty, and some mini-models will show a variety of stylish looks on the runway.